Kelvin Hall Growing Talent, Promoting Community

thrive co-operative learning trust

Year 10 - PSHE

Half-Term 1 03/09/25 - 24/10/25	*Week 1*	*Week 2*	*Week 3*	*Week 4*	*Week 5*	*Week 6*	*Week 7*	*Week 8*
	Topic 1: Being Me in my World							
Half-Term 2 03/11/25 - 18/12/25	*Week 1*	*Week 2*	*Week 3*	*Week 4*	*Week 5*	*Week 6*	*Week 7*	
	Topic 2: Celebrating Differences							
Half-Term 3 06/01/26 - 13/02/26	*Week 1*	*Week 2*	*Week 3*	*Week 4*	*Week 5*	*Week 6*		
	Topic 3: Healthy Me							
Half-Term 4 23/02/26 - 27/03/26	*Week 1*	*Week 2*	*Week 3*	*Week 4*	*Week 5*			
	Topic 4: Dreams and Goals							
Half-Term 5 13/04/26 - 22/05/26	*Week 1*	*Week 2*	*Week 3*	*Week 4*	*Week 5*	*Week 6*		
	Topic 5: Changing Me							
Half-Term 6 01/06/26 - 17/07/26	*Week 1*	*Week 2*	*Week 3*	*Week 4*	*Week 5*	*Week 6*	*Week 7*	
	Topic 5: Relationships							

In Year 10 PSHE students will learn about…

- ➔ Our impact on the world and what we want our impact on the world to be.
- ➔ What are the different protected characteristics and what is the law in the UK.
- ➔ How to make healthy choices in their life and the impact of harmful choices such as substance abuse.
- ➔ What might impact their dreams and goals in the future including work/life balance and social media
- ➔ How attitudes can change during adolescence and how to be a discerning consumer of information.
- ➔ Criminal behaviours in relationships including consent, sexual harrassment, rape and domestic abuse

Key

Progress Check Week
Key Assessment Week
End of Year Exam Week