

**Description**: The Western Section of The Wildlife Society brings you the second annual Resource Retreat for Women+ in Wildlife. Join us in-person at McLaughlin Reserve in Lake County for a full weekend of team exercises, nature excursions, self defense refreshers, a confrontational awareness seminar and much more! There are 23 beds and a whole reserved outdoor camping section that sleeps 10+ for 36 members to come along for a resource packed weekend. This visit will allow for women and female identifying biologists focused on wildlife studies and conservation to be part of an affinity space in which they can reflect on experiences they've had and be provided guidance, reassurance and steps to move forward. There will be group bonding activities outdoors such as bird observation and plant identification.

What to Expect: Unusual geology and a plethora of species and natural communities. The retreat is geared towards professional biologists, ecologists, scientists and students. Limited ethernet connection in the field station, no wireless internet and patchy cell service. No campfires are allowed but we can cook outdoors! Please bring your own sleeping accommodations if you wish to sleep outdoors, bathroom toiletries/towels, and also please be aware that bunk beds are first come first serve via advance signup, and you'll need a sleeping bag and/or quilt. Participants are expected to provide their own transportation and carpool.

If you want to look around at what species we will be surrounded by take a look at the species lists! https://naturalreserves.ucdavis.edu/mclaughlin-reserve/species-lists-maps-and-data

## Registration

All participants must fill out an online registration form, here: <a href="https://user.tws-west.org/">https://user.tws-west.org/</a>

**Important**: Please **triple check** that you are using your preferred email when registering. The registration page often auto-fills fields with old information.

No in-person registration.

Your registration is secure when payment is received.

Registration is payable by check or credit card and must be received or postmarked by September 22, 2023.

Registration Categories		
September 29-October 1, 2023		
Student (max 5 registrations)	\$30 + TWS-WS Membership	
Early Career Professional (max 10 registrations)	\$100 + TWS-WS Membership	
Professional Rate	\$120 + TWS-WS Membership	
Patron Rate	\$150 + TWS-WS Membership	

The maximum enrollment for the full resource retreat is **36** individuals. After that number is hit, a waiting list will be kept. This workshop is for Western Section members, and if you aren't a member yet, you can join when you register.

**Cancellation and Refund Policy:** To receive a refund of retreat registration fees, we must receive your cancellation no later than 24 days before the first day of the workshop. All refunds are subject to a processing fee. Afterwards, there will be no refunds due to inclement weather, Federal budget issues, furloughs or other events beyond the control of the workshop organizers. However, registration may be transferred to another individual for a small transfer fee.

**What Happens Next?** After registration, you will receive detailed information about the resource retreat schedule at least two weeks prior to the event.

**Waitlist Policy:** If placed on the waitlist, you will not be charged. If spots open up, the first person on the waitlist will have 48 hours to accept the registration up until 4 weeks prior to the event, after which participants will have 24 hours.

No Pets or Outside Guests are allowed.

## Location

McLaughlin Reserve is located at the intersection of Lake, Napa, and Yolo counties. It is approximately 2 hours northwest of the UC Davis campus.

**Address**: 26775 Morgan Valley Road, Lower Lake, CA 95457 

◆ McLaughlin Natural Reserve

The McLaughlin Reserve Ray Krauss field station is accessed from the northwest on Morgan Valley Road from Lower Lake CA.

Our host and site contact is Catherine (Cathy) Koehler and she lives not too far from the site. She has advised to take a route that is not coming directly up from Lake Berryessa, the road is very rutted, potholes and splits. Her cell phone number is 707-995-9005

Spreadsheet for coordination of ridesharing will be sent to those who register.



# **Condensed Itinerary**

(Subject to Change Per Coordinators)

#### All times in Pacific Time (Los Angeles, Victoria, Seattle)

### **September 29, 2023**

Day 1 - Friday - Check in	Lead	Time
1st Check-In		12:00 - 17:30
Lunch (optional) - Safety and Rule Overview		14:00 - 15:00
Spoken word/Karaoke/Movie Night/Board Games/Moonrise watch party	All	15:30 - 19:00
Dinner - clean up	Laura Coatney	17:30 - 20:00
Day 2 - Saturday	Speaker/Lead	
Nature Walk	-	8:00 - 9:00
Cold Breakfast	All	9:00 - 10:00
Opening Remarks and Site Tour	McLaughlin Staff - Cathy	10:00 - 12:00
Lunch	All	12:00 - 13:30
Keynote Speaker - People and Wildife	Dr. Rachael Urbaneck University of North Carolina http://people.uncw.edu/urba nekr/index.html	13:30 - 14:30
Scavenger Hunt/Bingo	Vanessa	14:30 - 15:30
Break	All	15:30 - 16:00
Wildlife Rehabilitation Silicon Valley (https://wcsv.org/)	Jess Estrada	16:00 - 17:00
Facing Confrontation and De-escalating - An interactive exercise	Carla Angulo	17:00 - 18:00
Dinner - clean up	All	18:00 - 19:00
Day 3 - Sunday - Check out		
Nature Walk		8:00 - 9:00
Cold Breakfast	All	9:00 - 10:30
Camp Clean Up	All	10:30 - 11:30
Resource Regroup and Roundup	All	11:30 - 12:00
Check Out	All	12:00

# **Preparation**

#### **List of Items to Bring**

- Thermal coffee mug
- Snacks if desired
- Pen or pencil Notebook/laptop if desired
- Water bottle
- Binoculars
- Headlamp/flashlight just in case
- Boots which cover the ankle (there are very little stomped out trails, we can be trail blazers here!) - KEEP IN MIND WE MUST CLEAN OUR FOOTWEAR EVERY TIME BEFORE ENTERING OUR VEHICLES)
- Field camera if desired
- layered clothing
- water bottle(s) refillable
- Extra socks
- backpack or field pack if desired
- Sunglasses
- Sunscreen
- Eco-friendly bug spray
- First aid kit
- Hat
- Epipen and anything you may need for bee stings!
- Toiletries
- Hiking poles (optional)
- Sleeping bag/pillow
- Tent
- Swimsuit there is a natural pond that is somewhat accessible and if you brave the cattails and mud it can lead to exquisite swimming in a hot day