

Grand Canyon Trip Cell Phone Policy

The Grand Canyon is a once-in-a-lifetime experience, and we want everyone to be present, connect with one another, and fully enjoy the beauty and adventure of this trip. While we recognize the importance of phones for safety, photos, and checking in with family, we also believe in the value of *disconnecting to connect*.

Here's our cell phone policy for the trip:

1. **Phones are allowed for photos and emergency use at any time.**
 - o Please feel free to capture the beauty of the Grand Canyon and your memories—just remember to stay safe while doing so.
2. **Phones should be put away during group activities, hikes, and meals.**
 - o This includes during guided tours, hikes, campfire time, and shared meals. These moments are for bonding, conversation, and experiencing nature together.
3. **Designated “phone time” will be provided once a day.**
 - o There will be a set time (e.g., 30–45 minutes in the evening) where everyone can check messages, call home, and post photos if they like.
4. **Emergency exceptions always apply.**
 - o If you need to reach a parent or chaperone, or there's an emergency, of course you may use your phone immediately.
5. **Non-compliance** of this policy will lead to a phone timeout.

We ask all participants to respect this policy, so everyone can get the most out of this shared adventure.