

BRCC 1st September menus

All lunch boxes are \$12 and include a drink- water, sweet tea or blueberry tea

Week 1

- Mediterranean Quinoa Salad - Cherry tomatoes, feta cheese, kalamata olives, zucchini and pepperoncini in a lemon oregano dressing with garlic hummus and pita chip on the side
- Smoked Chicken Wrap with shredded carrot, lettuce and celery heart shreds with siracha aioli – potato ribbons with chipotle honey mustard side
- Shrimp and turkey smoked sausage jambalaya with rice

Extras

- Soft Pretzel Sticks with Pub mustard sauce \$6
- Dessert (TBD) \$6

Week 2

- Chicken Salad – Edamame, celery, macadamia nuts, raisins, on lettuce with ginger lemon dressing and veggie chips on the side
- All Beef Foot Long Hot Dog -stuffed with cheddar cheese and bacon wrapped with tater tots on the side and Ott Sauce
- Cheese and Potato Tortellini Soup in Mushroom Broth – with carrots, celery and mushrooms, toasted bruschetta on the side

Extras

- Soft Pretzel Sticks with Pub mustard sauce \$6
- Dessert (TBD) \$6

Week 3

- Mixed greens and Spinach Salad – goat cheese, toasted pecans, strawberries, mandarin oranges, with poppy seed dressing

- Italian Sandwich Wrap – Ham, salami, mortadella and provolone with romaine lettuce, tomato and pepperoncini, dijonnaise, and oregano oil & vinegar dressing, pickled vegetable side
- Impossible Meatballs on Penne with Red Sauce (V) – sauteed spinach side

Extras

- Soft Pretzel Sticks with Pub mustard sauce \$6
- Dessert (TBD) \$6

Week 4

- Chickpea Salad with avocado, tomato, cucumber and red onion and bell pepper – naan side
- Meatloaf on Sourdough Sandwich – tomato chutney and ranch spread, carrot salad side
- Shrimp Wrap – tomato basil wrap, roasted corn, fried onion strings, chopped purple cabbage and Old Bay aioli

Extras

- Soft Pretzel Sticks with Pub mustard sauce \$6
- Dessert (TBD) \$6

Drinks

Locally blended iced teas, waters, and coffee

