



Cassia Essential Oil

Cassia Essential Oil, also known as Bastard Cinnamon and Chinese Cinnamon, is steam distilled from the *Cinnamomum cassia* leaves and has a rich historical legacy dating back to the Han Dynasty in China. Its historical use is highlighted in Exodus 30, 23, where it was part of a sacred oil blend. Today, Cassia Essential Oil offers a myriad of benefits in skincare, hair care, aromatherapy, and massage therapy. Known for its warming properties, it is believed to ease cramps, promotes hair health, and acts as an astringent in skincare routines.

Botanical Name: *Cinnamomum cassia*

Plant Part: Leaves

Main Constituents: Cinnamic aldehyde: 85%

Origin: China

Processing Method: Steam Distilled

Color / Consistency: With a medium to thicker viscosity, it is a transparent pale yellow to reddish liquid.

Aromatic Summary / Note / Strength of Aroma: Cassia Essential Oil has a pungent, warm scent from its 1% to 2% volatile oil that is mainly responsible for the spicy aroma. It is a strong top note.

Blends With: Benzoin, Clove Bud, Coriander, Cardamom, Frankincense, Grapefruit, Lavender, Rosemary and Thyme.

BENEFITS

Reputed Warming Properties: Cassia Essential Oil is renowned for its warming properties, which make it an excellent choice for massage therapy.

Promotes Tighter, Brighter Looking Skin: The astringent properties of Cassia Essential Oil can help tighten and tone the skin, promoting a more youthful complexion.

Supports Healthy Hair and Scalp: Cassia Essential Oil supports hair health by promoting circulation to the scalp, which can encourage healthier hair growth. Its cleansing properties may also help maintain a healthy scalp.

DIRECTIONS AND USES

- Skin Rejuvenation: For a skin treatment that promotes renewal and balance, dilute 2-3 drops of Cassia Essential Oil with a carrier oil and apply to the skin.
- Hair Nourishment: Add a few drops of Cassia Oil to your shampoo or conditioner to promote scalp health and enhance hair manageability.
- Warming and Soothing Massage: Dilute Cassia Oil with a carrier oil for a relaxing massage experience that can ease muscle tension.
- Aromatherapy for Stress Relief: Inhale the comforting scent of Cassia Oil during meditation or relaxation sessions to promote a sense of tranquility.

Size & Price: Contact Us