



# Back to School Elementary August 2023

## Device Advice Collection from Common Sense Media

[Common Sense Media Digital Citizenship Resources](#)

	Lesson 1: <a href="#">Caring for Our Devices</a>	Lesson 2: <a href="#">Why We Pause for People</a>	Lesson 3: <a href="#">Managing Device Distractions</a>	Lesson 4: <a href="#">Our Device Charter</a>
Essential Question	What are ways to take care of my device?	How can we be active listeners when using devices?	<a href="#">How can I deal with device Managing Device Distractions   Common Sense Education</a> distractions and keep my focus?	How can we create a positive classroom culture around tech?
Learning Objectives	<p><b>Understand</b> what it means to be responsible for something.</p> <p><b>Identify</b> ways to care for our devices.</p>	<p><b>Reflect</b> on how active listening is an example of being respectful.</p> <p><b>Learn</b> strategies to practice active listening when using devices.</p>	<p><b>Reflect</b> on what it looks and feels like to stay focused on a task.</p> <p><b>Define</b> device distraction and recognize examples.</p> <p><b>Learn</b> strategies to manage device distractions at school.</p>	<p><b>Reflect</b> on how we are all part of a classroom community.</p> <p><b>Identify</b> examples of positive norms.</p> <p><b>Create</b> a device charter to support positive use of devices at school.</p>
Duration	20 Minutes	20 Minutes	20 Minutes	20 Minutes

<b>SEL Competencies (CASEL)</b>	<b>Responsible Decision-Making</b> Learning how to take care of their school-issued device helps students practice anticipating and evaluating the potential consequences of their actions and behaviors.	<b>Relationship Skills</b> Reflecting on what active listening looks like when you are using a device prepares students to correct behaviors that may hinder effective communication or their ability to work effectively in groups.	<b>Self-Management</b> Learning how devices might cause them to be distracted allows students to develop the self-regulation skills they need in a world where their behavior is influenced by technology.	<b>Social Awareness</b> Creating a shared charter for the appropriate use of tech in the classroom allows students to practice identifying and following social norms that foster a positive community.		
<b>Follow-Up Recommendations</b>	<p>Continue to emphasize important digital citizenship and SEL competencies with the following lessons:</p> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <b>Grades K-2 Lesson Recommendations</b> <ul style="list-style-type: none"> <li>● <a href="#">Safety in My Online Neighborhood</a> (Responsible Decision-Making)</li> <li>● <a href="#">Pause for People</a> (Self-Management)</li> <li>● <a href="#">How Technology Makes You Feel</a> (Self-Awareness)</li> <li>● <a href="#">Pause &amp; Think Online</a> (Relationship Skills)</li> <li>● <a href="#">Putting a STOP to Online Meanness</a> (Social Awareness)</li> </ul> </td> <td style="vertical-align: top; width: 50%;"> <b>Grades 3-5 Lesson Recommendations</b> <ul style="list-style-type: none"> <li>● <a href="#">Be a Super Digital Citizen</a> (Responsible Decision-Making)</li> <li>● <a href="#">My Media Choices</a> (Self-Management)</li> <li>● <a href="#">Your Rings of Responsibility</a> (Self-Awareness)</li> <li>● <a href="#">Keeping Games Fun &amp; Friendly</a> (Relationship Skills)</li> <li>● <a href="#">The Power of Words</a> (Social Awareness)</li> </ul> </td> </tr> </table> <p>Send home the <a href="#">Family Tech Planners</a> so your students can practice healthy media habits outside of school.</p>				<b>Grades K-2 Lesson Recommendations</b> <ul style="list-style-type: none"> <li>● <a href="#">Safety in My Online Neighborhood</a> (Responsible Decision-Making)</li> <li>● <a href="#">Pause for People</a> (Self-Management)</li> <li>● <a href="#">How Technology Makes You Feel</a> (Self-Awareness)</li> <li>● <a href="#">Pause &amp; Think Online</a> (Relationship Skills)</li> <li>● <a href="#">Putting a STOP to Online Meanness</a> (Social Awareness)</li> </ul>	<b>Grades 3-5 Lesson Recommendations</b> <ul style="list-style-type: none"> <li>● <a href="#">Be a Super Digital Citizen</a> (Responsible Decision-Making)</li> <li>● <a href="#">My Media Choices</a> (Self-Management)</li> <li>● <a href="#">Your Rings of Responsibility</a> (Self-Awareness)</li> <li>● <a href="#">Keeping Games Fun &amp; Friendly</a> (Relationship Skills)</li> <li>● <a href="#">The Power of Words</a> (Social Awareness)</li> </ul>
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## FAQs

### *Is there a recommended time of the year for teaching these lessons?*

These lessons are designed to help establish positive tech habits, so we recommend teaching all four lessons at the beginning of the year, or when you are distributing school-issued devices to your students.

### *What if I don't have time to teach all four lessons?*

That's OK! While the lessons were intentionally designed to work together, they also work as standalone lessons. If you only have time to teach one lesson, we encourage you to prioritize [Lesson 4: Our Device Charter](#), which is a great summary lesson on responsible tech use in the classroom. Alternatively, you may want to choose a particular lesson based on a potential pain point that your class may be experiencing with devices.

### *How can I adapt these lessons for both lower- and upper-elementary students?*

Younger students may not have school-issued devices yet, so these lessons can serve as an introduction to what it means to be responsible for their first device when they do get it. Lower-elementary students may connect better with the videos and limericks. For upper-elementary students, these lessons offer an opportunity to review device policies and classroom expectations around responsible use. Additionally, there are optional activities that may be better suited for older students, such as the crossword and word search.

***Are there any other curricular connections with these lessons?***

These are great lessons for any teacher implementing tech in the classroom and would be a helpful addition to school orientation, homeroom, or advisory/class meeting periods. Additionally, these lessons feature poetry (limericks), offering a nice alignment with English Language Arts standards and competencies, namely Reading Standards for Literature K-5 (4.RL.5).