## **Junior Resource Document**

## Academic Planning

- o Graduation Requirements
  - Competency
  - Credits
  - ICAP
- PE Waiver: Can be used for CHSAA Sports; participation required during 9th,
  10th, or 11th grade years. Please speak with your counselor about getting a PE waiver.
  - If you see "PE Exempt" on your transcript, that is a PE Waiver.
- Concurrent Enrollment
  - 25-26 Process and information is here.
- Seal of Diversity, Equity, and Inclusion
  - Schoology Group Code: GQXK-KMK3-72PzG
  - Information on Seal of Diversity, Equity and Inclusion
- Seal of Biliteracy

## Post Secondary Planning

#### Junior Year Semester 2

- <u>Testing</u>
- Letters of Rec
  - Ask 2-3 academic teachers for a letter of recommendation
  - Focus on core subject teachers from Junior Year
- Scholarship Search
  - To be completed from now through graduation
- Life After East
  - Free college app and career support
  - Speak to your counselor to determine if this is a good fit
  - Application
- NCAA
  - Division 1 Academic Requirements
  - Division 2 Academic Requirements
  - NCAA Transcript request form

## Summer Before Senior Year

- College List
- Personal Statement
  - Choose <u>essay prompt</u>
  - Begin rough draft
- College Search
  - Research colleges/ Visit Colleges

- o <u>Resume</u>
- o Application Type
  - Common Application
  - Common Black College Application
  - Coalition Application
  - College/University direct website
- o <u>Senior Timeline</u>

# • More Information and Resources:

o EHS Counseling Instagram: @denvereast\_counseling