



## BRIDGET McCARTHY

**Hair color:** Hair brown.  
**Eyes color:** Blue eyes  
**Height:** 171cm

**Training:** University of Cape Town Performers Diploma

**Languages:** English, Afrikaans (second language)

**Skills:** Yoga, Swimming, Surfing (brand new), Writing

**TV Commercials:**

2025 STAYSURE Travel Insurance

2005 GOLDEN ISLAND

2004 SKY NEWS

2004 NEDBANK

UK  
Ireland.  
Worldwide  
South Africa

**Film Experience:**

2009 AMELIA

dir. Mira Nair.

**Theatre**

1999: More Theatre Company - devised, performed and sang - various African fables.

1995: 6 Sjabok Productions - Devised and performed various plays - fringe theatre, Grahamstown Festival.

1992: Loft Theatre Company - Durban, one year. Various plays.

**ERM – Emma Ress Management cc**

No. 84 Upper Maynard Street, Gardens, Cape Town 8001 | **Tel: +27 (0)21 4651000**

Members: E. Ress | CK 98 28789 / 23