

Cohesion Dance Project Internship Overview

Brief description of organization

Cohesion Dance Project (CDP) is a non-profit dance production company whose mission is to create engaging performances and integrated educational experiences that enrich, inspire, and unite the community through dance. CDP envisions a community with an expanded perception of dance as an art form that fully embraces people of all ages, abilities, experiences, and backgrounds.

Internship sessions

Fall/Winter (September through end of December)

Winter/Spring (January through end of May)

Summer (June/July/August)

Interns continue to assist with events and at the studio for 2-4 weeks after classes have finished for the session.

Brief description of internship program

Students age 12-adult gain valuable experience working first-hand in a studio that specializes in community-based, adaptive, and professional dance. Learn how a studio is run, gain teaching experience, and engage with your community in a more involved way.

Intern Tasks

- Complete up to 3 hours of volunteer work outside of classes and rehearsals per week, carrying out miscellaneous tasks such as cleaning, organizing, classroom set-up, administrative assistance, and other duties as assigned.
- Assist and/or teach at least one weekly technique or adaptive class.
- Assist with rehearsals (to be discussed at time of interview).
- Assist and/or participate in at least two events per session.

Expectations of the intern

- Adhere to CDP's mission and vision, treating peers and students with respect and compassion.
- Actively assist in and/or teach classes and rehearsals following instruction and guidance from lead instructor and intern coordinator.
- Provide mentorship and help cultivate a healthy, inclusive, and accepting culture at Cohesion.
- Individually plan and complete one of the following projects, as available, with the intern coordinator during internship session:
 - o Create a piece to be performed at an event.

- o Mentor an individual at Cohesion to achieve a specific goal.
 - o Engage with the community in a project designed by the intern and approved by the Intern Coordinator.
- Complete Intern tasks in a consistent, timely manner.

Intern Benefits

- Access to one free technique class during corresponding internship session; discounts on designated workshops and master classes at Cohesion may be available.
- Dedicated, free personal studio time pending studio availability.
- One-on-one mentoring by Cohesion Staff and Guest Artists.

Application Submission Process

[Apply online](#)

Selection procedure

An informal interview will be set up with the Intern Coordinator to learn more about your application responses and interest in the intern program. Following the interview, the Intern Coordinator and Cohesion staff will make final decisions on intern positions for the respective session. If you are not selected for this session you are encouraged to reapply for the next session; some cycles we have too many applicants and not enough positions.

Selected interns age 18 and older may be required to complete a Background Check.

Type and size of studios

- Studio A 34'x41' - Doubles as black box theater.
- Studio B 18'x38'
- Studio C 30'x38'

All studios feature wheelchair accessible sprung marley floors and wall-to-wall mirrors that can be covered if desired. Each studio has its own thermostat.

Working language

English