



**Section V Athletics
Outdoor Track & Field
Handbook
2026**

Updated as of May 31st 2026

Table of Contents

Important Dates	Page 3
Classifications	Page 3
Section V Outdoor Track & Field Committee	Page 4
Publicity Standards - High School Sport Standards - Outdoor Track & Field Sport Standards	Page 5
Section V Track & Field Championship Information	Pages 6-7
State Qualifier Meet Information	Pages 8-9
State Championship Information	Page 10

Important Dates

March 9th 2026	Outdoor Track & Field Start Date
May 22nd 2026	Medical Waivers to the Representation Rule Due to Section V
May 25th 2026	Sectional Entries Due by 6:00pm
May 26th 2026	Sectional Programs Posted Online
May 28th 2026	Class C3 Sectionals @ South Seneca HS - 5:00pm Class C4 Sectionals @ Marion HS - 5:00pm
May 29th 2026	Class C1 Sectionals @ Haverling HS - 5:00pm Class C2 Sectionals @ Sodus HS - 5:00pm Class B1 Sectionals @ Pittsford-Sutherland - 5:15pm
May 30th, 2026	Class A @ Rush-Henrietta HS - 10:00am Class B2/C5 @ Wayne HS - 10:00am
June 1st 2026	State Qualifier Entries Due by 8:00pm
June 2nd 2026	State Qualifier Scratch Deadline 8:00pm
June 4th 2026	Class A State Qualifier @ Penfield HS - 5:00pm
June 5th 2026	Class B State Qualifier @ Batavia HS (VanDetta Stadium) - 5:00pm
June 6th 2026	Class C State Qualifier @ Cal-Mum HS - 12:15pm
June 13th/14th 2026	State Meet @ Webster Schroeder HS

2026 Classifications

[Click Here](#)

Section V Outdoor Track & Field Committee

Voting Committee Members

League	Name	School Affiliation
Section V Coordinator	Bob Goodell	Victor
Allegany	Dean Giopulos	Wellsville
Genesee	Art Goldstein	Holley
Livingston	Kyle Banser	Pavilion
MCPSAC	Mike DeMay	Rush-Henrietta
Private-Parochial	Dave Hennessey	Mercy
RCAC	Sheri Munoz	East
Steuben	Elizabeth Lathrop	Avoca-Prattsburgh
Wayne - Finger Lakes	Tim Burlee	Wayne

Non-Voting Committee Members

Assistant Coordinator	Josh Dougherty	Pittsford Mendon
Assistant Coordinator	Scott Shepardson	Dundee
Online Content Manager	Dave Yendzieski	YenTiming
Genesee	Ken Rogoyski	Byron Bergen

Publicity Standards

Schedules

The official website for Section V Athletics - www.sectionv.org - will always have the latest and most up to date schedules. Each league scheduler will update their schedules within the rSchoolToday platform and that schedule automatically synchronizes to the Section V website. The respective league is typically responsible for any changes to their schedule. Please contact your athletic director's office with any questions about schedules. .

Rosters

All roster submissions can be handled within the rSchoolToday platform. Athletic directors and coaches will have access and can update their school rosters. If your team is a merger of another or many schools not within your own school district, then each school athletic director can update and input their student roster submission from their specific school to form a complete roster. All Changes and updates should be taken up with your coach and/or athletic department. What is reflected on the Section V website is from the data they have inputted and can control.

Please note that vendor rSchoolToday Activity Scheduler follows Ed Law2d and FERPA laws regarding student data. Only data that schools should be inputting online for rosters:

- FirstName
- LastName
- Grade Level

Sport-Specific Publicity Information

Meet Results can be found at <https://sectionv.org/sports/track>

Section V Leaderboards are located at <https://www.yentiming.com/>

LiveMeet Results are found at [Track Scoreboard](#)

High School Sport Standards

To view the most up-to-date NYSPHSAA High School Sport Standards visit <https://nysphsaa.org/>

Outdoor Track & Field Sport Standards

To view the most up-to-date NYSPHSAA High School Sport Standards For Indoor Track & Field visit <https://nysphsaa.org/sports/otrack>

Section V Outdoor Track & Field Championship

Meet Information

Date & Time:

- **Thursday, May 28th**
 - Class C3 @ South Seneca HS - 5:00pm
 - Class C4 @ Marion HS - 5:00pm
- **Friday, May 29th**
 - Class C1 @ Haverling HS - 5:00pm
 - Class C2 @ Sodus HS - 5:00pm
 - Class B1 @ Pittsford-Sutherland - 5:15pm
- **Saturday, May 30th**
 - Class A @ Rush-Henrietta HS - 10:00am
 - Class B2/C5 @ Wayne HS - 10:00am

Entries:

- The top 16 athletes and ties will be accepted in all events.
- Each team may enter one relay in the 4x100, 4x400, and 4x800 if they have a qualifying performance.
- Relay athletes and alternates must also be registered online. Alternates can be replaced with committee approval if they cannot compete due to uncontrollable circumstances.
- Athletes must have a qualifying performance to enter an event.
- There will be no scratch period after the entry deadline, and a Championship Meet Scratch rule will be enforced: "If any athlete scratches an event on meet day, they are done for the remainder of the meet."
- Athletes may enter a maximum of four individual events. If entered in four individual events, they cannot compete in a relay. However, they may participate in any relay they are listed in, provided they do not exceed the maximum of four events.
- Athletes must compete in six certified track meets during the regular season to be eligible for Sectional competition.

Entry Submission: All entries must be submitted at [Yen Timing](#).

Entry Deadline: 6:00 PM on Monday, May 25th. All entries will be considered final at this time.

The Sectional Meet Program will be posted by Tuesday, May 26th.

Scoring:

- Team Scoring: 10, 8, 6, 4, 2, 1

Awards:

- **1st Place Team:** Championship Trophy, Patches, Medals, and Shirts
- **2nd Place Team:** Medals
- **Individual:** Medal/Patch/Shirt for 1st place; Ribbons for 2nd-6th.

Team Information: Schools will be assigned a job to perform during the meet.

Meet Shirts: Championship apparel will be available for purchase online and on-site.

Order of Events: [Single Class Meet Information](#) [Double Class Meet Information](#)

Running events will follow a Girls then Boys format.

- Pentathlon 100m Hurdles
- 100m Hurdles
- Pentathlon 110m Hurdles
- 110m Hurdles
- 4x800m Relay
- 100m Dash
- **10 Minute Break (single class meets only)**
- 2000m/3000m Steeplechase
- 400m Dash
- 1500m/1600m Run
- 4x100m Relay
- **10 Minute Break (single class meets only)**
- 400m Hurdles
- 800m Run
- 200m Dash
- 3000m/3200m Run
- **10 Minute Break (single class meets only)**
- Pentathlon 800m / 1500m Run *** (Pent will not advance in the order of events)
- 4x400m Relay

Field Events: (Double Class Meets will have a different field order. See info sheet)

- **Shot Put:** Boys followed by Girls
- **Discus:** Girls followed by Boys
- **Pole Vault:** Boys and Girls (two pits)
- **High Jump:** Girls and Boys after Pent(two pits)
- **Long Jump:** Boys and Girls (two pits)
- **Triple Jump:** Boys and Girls (two pits)
- **Pentathlon Field Order:** High Jump, Shot Put, Long Jump

Section V Outdoor Track & Field State Qualifier

Meet Information

Date & Time:

- **Thursday June 4th - Class A @ Penfield HS - 5:00pm**
- **Friday June 5th - Class B @ Batavia - 5:00pm**
- **Saturday June 6th - Class C @ Cal-Mum HS - 12:15pm**

Entries:

- Each event will accept the following entries:
 - Top 16 and ties in all individual events.
 - Top 8 per State Class in relay events.
- Additional entries exceeding 16 individual and 8 relay entries will be accepted if they meet the NY State Standard.
- Relay athletes (4-6) must also be entered online. Alternates may be replaced with committee approval if they are unable to compete due to uncontrollable circumstances.
- Athletes must have a performance listed on the leaderboard to enter that event.
- Athletes may enter up to 4 individual events. If entered in 4 individual events, they cannot be entered in a relay. However, they may participate in any relay they are listed for, provided they do not exceed the maximum of four events.
- If an athlete is entered in Pentathlon then they will be ineligible for entry in open or relay events.
- To be eligible for Sectional competition, athletes must compete in 6 certified track meets during the regular season.

All entries are to be submitted at [Yen Timing](#).

Entry Deadline:

8:00 PM, Monday, June 1st. - The Performance List will be available in the coach account by 9:00 PM on Monday. There will be a 24-hour scratch window, closing **Tuesday, June 2nd, at 8:00 PM**. Coaches must ensure athletes are scratched down to the 4-event maximum by the scratch deadline.

Scratch Process:

Email your scratches to coachyen@gmail.com. After the scratch deadline, the Championship Meet Scratch rule will be in effect: "If an athlete scratches from an event after the deadline, they are done for the day."

The final meet programs will be posted by Tuesday, June 2nd, after 9:00 PM.

Meet Shirts:

Championship shirts will be available for purchase on-site.

Order of Events: [Meet Information](#)

Running Events:

- Girls followed by Boys
 - Girls Pent. 100H/HJ/SP/LJ/800
 - 100m Hurdles
 - Boys Pent. 110H/HJ/SP/LJ/1500
 - 110m Hurdles
 - 2000m Steeplechase
 - 3000m Steeplechase
 - 400m Relay
 - 1500m Run
 - 1600m Run
 - 400m Dash
 - 800m Run
 - 100m Dash
 - 400m Hurdles
 - 3000m Run
 - 3200m Run
 - 200m Dash
 - 800m Pentathlon (Pent will not advance in the order of events)
 - 1500m Pentathlon (Pent will not advance in the order of events)
 - 3200 Relay
 - 1600 Relay

Field Events:

- Shot Put: Girls followed by Boys
- Discus: Boys followed by Girls
- Pole Vault: Boys and Girls on 2 pits
- High Jump: Girls and Boys on 2 pits
- Long Jump: Boys and Girls on 2 pits followed by Triple Jump: Boys and Girls on 2 pits

In the long jump, triple jump, shot put, and discus, each athlete will have 3 attempts, with the top 8 advancing to finals for 3 additional attempts.

State Championship Information

2026 NYSPHSAA Super Qualifying Standards

[Click Here](#)

NYSPHSAA At Large Qualifying Standard

[Click Here](#)

At-Large / Super Standard Procedures Explained

[Click Here](#)

State Meet Order of Events

[LINKED HERE](#)