

### Lenten Reflection

The most difficult thing about reflecting on who we are as persons is to let go of the negative tapes in our heads and to focus on the positive. It is so easy to feel unworthy of all the love in our lives and fail to appreciate those qualities that make us loveable. Lent gives us the opportunity to recognize our goodness and change that which prevents it from shining through. Jesus believed that we can become better. Time for us to believe it too.

### Galentine's Event

The Status of Women held their first "Galentine's" event last week at Ritual on Main Café. All participants gathered to discuss issues related to women in the workforce. We hosted a wide variety of teachers at different places in their careers. Wonderful and supportive conversation was had by all.



### March Member Care

Congratulations to the following [winners](#) who will be spending some time at a local sugar shack enjoying all things maple!

### Lunch and Learns

A reminder that "Lunch and Learns," or any professional development sessions outside of the instructional day, are voluntary. Some teachers may find that attending PD sessions during lunch or before or after school affects their work-life balance in different ways. As always, members are to use their professional judgement to determine the best use of their time.

### Sunshine List aka Public Sector Salary Disclosure

In 2022, funds that I (Michele Pierce) had contributed to a self-funded leave that I never took were given back to me, per Canada Revenue rules. This had the impact of increasing my salary for that year and is reflected on my stature on the Sunshine list released in 2023. My noted salary for 2022 is anomalous and is not a reflection of the salary of my position, which is governed through our Unit bylaws.

### AGM 2023 #OECTAAGM23

Fifty eight teachers gathered on Monday in order to prepare for our Annual General Meeting that will be held this weekend in Toronto. Each delegate attending this event represents 75 members from our local unit. Delegates will participate in meetings and discussions to learn more about our Association and they will also have the opportunity to vote on resolutions that will shape our Association. You can view the livestream, and read the reports and review the resolutions being discussed in the "Members Area" [here](#). You will need to login to your Catholic Teachers account.



Wishing each of you a rejuvenating March Break,  
Michele Pierce, President, Ottawa Catholic Teachers

