

Little Questions/Journal Prompts from lilMidnightDoll

1. How did you discover your "Little" side?
2. What age(s) (if any) do you identify as? If you have multiple Little sides, share the differences!
3. How did you pick which age(s) fit your regressive side best?
4. What are the top three things that trigger regression into your Little space?
5. What's your favorite color? Does it change depending on which head space you're in?
6. Are you more emotional in Little space?
7. What are some things that have a strong emotional effect on you only in Little space?
8. What are the top three things you look for in your Daddy (or that you have found in yours)?
9. Do you enjoy impact play as part of your DD/lg dynamic?
10. Are you sexual in your regressive state (when you're Little)?
11. Why do or Why don't you enjoy sexual play in Little space?
12. What are three of your Rules from your Daddy?
13. What is the worst punishment you've ever received?
14. What is the most exciting punishment you've ever received?
15. Do you like to dress up in Little space? What do you wear?
16. What is one struggle you've experienced in this dynamic?
17. Does your family/friends know about your Little?

18. Have you ever lied about or hid your Little in public? Share!
19. What is your favorite candy (or snack)? Does it change in and out of Little space?
20. What is your favorite cartoon?
21. Share a naughty DD/lg taboo or fantasy!
22. What was your first experience fully emerged in Little space?
23. What is your favorite "Little" activity? (crafts, coloring, playing at playgrounds?)
24. What is the worst experience you've ever had in your Little space?
25. What are 3 of your Hard Limits?
26. Have you ever been to any BDSM/Kink community events? Do you have a Age Play or DD/lg group in your area?
27. What is your favorite "Little" friendly online store? (Link share!)
28. Do you have a Stuffy/Stuffed Animal? What type? What are their names?
29. Do you have any songs that speak to your Little side?
30. Have you ever cried in Little space? Why?
31. Share a special story about you in Little space or an experience with your Daddy that you will never forget.

Chore Charts Free Printables:

*<http://www.kidspot.com.au/discoverycentre/Development-Rewards-charts-Printable-reward-and-chore-charts+5663+554+article.htm>

*<http://www.freeprintablebehaviorcharts.com/>

*<http://www.stickersandcharts.com/>

*<http://www.tipjunkie.com/post/chore-chart-reward-systems/>

*<http://www.thenaughtyseat.co.uk/free-reward-charts-16-w.asp>

*<http://kidsrewardchart.com/free-printable-charts.htm>

Little Space Lists

- *Favorite cartoons/movies
- *Favorite foods to eat
- *Wishlists(for books, stuffed animals, toys, clothing, accessories)
- *Favorite activities
- *Activities to do with your Caregiver
- *Activities for alone time
- *Favorite treats
- *Favorite toys/stuffies/blankies
- *Favorite books
- *Self-care ideas for when alone
- *Favorite places to shop
- *Favorite little tumblr/Pintrest pages
- *Rules from your Caregiver

Can Also Include:

- *Pictures from outings
- *Pictures you've colored
- *Ticket stubs from movies, trips to the zoo, museums, ect.
- *Pictures of crafts you've made
- *Pictures of your favorite little items
- *Pictures from little munches/outings
- *Writings/poems/stories that you really love and relate to as a little
- *Dried/pressed flowers/leaves
- *Letters from little penpals
- *Favorite recipes for cookies, cakes, candies, ect.
- *Describing what your perfect little day would be
- *Collages of things you love
- *Birthday/Anniversary celebrations
- *Holiday celebrations

About You Section(Taken from The Magical World of Littles Fetlife Group)

How did you discover you were a little:

When was this:

What ages do you most identify with:

Do you regress or have regression triggers:

Weight:

Height:

Eye Color:

Hair Color:

Favorite Colors:

Do your family/friends know that you are little/lolita:

What things have an emotional effect on your little/lolita:

Do you play dress up:

If so, what do you love to dress up as:

Favorite cartoon:

Favorite movies:

What do you most struggle with in this dynamic:

Favorite Candy/Snack:

Worst experience as a little:

Favorite little activities:

Favorite Stuffedies:

Favorite Books:

Favorite Games:

What makes you feel safe:

About Caregiver Section(Taken from The Magical World of Littles Fetlife Group)

Daddy's name:

His birthdate:

Hair color: Eye Color:

How did you meet Him:

Where did you go on your first date:

When did you start dating:

When did He propose:

How did He do it:

What are your favorite things to do with Daddy: