

Daily Route Plan: Day 1

Group Leaders: Will/Ian	Group Size: 8	
Departure Time: 9:40	Anticipated End Time: 4:30	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Trail Head / Camp 0	End Point Loc: Camp 1
Weather Forecast: Smokey, Overcast		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Bushwhack to snack; Open meadow adjacent to creek	096, 468	S	2km	+175m	Swampy, forest opening	2hrs	2hrs
2	Lunch, forest, trees	096, 465	S	1.5km	+84m	Dry Forest	1.5hr	2hr
3	Ridge Route Decision; Open trees, boulders, out of forest.	096, 454	S	1km	+150m	Rocky, open ridge view, steeper rock sections	0.5hr	0.75hr
4	Tarp setup decision point	096, 448	S	150m	+100m	Open rocks, harsher wind, ridge view	0.5hr	0.5hr
5	Camp 1, below ridge	096, 450	NE	160m	-160m	Flat moss section, vegetation, small streams, rocky surrounding water sources	15min	15min
TOTALS				4.8km	+349		4.75hr	5.5hr

Anticipated issues & Contingencies
Issues: Muddy, wet conditions, slippery, unstable rocks and potential falls, exposure to strong winds and cold temperatures.
Contingency Plan: Wear waterproof gear, watch for unstable ground, use trekking poles, check boot laces and tightness, move cautiously on steep terrain, dress in layers.
Proposed exit plan: Journey back to cars depending on parked location.

Consistent Anticipated issues & Contingencies / Be Aware on ALL DAYS
Issues: Pain, Blisters, injuries, weather, bears, fatigue, mountain terrain.
Contingency Plans: Rest, assess the cause, adjust gear, over-the-counter pain relief, first aid and blister care carried at all times, speaking out if you feel a hotspot, access to satellite communication, hydration, appropriate weather gear and clothing, checking forecast, adjusting plan for severe weather, remaining bear aware and enacting bear safety.

Daily Route Plan: Day 2

Group Leaders: Will/Ian		Group Size: 7	
Departure Time: 8:00		Anticipated End Time: 4:00	
Map Sheet(s): 82K15 Grizzly Ridge		Start Loc: Camp 1, Below Ridge	End Point Loc: Camp 2, 39 Lakes
Weather Forecast: Smokey, Warm			
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789			

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Top of ridge, view of valley, snack	097, 439	S, SE	1km	200m	Ridge travel, dry rocks	1hr	1.5hr
2	Creek, ridge line decision	098, 433	SE	1km	-250m	Downclimbing, large rocks	1hr	1.5hr
3	Top of ridge lunch	108, 423	E	2km	+300m	Slow incline, grass, steep climb on shale (loose flat rock, slippery but dry)	2hr	1.5hr
4	Above valley, choosing downclimb path	113, 404	S	2.3km	+60m -210m	Large rocks, to steep downclimbing on loose dirt, return to large rocks	2hr	2hr
5	Camp 2, 39 lakes	112, 391	S	1.7km	+135m -186m	Steep downclimbing on vegetation, steep dirt sections, flat at camp	1.5hr	1.5hr
			TOTALS	8km	+50m		7.5hr	8hr

Anticipated issues & Contingencies
Issues: Dry, potentially slippery rocks, descending large rocks, steep, slippery shale incline.
Contingency Plan: Use caution, appropriate footwear, careful foot placements, descend carefully, use terrain to advantage.
Proposed exit plan: Journey back to cars depending on parked location.

Daily Route Plan: Day 3

Group Leaders: Franklin/Jake	Group Size: 7	
Departure Time: 8:00	Anticipated End Time: 5:00	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Camp 2, 39 Lakes	End Point Loc: Camp 3, Rocky Point Creek
Weather Forecast: Smokey, Light Winds, Sunny		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Out of valley viewpoint before contouring	107, 382	S	1.1km	+210m	Rocky, off trail, gaining elevation, mossy vegetation areas with rock	1hr	1.5hr
2	Contour to saddle, snack	113, 377	SE	800m	+80m	All rock traversing	0.5hr	0.5hr
3	High point, top of ridge, lunch	123, 366	S	1.5km	+172m -50m	Ridge travel, rocky	1.5hr	2.25hr
4	Navigation break, ridge travel plan	160, 330	SE	3km	+58m -247m	Ridge travel, rocky to Flat, small rocks	2hr	2hr
5	Camp 3, Rocky Point Creek	171, 318	SE	2km	+30m -130m	Flat, mossy, open	2hr	2.25hr
TOTALS				8.4km	+123m		5hr	8.5hr

Anticipated issues & Contingencies
Issues: Uneven terrain, moss-covered rocks, navigating solely on rocky terrain, transition from rocky ridge to flatter terrain with small rocks.
Contingency Plan: Ensure secure footing, breaks to avoid extreme fatigue on longer rocky sections, adapt to changing terrain, maintain stability.
Proposed exit plan: no near in-service roads (closest is Bugaboo Forest Creek Service Road), exit would require finding open space and calling for evacuation, camp 3 is an open space.

Daily Route Plan: Day 4

Group Leaders: Leila/Mili	Group Size: 7	
Departure Time: 8:00	Anticipated End Time: 3:30	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Camp 3, Rocky Point Creek	End Point Loc: Camp 4, Walter Lake
Weather Forecast: Smokey, Sunny, Overcast		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Decision point along ridge, find view of ridge 2, planning climb up, snack at bottom of ridge	179, 294	SE	2.5km	+130m	Ridge travel, gradual flat rocky	2.5hr	2hrs
2	Hike up ridge, stop at top of mountain, first view of bugaboo	178, 273	SW	0.5km	+100m	Gained elevation, steeper ridge travel	0.5hr	0.5hr
3	Stop for lunch, stop at lake	177, 267	S	0.5km	-100m	Downclimbing mountain to lake, steeper trail	0.5hr	0.5hr
4	Stop above bowl, decision point downclimb to camp	185, 232	S	3.5km	+280m -280m	Consistent ridge travel with trail	3.5hr	2hrs
5	Camp 4, Walter Lake	192, 233	E	1.2km	-194m	Steep loss in elevation on trail	1hr	1hr
			TOTALS	8.2km	-64m		8hr	6hr

Anticipated issues & Contingencies
Issues: Navigating along a rocky ridge, descending steeply on a trail
Contingency Plan: proper footing on steep sections, trekking poles, proper foot placement, descend at a controlled pace.
Proposed exit plan: no near in-service roads (closest is Bugaboo Forest Creek Service Road), exit would require finding open space and calling for evacuation.

Daily Route Plan: Day 5

Group Leaders: Zane	Group Size: 7	
Departure Time: 8:00	Anticipated End Time: 3:00	
Map Sheet(s): 82K10 Houser Creek	Start Loc: Camp 4, Walter Lake	End Point Loc: Camp 5, Chalice Creek Trail
Weather Forecast: Foggy, Precipitation but no rain, warm		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Trail downclimb, cross Bugaboo Creek Forest Service Road, to Bugaboo Lodge	207, 224	E	4km	-650m	Steep trail going to Bugaboo lodge	4hr	3hrs
2	Walk along Chalice Creek Forest Service Road to Chalice Creek trail head	221, 204	S	4km	+200m	Flat road walking	4hr	2hrs
3	Continue on Chalice Creek trail into bowl, decision point to find camp	247, 194	E	3.5km	+280m	Wet, creek crossing, trail travel with minimal elevation	2.5hr	1.5hr
4	Stay in bowl, camp 5 off of Chalice Creek trail	247, 194	S	10m	0m	Wetland, marshy, drainage bowl	15min	<5min
			TOTALS	11.5km	-170m		10.75hr	6.5

Anticipated issues & Contingencies
Issues: Crossing wet creeks, navigation through wet mossy areas, food storage and organization.
Contingency Plan: Use caution when crossing creeks, waterproof gear, take ample time to ensure food storage and pack food is organized.
Proposed exit plan: Access to roads, vehicles, and emergency rescue at the lodge.

Daily Route Plan: Day 6

Group Leaders: Jake/Franklin	Group Size: 7	
Departure Time: 8:00	Anticipated End Time: 4:30	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Camp 5, Chalice Creek Trail	End Point Loc: Camp 6, Forest Road
Weather Forecast: Overcast, travel into thunderstorm and graupel, lots of rain		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Ridge travel to quiz site (chalice ridge trail)	248, 209	E	3.2km	+400m	Gradual ridge trail hiking, opened up out of trees	3hr	2.5hr
2	Travel down to bowl (two lakes, vegetation, view of Septet) and tarp setup for weather, lunch	248, 217	N	1km	-40m	Steeper vegetation, grassy spots	0.5hr	0.5hr
3	Decision point to travel down to creek	251, 230	N	1.5km	-200m	Super steep shaly spot, lots of tree cover into the forest	1.5hr	1hr
4	Creek crossing to campsite	255, 242	NE	2km	-320m	Hiking down steep vegetative area in the forest, marshy with shorter vegetation	2hr	2hr
5	Following cut block to Camp 6 Forest Road	253, 249	N	0.8km	+80m -30m	Thick cutblock section, wet foliage, slanted walking	2hr	1.5hr
TOTALS				8.5km	-110m		9hr	7.5hr

Anticipated issues & Contingencies
Issues: Descending a very steep, shaly area with dense tree cover, walking through a thick, wet cutblock section with slanted terrain.
Contingency Plan: Watch footing on steep areas, use vegetation for support, prepare for wet conditions.
Proposed exit plan: no near in-service roads (closest is Bugaboo Forest Creek Service Road), exit would require finding open space and calling for evacuation.

Daily Route Plan: Day 7

Group Leaders: Mili	Group Size: 7	
Departure Time: 8:45	Anticipated End Time: 1:00	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Camp 6, Forest Road	End Point Loc: Camp 7, Septet Range Lake
Weather Forecast: Consistent overcast, chilly, no rain		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Bushwhacking adjacent to creek, follow to 1950m	255, 252	N, NE	0.3km	+130m	Thick trees and foliage, steep incline following creek	0.5hr	0.5hr
2	Rocky bench, decision up to ridge, snack	254, 260	N	0.8km	+260m	Traversing upward towards small saddle, openish sections after thick vegetation, steep	1hr	1hr
3	Through ridge saddle, avoid un-hikeable steep terrain	253, 263	E	0.5km	+90m	Rocky section, with more steep vegetation traversing, slowly upward	0.5hr	0.5hr
4	Plan lake decision point, continue to next lake	263, 265	E	1.5km	+180m -80m	Trail walking down into valley, steeper sections, flattens out gradual uphill towards lakes	2hr	1hr
5	Camp 7, Septet Range Lake, Lunch	264, 267	E	200m	20m	Flattish area with trees and spaced out vegetation	<15min	<15min
			TOTALS	3.3km	+600m		4.25hr	3.25hr

Anticipated issues & Contingencies
Issues: Navigating through dense trees and steep terrain along a creek, navigating rocky terrain.
Contingency Plan: Use caution on steep slopes, remain cautious of vegetation and watch your footing, ensure secure footing on rocks.
Proposed exit plan: Exit would require finding open space and calling for evacuation.

Daily Route Plan: Day 8

Group Leaders: Zane/Leila	Group Size: 7	
Departure Time: 7:00	Anticipated End Time: 2:00	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Camp 7, Septet Range Lake	End Point Loc: Camp 8, Templeton Lake
Weather Forecast: Warm, Sunny, less smoke		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Below Septet sneak, find ridge path	277, 270	E	1.2km	+260m	Slow incline on grassy/spaced out vegetation, rocky climbing up, switchbacks on middle sized rock to bigger rock	1hr	1.5hr
2	Snack, best view of Grizzly Ridge and previous path, on Septet ridge	279, 271	E	0.5km	+170m	Steep ascent to saddle above Septet sneak	0.5hr	0.5hr
3	Before longer section of downclimb, decision on best route to Templeton	283, 263	NE	1.1km	-315m	Long descent into valley, steep and very rocky, started with bigger rocks and gradually became smaller	1hr	1.5hr
4	Lunch above Templeton, view of glaciers	290, 262	SE	1km	-310m	Steep dirt and rocky areas, small switchbacks, long descent	1.5hr	2hr
5	Down Hike to Camp 8, Templeton Lake	297, 263	E	0.8km	-170m	Rocky following dry creek bed descent	1hr	0.5hr
			TOTALS	4.3km	-375m		5hr	6hr

Anticipated issues & Contingencies
Issues: Rock travel, late trip fatigue.
Contingency Plan: Use switchbacks for controlled descent, watch for loose rocks, taking breaks.
Proposed exit plan: Journey towards cars depending on parked location.

Daily Route Plan: Day 9

Group Leaders: Will/Ian	Group Size:	
Departure Time: 7:30	Anticipated End Time: 9:15	
Map Sheet(s): 82K15 Grizzly Ridge	Start Loc: Camp 8, Templeton Lake	End Point Loc:
Weather Forecast: Sunny, less smoke		
Emergency Phone Numbers: RCMP Invermere 1(250)342-9292 , Jill Parnell (MRU) 1(403)978-0789		

Leg	Destination /Waypoint Description/Backstop	Grid Reference (MGR and Map Sheet code)	Bearing (or general direction) (N, NE, etc)	Dist. (km)	Elevation (+/-)	Terrain type/travel notes (on trail, rocky, swampy, etc)	Est. Time	Actual Time Used
1	Templeton Creek crossing		E	2.6km	+20m -225m	Trail following around lake, following creek	2hr	1hr
2	Cars		E	2km	+25m -80m	Follow creek into forest trail, mostly flat	2hr	1hr
			TOTALS	4.6km	-260		4hr	2hr

Anticipated issues & Contingencies
Issues: mostly n/a for travel, issues with cars are more probable.
Contingency Plan: Cars are chicken wired, gas tanks are full.
Proposed exit plan: N/A, this is exit day.

Trip Total

	Dist. (km)	Elevation Gain (- not included)	Est. Time	Actual Time Used
TOTALS	61.6km	+1,122	58.25hr	53.25hr