

Sophomore Physical Education Homework Log

Fitness goal you will work on for the next four weeks -

1. 08-13-25 –
2. 08-15-25 –
3. 08-20-25 –
4. 08-22-25 –
5. 08-26-25 –
6. 08-27-25 –
7. 09-03-25 –
8. 09-05-25 –

Fitness goal you will work on for the next six weeks -

9. 09-08-25 –

Fitness goal you will work on for the next seven weeks -

21. 10-20-25 –