Meta title: Medical Facial in Bali Differs From a Classic Facial

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Meta desc: Medical facial Bali vs a classic facial: compare technology, aftercare, and goals, and learn what to ask before you book at AMO Vitality in Canggu

# Medical Facial in Bali Differs From a Classic Facial

A classic facial is designed for routine skin maintenance, using cleansing, exfoliation, hydration, and massage. A medical facial may add device-based technology, such as microneedling or light therapy, aimed at specific skin concerns. It also comes with more planning and aftercare.

Scroll through any skin menu in Canggu and the labels start to blur: facial, advanced facial, medical-grade facial. They sound alike, but they serve different goals. This guide covers five differences so you can choose a skin treatment of Bali's clinics and spas.

## 5 Differences Between a Classic Facial and a Medical Facial

### 1. The Goal

A classic facial keeps skin clean, hydrated, and comfortable. Some guests book a facial Canggu appointment before an event, after travel, or as a regular reset.

A medical facial is built around a specific concern, such as uneven tone, rough texture, or the look of scars. The session is planned around that concern rather than general upkeep.

### 2. The Technology

Classic facials rely mostly on hands, steam, masks, and gentle tools. Technology-led options bring in devices.

According to Cleveland Clinic, microneedling uses small needles in a handheld device, and radiofrequency (RF) versions deliver energy through insulated needles. WebMD describes intense pulsed light (IPL), also called a photofacial, as broad-spectrum light pulses aimed at skin color and texture.

Microdermabrasion sits in between. Healthline describes it as surface exfoliation, while microneedling goes further into the skin. That's why the menu of advanced facials in Bali can include both gentle machine-assisted options and more intensive ones.

### 3. Preparation and Aftercare

A classic facial asks little of you. A device-based treatment asks more of you.

Cleveland Clinic advises telling your provider about blood-thinning medication before microneedling. WebMD lists avoiding tanning before IPL and using sun protection afterward. Cleveland Clinic also notes that redness after RF microneedling typically lasts around a day, though everyone responds differently.

### 4. The Schedule

You can book a classic facial whenever you like. Microneedling is often planned as a series, with sessions spaced several weeks apart, per Cleveland Clinic. Your provider sets the plan based on your skin and how it responds.

### 5. The Label

"Medical-grade" has no standard definition in skincare marketing. A dermatologist quoted by NewBeauty says the U.S. FDA sets no standards for the term, and products carrying it are still regulated as cosmetics.

So don't rely on the name alone. Ask what device is used, who performs the session, and how your skin is assessed first. A good consultation tells you more than a label does.

## Which Option May Suit You?

A classic facial may suit guests seeking:

- Relaxation and a break from a busy week
- Hydration and a fresher look
- Regular upkeep or a gentle first visit

A medical-style facial may suit guests seeking:

- Focused attention on texture, uneven tone, or sun-related changes
- A planned series rather than a one-off visit
- A willingness to follow preparation and aftercare steps

Tell your provider if you are pregnant or breastfeeding. Healthline notes that pregnant people may need clearance from an obstetrician or gynecologist before microneedling.

## Warning & Expert Consultation

WebMD lists very dark skin among the reasons IPL may not be suitable, so ask a dermatologist before IPL. Tell the AMO team about your skin tone, medications, and any pregnancy before booking.

# How We Approach Both at AMO Vitality

AMO Vitality is our skin and facial space in Canggu. Every visit starts with a short look at your skin as it is that day.

For maintenance, some guests choose Dead Skin B Gone, which uses a microdermabrasion machine inside a cleanse, scrub, steam, extraction, and massage routine. This treatment is not recommended for acne-prone skin. Another pick is Give Me Oxygen, built around an oxygen-based finish.

Our medical grade facials category includes RF microneedling and IPL skin rejuvenation, along with combination options. If a medical facial Bali menu feels like a lot to sort through, our team can explain what each option involves, how to prepare, and what to expect afterward.

Some guests add time at our cafe afterward, with no set order. For sensitive skin or any health question, message the AMO team on WhatsApp at +62 851-1124-2459 before you book.

# Frequently Asked Questions

## What is the difference between a facial and a medical facial?

A classic facial focuses on maintenance through cleansing, exfoliation, hydration, and massage. A medical facial uses devices, such as microneedling or IPL, aimed at specific concerns and usually involves more preparation and aftercare.

## Is a medical facial in Bali suitable for sensitive skin?

Every guest's skin is different, so we can't answer that in general terms. Message the AMO team on WhatsApp at +62 851-1124-2459 before booking, and read our guide to understanding your skin type.

## What advanced facial in Bali options does AMO offer?

Our menu spans maintenance-style facials and medical grade facials, including RF microneedling and IPL skin rejuvenation. See current options at AMO Vitality.

## How often should I book a facial in Canggu?

It depends on your skin and the type of session. Classic facials can fit a regular routine, while device-based options are usually planned as a series. Your therapist can suggest a rhythm after a skin check.

## How do I book a facial at AMO?

Book an appointment through the AMO website and choose your treatment. Confirm timing and details for your chosen service when you book.

## Ready to Choose the Right Facial?

Start with a skin check, then choose the level of care that fits your skin and your schedule. Book an appointment easily through our website for your next facial in Canggu visit or to explore a medical facial in Bali option. Is this your first time? Message us on WhatsApp at +62 851-1124-2459 to create a suitable plan for you.