# **REFERRAL RESOURCE GUIDE**

Carroll County, NH

# **IN AN EMERGENCY OR CRISIS**

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)
Emergency Services	National Runaway Safeline
Northern Human Services -Wolfeboro Office: Monday – Friday 8:30-4:30 call 603-569-1884 after hours call Huggins Hospital at 603-569-7500 ask for the Emergency Services Clinician.	1-800-621-4000
Northern Human Services – Conway Office: Monday – Friday 8:30-4:30 call 603-447-2111 after hours call Memorial Hospital at 603-356-5461 ask for the Emergency Services Clinician.	

# **DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES**

National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453)	National Sexual Assault Hotline 1-800-656-HOPE (4673)
National Domestic Violence Hotline 1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)	RAINN (Rape, Abuse & Incest National Network) www.rainn.org
NH Statewide Sexual Assault Hotline: 1-800-277-5570  NH Statewide Domestic Violence Hotline: 1-866-644-3574  General Web Site: www.nhcadsv.org	NH Division for Children, Youth, and Families (If you have concerns on behalf of a child in regard to possible abuse or neglect, please call Central Intake at the number below, You may remain anonymous if you wish.) Central Intake Office 29 Hazen Drive Concord, NH 03301 603-271-6563
Starting Point: Services for Victims of Domestic & Sexual Violence 1-800-336-3795 (Crisis Line) 603-447-2494 (Conway office) 603-542-8014 (Southern Carroll County) www.startingpointnh.org	Conway District Office 73 Hobbs Street Conway, NH 03818-6188 603-447-3841 800-552-4628  National Human Trafficking Resource Center 1-888-373-7888

### TREATMENT RESOURCES

**Substance Abuse Treatment:**New Hampshire Treatment Locator

http://nhtreatment.org

#### **Northern Human Services**

Conway Office 603-447-2111 Wolfeboro Office 603-569-1884

#### **New Hampshire Statewide Addiction Hotline**

1-844-711-HELP (4357)

#### **SAMHSA**

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <a href="http://findtreatment.SAMHSA.gov">http://findtreatment.SAMHSA.gov</a>

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. <a href="https://www.theNationalCouncil.org">www.theNationalCouncil.org</a> (click on "Find a Provider")

# Mental Health Treatment:

#### **Northern Human Services**

Conway Office 603-447-2111 Wolfeboro Office 603-569-1884

#### National Alliance on Mental Illness (NAMI)

Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. <a href="www.theNationalCouncil.org">www.theNationalCouncil.org</a> (click on "Find a Provider")

#### **SELF-HELP RESOURCES AND GROUPS**

Find a time and location of a meeting.

Alcoholics Anonymous	Narcotics Anonymous
www.aa.org/pages/en_US/find-aa-resourc	1-888-GET-HOPE (438-4673) (Hopeline)
<u>es</u>	www.na.org/meetingsearch
Al-Anon/Alateen Info Service	Nar-Anon Family Groups
www.al-anon.alateen.org/local-meetings	www.nar-anon.org/find-a-group
Dual Recovery Anonymous	7
www.draonline.org	

#### **NAMI NH**

NAMI NH is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness.

85 North State Street Concord, NH 03301 603-225-5359

800-242-6264

info@naminh.org

www.naminh.org

#### **RESOURCES FOR SPECIAL POPULATIONS**

Gay, Lesbian, Bisexual, Transgend	er Support Resources
GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564 <u>www.glnh.org</u> I	1-866-4-U-TREVOR (488-7386) www.theTrevorProject.org
GLBT National Youth Talkline	•••••
1-800-246-PRIDE (1-800-246-7743) www.glnh.org/talkline	

#### **OTHER RESOURCES**

**Carroll County Coalition for Public Health** 

**Public Health Advisory Council (PHAC)** Resources page <a href="http://www.c3ph.org/links">http://www.c3ph.org/links</a> 603-301-1252 Ext 307 <a href="http://www.c3ph.org">phac@c3ph.org</a>

#### **Substance Misuse Prevention Coordinator**

603-301-1252 Ext 305 Prevention@c3ph.org

#### **Young Adult Substance Misuse Strategies**

603-301-1252 Ext 303 Continuum@c3ph.org

Granite United Way 603-848-6155

Mary.Reed@graniteuw.org

#### **Emergency Preparedness Coordinator**

603-301-1252 Ext 304 Preparedness@c3ph.org

#### **Substance Misuse Continuum of Care Facilitator**

603-301-1252 Ext 303 Continuum@c3ph.org

# **School-based Flu Clinic Coordinator**

603-301-1252 Ext 304 Preparedness@c3ph.org

# **NH Disaster Behavioral Health Response Team (DBHRT)**

Organized team of behavioral health providers to respond to the mental health needs of NH residents (individuals, family members, survivors, or community members) affected by critical incidents or disasters. <a href="https://Dhhs.nh.gov/esu/dbhrtnh.htm">https://Dhhs.nh.gov/esu/dbhrtnh.htm</a>

Contacts the Disaster Behavioral Health Coordinator at (603) 271-9454 or (603) 419-0074.

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, legal decisions. <a href="https://www.findlaw.com">www.findlaw.com</a>	lawyer	profiles	and a	community	to help i	ndividuals	make