

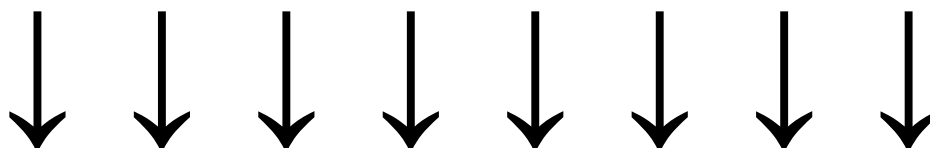
## Central State 8 Conference Meet

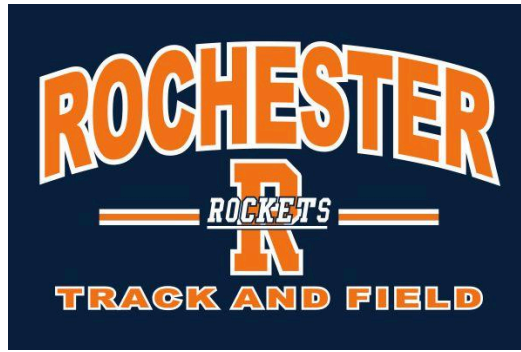
### FINAL TEAM RESULTS

1.	Chatham (Glenwood)	185
2.	Springfield	91.5
3.	<b>Rochester</b>	<b>81</b>
4.	Springfield (Lanphier)	77
5.	Decatur (Eisenhower)	74
6.	Normal (University)	73
7.	Decatur (MacArthur)	47
8.	Jacksonville (H.S.)	43.5
9.	Springfield (Sacred Heart-Griffin)	25
10.	Springfield (Southeast)	4

### --- [CS8 Individual Event Results](#)

I first want to apologize for the delay in publishing these results, official results had to be retallied and reentered over the weekend. After everything was correctly entered the team finished 3rd overall and had several athletes named all conference! We are very proud of all our athletes who represented our school so well! Check out those athletes and some other highlighted performances below!!





## 2022 Conference Placers

### Conference Champion!

- Spencer Loy ran a personal best time of 50.50 to win the CS8 400m dash!! This time currently ranks Spencer 14th in 2A! Sectionals should be fun to see Spencer keep pushing himself to new heights! Congratulations on your conference championship!!



### Conference Runner-Ups

- Evan Alexander finished 2nd in the Pole Vault! Evan vaulted 13'6" to take the 2nd place spot. Finishing 2nd to Braden White of Springfield is nothing to be disappointed in. Braden broke the Springfield High school record to claim first. Evan is geared up for sectionals and ready to roll!
- Hank Beatty finished 2nd in the Long Jump! Despite some challenging runway conditions Hank still went out over 6 meters!
- Our 4 by 400m Relay finished 2nd in possibly our best race of the night! The group was composed of Ayden Huet, Max Wilber, Ryan Gustafson, and Spencer Loy. All 4 boys ran great legs and if Spencer



was running the 401m dash he would have caught and passed Chatham! The boys finished second with a time of 3:34.12 (Chatham - 3:34.01)

### **Conference Placers**

- 100m Dash Hank took 4th and Troy Olson took 6th!
- 200m Dash Darias Herman finished in 6th place
- 800m Dash - This race is in competition with the 4x400m relay for the race of the night!! Ryan and Max both set personal bests in the event! Ryan finished 5th with a time of 2:02.60 and Max finished 6th with 2:05.50. Ryan improved by 2 full seconds and Max by 5 seconds!! Great job boys!!
- 1600m Run - Jack Arends finished 3rd in a loaded field of runners!
- 3200m Run - Adam Gribbins battled it out for 8 laps to claim 3rd!
- 4x200m Relay - This group of Darias Herman, Eddie Slot, Keiran Powers, and Hank Beatty took 5th!
- 4x800m Relay - With a lot of our experienced distance runners competing in other events our young bucks, led by junior Parker Edmonson took 6th in the race!
- 300m Intermediate Hurdles - Brayden Trello took 6th running a personal best 45.00!
- High Jump - Ayden Huet finished 8th! Ayden is a few minor adjustments from being a 6 foot high jumper!
- Long Jump - Our young freshman jumper Carter Miller dropped a bomb of a PR to take 4th place! Carter went 5.92 (19'4")! Going into last week Carter had an all time best of 17'11".

### **OTHER NOTABLE PERFORMANCES**

- We had a few other notable performances by athletes who just missed placing!



- Freshmen, Jaxon Miller and Carter Miller both PR'd in the Triple Jump! Both boys went over the 37 foot mark! Keep your eyes on these boys next season!!
- Kade Rowley and Kieran Powers both PR'd in the 110m High Hurdles! Kade went 18.6 and Kieran broke under the 20 second threshold with a time of 19.90!

### **FINAL THOUGHTS**

- The Central State 8 is a conference loaded with phenomenal athletes and for our TEAM to take 3rd overall is an impressive accomplishment! We had athletes place in 14 of 18 events. These boys have trained hard and put themselves in a great position to punch their ticket to State! This Thursday we will head to Triad High School to take on sectionals! I am already looking forward to writing about the success of these young men!

**GO ROCKETS!!**