

## 11B 0.2: It Takes Two: Elements of Successful Mentoring Relationships

### PHASE OVERVIEW

This is a pre-match phase which introduces students to the program, the role of the mentor-mentee, and the way the curriculum and classes support them in this work. This phase prepares students to complete their new mentee application for matching. At the end of the phase, students will be prepared to fully participate in the program and will understand the reasoning/benefits of the program.



### LESSON OBJECTIVE

SWBAT articulate their roles and responsibilities as a mentee. Students will also be able to identify behaviors and mindsets both mentors and mentees must bring to the relationship for it to be impactful.

### PURPOSE

This lesson both builds excitement and investment in the program. This lesson assumes that mentees have a basic understanding of the program and zooms in on the characteristics that pairs can demonstrate to build relationships.

### AGENDA

8 min	<i>Do Now: My Relationships</i>
32 min	<i>Learn and Engage: Mentorship Qualities</i>



### KEY TAKEAWAY

Relationships between mentors and mentees are a give and take, and I have the power to drive my relationship with my mentor.

### FACILITATOR NOTES:

The driving message of this lesson should be that everything in this program is designed to be about the mentees.

There is a video included in this lesson. Make sure that you are able to play it over the school's Wi-Fi or download it to ensure there isn't any lagging.

**MATERIALS:** [11B.0.2 Handout](#), [11B.0.2 Presentation](#), [Video](#)

Do Now: My Relationships		Notes:
Students will write about an important relationship in their lives, why it is important and what <i>they</i> did to build it.		
Slide 2: 8 min  4 min to write & 4 min for a class share-out	<b>TALKING POINTS</b> Respond to the following on your worksheet: Think about one of the most important relationships in your life (ex: with a family member, teacher, coach).  Why is the relationship so important to you? What have <i>you</i> done to help build the relationship?	

Learn and Engage: Mentorship Qualities		Notes:
To create a vision for and build excitement about what a relationship with a mentor can provide, students will watch a video about a mentor-mentee pair. They'll then discuss the video to identify the characteristics the mentee demonstrates. They'll end by reflecting on the qualities that will set them up for success in the program.		
Slide 3: 1 min	<b>TALKING POINTS</b> If you have completed your consent form, please turn it in. If you have yet to do so, please submit it by _____.	
Slide 4: 1 min	<i>Have a student read the key takeaway:</i> Relationships between mentors and mentees are a give and take, and I have the power to drive my relationship with my mentor.  <b>TALKING POINTS</b> Today, we're going to dive deeper into what it means to be part of a mentoring relationship and how you have the power to drive your relationship with your mentor.	
Slide 5: 1 min	<b>TALKING POINTS</b> Hopefully, you've been able to identify some things you have done to build a relationship with an adult mentor. Maybe, you've asked for help, been honest or vulnerable, pushed through when there has been conflict, or communicated consistently.	

Slide 6: 1 min	<p><b>TALKING POINTS</b></p> <p>The point is, YOU have the ability to build and drive relationships with adults.</p> <p>This is important because this program is about you and your goals. Your mentor is here to support you, but they can only do that if you are able to create space for that relationship to develop.</p>	
Slide 7: 2 min	<p><b>TALKING POINTS</b></p> <p>Let's hear from a mentee/mentor pair, Nancy &amp; Marissa, to better understand this idea.</p> <p>As you watch the video, take notes on what characteristics you see Nancy (the mentee) showing in her relationship with Marissa (mentor) and on her path to college. Make sure to give evidence for each characteristic.</p>	
Slide 8: 3 min	<p><b>PLAY VIDEO</b></p>	
Slide 9: 4 min	<p><b>STUDENT DISCUSSION</b></p> <p>Have students share their worksheet responses.</p>	
Slide 10: 1 min	<p><b>TALKING POINTS</b></p> <p>At first, Nancy was nervous and hesitant about sharing personal things with Marissa. This is totally normal at the beginning of the relationship!</p> <p>Despite being nervous, Nancy was brave and remained open and honest with Marissa which opened the door for trust to develop. There is no one quality that makes a great mentee.</p>	
Slide 11: 1 min	<p><b>TALKING POINTS</b></p> <p>Every person has their own strengths and challenges, especially when it comes to building relationships.</p> <p>It's important to reflect on both so that you can appreciate where things will be easy for you and understand where you might run into difficulty.</p>	

<p>Slide 12: 8 min</p> <p>4 min to write &amp; 4 min for discussion</p>	<p><b>TALKING POINTS</b></p> <p>We are going to start off by taking 4 minutes to reflect on the qualities that will make it easy and difficult for us to connect with our mentor.</p> <p>Please turn and talk with a partner and complete the corresponding section on your worksheet. We will share out in a few minutes. You can use the word bank on this slide to help you brainstorm qualities.</p> <p><i>After students have written down their qualities, invite students to share out.</i></p>	
<p>Slide 13: 8 min</p> <p>4 min to write &amp; 4 min for discussion</p>	<p><b>TALKING POINTS</b></p> <p>We are now going to take 4 minutes to reflect on the qualities that we want in a mentor and qualities that we do not want to see in a mentor.</p> <p>Please turn and talk with a partner and complete the corresponding section on your worksheet. Be as honest as possible, this will help me find you a good mentor match. We will share out in a few minutes. You can use the word bank on this slide to help you brainstorm qualities.</p> <p><i>After students have written down their qualities, invite students to share out.</i></p>	
<p>Slide 14: 1 min</p>	<p><b>CLASS CLOSE OUT</b></p> <p>Thank you for your engagement today! I enjoyed getting to know you all better. Before we end class, here are some important announcements.</p> <p><i>You can add additional school specific announcements and reminders here!</i></p>	