

**** PLEASE MAKE A LOCAL COPY ****

**EMBODIED SHAMANISM - IPHM ASSESSMENT - BOOK
REPORT TEMPLATE**



Recommended Reading List:

- *The Shamanic Journey: A Practical Guide to Therapeutic Shamanism*: Paul Francis (this is the main textbook for the course and recommended reading for all)

The book report can be the textbook or a choice of any of the following:

- *Shaman & Jaguar in the Body Butterfly in the Heart* - Yacov Darling-Khan
- *Way of The Shaman* - Michael Harner
- *Awakening to the Spirit World: The Shamanic Path of Direct Revelation* (Sandra Ingerman/Hank Wesselman)
- *Celtic Shamanism* - John Matthews
- *Shaman* - Yacov Darling Khan

Other Books which will help your journey:

- *If you have forgotten the name of the clouds you have lost your way* – Russell Means
- *The Dark is Rising* (Children's Book- but about the initiation into magic)
- *It Didn't start with you* - Mark Wolynn (Good book on Ancestral Healing)
- *Elen of the Ways* – Elen Sentier
- *The Shaman's Last Apprentice* – Rebekah Shaman
- *Coming Home, Spirit Animal Guides* - Chris Luttichau

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Assignment Part 1 – Write a Book report against the following headings:-

Your name:

Book Name and Author(s):

Date:

(Please don't use AI as this is an invitation for your own unique expression!!!)

Word Count – >600 words

Book Report – Questions

- 1. What was your initial gut reaction/shamanic sense when reading the book?***
- 2. How has the book helped your understanding of Shamanism?***
- 3. What do you think are the most important messages/key takeaways?***
- 4. Was there anything you didn't agree with or feel right for you? Can you feel into the energy behind what didn't feel right for you?***
- 5. How could the book be improved?***