

# School of Hard Knocks - Home Learning Checklist

Name \_\_\_\_\_ Date \_\_\_\_\_

Core Classes – Must Complete			
Subject	Time/Ideas	Activity	Signature
Study Hall	60 minutes - School assignments, Google Classroom, video chats		
P.E.	30 minutes - Walking, weights, 4 square, running		
Language Arts	30 minutes – Read, write (journal, letter, poem), increase vocabulary		
Math	30 minutes – Xtra Math, ST Math		
Social Studies	30 minutes – Practice geography, explore a new culture, study a historical event		
Science	30 minutes – Mystery Science, do an experiment, STEM		
Technology / Communications	30 minutes – Coding, Nitrotype, Email		

4 hours

Electives – Choose 2			
Subject	Time/Ideas	Activity	Signature
Art	30 minutes – Draw or sketch, sew, take photographs, make videos, create		
Music	30 minutes – Listen to music, learn a new song, play an instrument,		
Culinary Arts	30 minutes – Cooking, baking, finding new recipes		
Family Studies	30 minutes – Game night, play cards, watch a show or movie together		

1 hour

Core Chores – Must Complete		
Chore	Complete	Signature