What are the most effective ways to work quicker

- 1.Stay focused. Remove distractions that will slow down the pace of your work ethic.
- 2.Set your environment by location. This includes changing location to somewhere where you are able to focus more opposed to your current environment. Ex. Coffee Shop, Library, Empty Classroom
- 3.Set your environment (physically) Play music, find like minded people, stay hydrated.\
- 4.Don't do unnecessary tasks. Such as changing the theme color of your laptop.
- 5. Restrict Social media to avoid endless scrolling
- 6.Change your schedule you might find that you are more productive in the morning opposed to the evening
- 7. Prayer instead of panic. It's simple. Read it again
- 8. Work from hardest to lease difficult task in that way, each task gets easier

- 9. Parkinson's law. create a deadline for your work. if you set realistic expectations, you will probably get done by the time is up
- 10. collaborate with someone. creates a competition environment for quality and time management
- 11. Multiple Screen. helps convey information quicker
- 12. Make basic task seamless. such as charging your laptop so you're prepared for your working time.
- 13.Use the Pomodoro technique.45/15 just don't overdo it on the breaks
- 14. Certain Hz frequencies have been shown for better focus
- 15. Caffeine. Helps you focus and one times perfectly increases productivity for extended periods of time.
- 16. listen to a podcast that you enjoy. The topic itself could be one of the best motivating factors.
- 17. Set more work to be done in the same timeline
- 18. Install Shortcuts on your laptop

- 19. If you have physical notes, highlight most important details to get information quicker
- 20. Don't at a high amount carbs before you work. You will have a carb crash and in result be less productive