

**Sign up sheet for the community practice sessions**

Each first Thursday of the month, 19.00 to 20.30 CET

AV. Tervueren 81, Brussels (room Skinner)

| Date               | First name | Surname     | Number pass sessions or membership | Prefer cash                    |
|--------------------|------------|-------------|------------------------------------|--------------------------------|
| 8 January          |            |             |                                    |                                |
|                    | Elin       |             |                                    |                                |
|                    | Alessia    |             |                                    |                                |
|                    | Lavinia    | Feyer       | 1                                  | prepaid                        |
|                    | Tamsin     | Cook        |                                    |                                |
| 5 February         |            |             |                                    |                                |
|                    | Lavinia    | Feyer       | 2                                  | prepaid                        |
|                    | Ania       | Foszczynski | 1                                  |                                |
|                    | Sabine     | Holinde     | 3                                  |                                |
|                    | Tamsin     | Cook        |                                    |                                |
|                    | Caroline   | Eeckhout    |                                    |                                |
|                    | Kathryn    | Mccrindle   | 1                                  |                                |
|                    | Corina     | Rosu        |                                    | corina_ros<br>hu@yahoo<br>o.fr |
|                    | Helio      |             |                                    |                                |
| 5 March            |            |             |                                    |                                |
|                    | Kiliane    | Huyghebaert | membership                         |                                |
|                    | Tamsin     | Cook        | 1                                  |                                |
|                    | Helio      |             |                                    |                                |
| 2 April<br>(Beate) |            |             |                                    |                                |
|                    | Caroline   | Eeckhout    |                                    |                                |
|                    | Kathryn    | McCrindle   |                                    |                                |
|                    | Tamsin     | Cook        | 2                                  |                                |

|                   |           |               |                     |  |
|-------------------|-----------|---------------|---------------------|--|
|                   | Akim      | van der Voort |                     |  |
|                   | Helio     |               |                     |  |
| 7 May<br>(Beate)  |           |               |                     |  |
|                   | Caroline  | Eeckhout      | membership          |  |
|                   | Tatiana   | Dimitriadi    | 1                   |  |
|                   | Kathryn   | McCrindle     | membership          |  |
|                   | Lavinia   | Feyer         | 3                   |  |
|                   | Sabine    | Holinde       | 4                   |  |
|                   |           |               |                     |  |
| 4 June<br>(Beate) |           |               |                     |  |
|                   | Anna      | Arcuri        | 4                   |  |
|                   | Caroline  | Eeckhout      | membership          |  |
|                   | Jakub     | Semrau        | Membership          |  |
|                   | Alexandre | Menielle      | membership          |  |
|                   | Tamsin    | Cook          | 3                   |  |
|                   | Kiliane   | Huyghebaert   | membership          |  |
|                   | Helio     |               | membership          |  |
| 2 July<br>(Beate) |           |               |                     |  |
|                   | Caroline  | Eeckhout      | membership          |  |
|                   | Anna      | Arcuri        | membership          |  |
|                   | Jennifer  | Stevens       | Jakub<br>membership |  |
|                   | Dana      | Blockmans     | membership          |  |
|                   | Tamsin    | Cook          | 4                   |  |
|                   |           |               |                     |  |
|                   | Sabine    | Holinde       | 1                   |  |
|                   |           |               |                     |  |
|                   |           |               |                     |  |

|                        |          |           |            |  |
|------------------------|----------|-----------|------------|--|
| 6 August<br>(Beate)    | Caroline | Eeckhout  | membership |  |
|                        | Jakub    | Semrau    | membership |  |
|                        | Jennifer | Stevens   | cash       |  |
|                        | Kathryn  | McCrindle | membership |  |
|                        | Tamsin   | Cook      |            |  |
|                        |          |           |            |  |
|                        |          |           |            |  |
| 3 September<br>(Beate) |          |           |            |  |
|                        |          |           |            |  |
|                        |          |           |            |  |
|                        |          |           |            |  |
|                        |          |           |            |  |
|                        |          |           |            |  |

### Payment Options

The cost of attending a single session is €29. You can either:

- Pay in cash at the event
- Purchase a set of four sessions via our website.

*Note:* If you purchase a [4-event card](#), please keep track of how many sessions you have attended. You can do so by adding the number in the google sheet. If you prefer to pay in cash pl let us know.

Check out our full agenda at [www.brusselsmindfulness.be/agenda](http://www.brusselsmindfulness.be/agenda)

**Last minute contact Beate: +32 476 89 29 41**

### Privacy Notice

*We are committed to protecting your privacy. The information you provide in this form will be used solely for registering you for the meditation sessions and communicating relevant details about the event.*

- *Your personal data (name, email address) will be stored securely and will not be shared with any third parties.*
- *We will retain your information only for as long as necessary to manage this event or until you request its deletion.*

- *By submitting this form, you consent to the collection and use of your information for these purposes.*

*If you have any questions or would like to request the deletion of your data at any time, please contact us.*