

Counseling Services NCSSM-Morganton

Amazon Wishlists for Student Supplies

Dear NCSSM-Morganton Parents,

Each year the NCSSM Parent Association works with NCSSM Counselors to gather donations that help make the Counseling Services Department welcoming and inviting for students and provide comfort items to students who visit the counseling center.

[Student Snacks and Drinks](#) [Student Wellness Supplies](#)
[Items to Encourage Sleep](#)

*Please be sure to select the correct address during the checkout process on Amazon

If you'd prefer to bring or ship any items to the department, they can be mailed to:

NCSSM-Morganton Counseling Services
901 Burkemont Avenue, Morganton, NC 28655,

or dropped off for Counseling Services at the Goodwin Hall Reception Desk

or brought to our office wing in Jeter Hall

Snack items that students frequently use are (highlighted items we are in need of currently):

Grab-n-go (these are on our list):

- Breakfast snacks (granola, breakfast bars, like Nutri-Grain; squeezable fruits; etc.)
- Treats (fruit gummies, chocolates) Fruit Gummies
- Crackers, chips (any varieties) baked chips/pretzels/snacks/popcorn are always good options
- Single-serving microwavable (ramen, mac and cheese, etc.)

Drinks:

- Keurig coffees, hot cocoa
- Creamers and sweeteners
- To-go coffee cups
- Teas (all varieties)
- Single-serving drinks that can be stored on a shelf (like Capri Sun Waters)
- Bottled waters

Thank you for supporting NCSSM students!

To learn more about NCSSM Counseling Services, please visit the [Morganton Counseling Services](#) website. Also, check out our [NCSSM Resiliency Resources](#) website!