

REFERRAL RESOURCE GUIDE

Carroll County, NH

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

Emergency Services

Northern Human Services - Wolfeboro
Office: Monday – Friday 8:30-4:30 call 603-569-1884 after hours call Huggins Hospital at 603-569-7500 ask for the Emergency Services Clinician.

Northern Human Services – Conway
Office: Monday – Friday 8:30-4:30 call 603-447-2111 after hours call Memorial Hospital at 603-356-5461 ask for the Emergency Services Clinician.

National Runaway Safeline

1-800-621-4000

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

www.rainn.org

NH Statewide Sexual Assault Hotline:

1-800-277-5570

NH Statewide Domestic Violence Hotline:

1-866-644-3574

General Web Site: www.nhcadsv.org

Starting Point: Services for Victims of Domestic & Sexual Violence

1-800-336-3795 (Crisis Line)
603-447-2494 (Conway office)
603-542-8014 (Southern Carroll County)
www.startingpointnh.org

NH Division for Children, Youth, and Families (If you have concerns on behalf of a child in regard to possible abuse or neglect, please call Central Intake at the number below, You may remain anonymous if you wish.)

Central Intake Office

29 Hazen Drive Concord, NH 03301
603-271-6563

Conway District Office

73 Hobbs Street Conway, NH 03818-6188
603-447-3841 800-552-4628

National Human Trafficking Resource Center

1-888-373-7888

TREATMENT RESOURCES

Substance Abuse Treatment:

New Hampshire Treatment Locator

<http://nhtreatment.org>

Northern Human Services

Conway Office 603-447-2111

Wolfeboro Office 603-569-1884

New Hampshire Statewide Addiction Hotline

1-844-711-HELP (4357)

SAMHSA

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Mental Health Treatment:

Northern Human Services

Conway Office 603-447-2111

Wolfeboro Office 603-569-1884

National Alliance on Mental Illness (NAMI)

Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon/Alateen Info Service

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

NAMI NH

NAMI NH is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness.

85 North State Street Concord, NH 03301 603-225-5359

800-242-6264

info@naminh.org

www.naminh.org

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

OTHER RESOURCES

Carroll County Coalition for Public Health

Public Health Advisory Council (PHAC) Resources page <http://www.c3ph.org/links>

603-301-1252 Ext 307

phac@c3ph.org

Substance Misuse Prevention Coordinator

603-301-1252 Ext 305

Prevention@c3ph.org

Young Adult Substance Misuse Strategies

603-301-1252 Ext 303

Continuum@c3ph.org

Granite United Way

603-848-6155

Mary.Reed@graniteuw.org

Emergency Preparedness Coordinator

603-301-1252 Ext 304

Preparedness@c3ph.org

Substance Misuse Continuum of Care Facilitator

603-301-1252 Ext 303

Continuum@c3ph.org

School-based Flu Clinic Coordinator

603-301-1252 Ext 304

Preparedness@c3ph.org

NH Disaster Behavioral Health Response Team (DBHRT)

Organized team of behavioral health providers to respond to the mental health needs of NH residents (individuals, family members, survivors, or community members) affected by critical incidents or disasters. <https://Dhhs.nh.gov/esu/dbhrt/nh.htm>

Contacts the Disaster Behavioral Health Coordinator at **(603) 271-9454** or **(603) 419-0074**.

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com