

Updated 10/12/2025

MISSOURI USATF 12KM (7.45644 MILES) RECORDS

FEMALE OPEN

43:00*Reed Kimberly 30 Springfield MO 2018 Big 12

FEMALE 7 & Under

1:16:10* Fonseca Claudia 07 KC MO 2004 UMKCHH

FEMALE 08-09

1:07:05* Bradshaw Christina 09 Liberty MO 2002 UMKCHH

FEMALE 10-11

1:14:41 MeiserJesse 10 Wichita KS 2002 UMKCHH

1:15:00* AwbreyLauren11 KC MO 2004 UMKCHH

FEMALE 12-13

1:03:00 PishnyElle 13 Stilwell KS 1999 THHH

1:09:04* Toigo Talia 13 LS MO 1996 THHH

FEMALE 14-15

53:47 Payne Sarah 15 Topeka KS 1996 THHH

59:40*BuerkyBrooke15 Liberty MO 2006 THHH

FEMALE 16-17

51:28 Anderson Monica17 Shawnee KS 2002 UMKCHH

52:52*MaddoxAmy 16 Blue Springs MO 1997 THHH

FEMALE 18-19

47:00 PishnyElle 18 Stilwell KS 2004 UMKCHH

51:54*Mathfield Chaye 18 Bethany MO 1996 THHH

FEMALE 35-39

46:17*Ibbetson Sara 36 Ozark MO 2017 Big 12

FEMALE 40-44

47:36*ThomasBeverly 40 KC MO 1997 THHH

FEMALE 45-49

47:59 AndrewMichelle 46 Topeka KS 2018 Big 12

51:08 Laughlin Rosie 47 Springfield MO 2012 Panthr

FEMALE 50-54

53:40*Heap Joann 50 KC MO 2003 UMKCHH

FEMALE 55-59

57:55*McKinnis Karen 55 Fair Grove MO 2018 Big12

FEMALE 60-64

1:04:01* MacPherson Cynthia 63 Mountain Grove MO 2012 Panthr

FEMALE 65-69

1:10:10 Breslaur Fran 65 Lawrence KS 2006 HHH

1:10:34* Ritchhart Kathy 65 Carthage MO 2025 Clover

FEMALE 70-74

1:28:05* Reichert Beverly 70 Springfield MO 2018 HHH

FEMALE 75+

1:34:54* Mitchell Becky 75 Joplin MO 2025 Clover

FEMALE 80+

1:50:34* Otte Mary 80 KC MO 2005 UMKCHH

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MALE OPEN

37:16 Moore Joe 35 Manhattan KS 2019 Big 12
37:43*Legg Hayden26 Columbia MO 2017 Big 12

MALE 06-07

1:38:31 GoslinNicholas 06 Shawnee KS 1997 THHH

MALE 10-11

52:55*Russo Austin11 Springfield MO 2012 Panthr

MALE 12-13

50:58*Zoughaib William 12 Ste Genevieve MO 2011 Sat7

MALE 14-15

47:12*Hendrickson Landon15 Rogersville MO 2018 Big 12

MALE 16-17

43:40*Bird Joshua16 St Joseph MO 2004 UMKCHH

MALE 18-19

41:10 DexterDale 19 Hoyt KS 2000 THHH
42:43*Rollins Josh 18 Blue Springs MO 2006 HHH

MALE 35-39

40:32 Juba Ed 35 OP KS 1998 THHH
41:52*HarrisDave 35 Gladstone MO 1996 THHH

MALE 40-44

41:15*Brandon Charles 40 KC MO 1996 THHH

MALE 45-49

41:01*Wegenka Matt 47 Springfield MO 2012 Panthr

MALE 50-54

42:42*Gray Charlie 50 LS MO 2004 UMKCHH

MALE 55-59

46:13*Kincaid Bobby 59 Farley MO 1996 THHH
(USATF national single age record by Kincaid)

MALE 60-64

46:54 WilsonDick 64 Lawrence KS 1996 THHH
(USATF national single age record by Wilson)
49:21*Lang Kent 60 Sedalia MO 2023 Katy

MALE 65-69

49:18 Heitzman Paul 66 Eudora KS 1997 THHH
50:27!Heitzman Paul 69 Eudora KS 2000 THHH
(!USATF national single age record by Heitzman)
53:53*Howland John 66 Jeff City MO 2016 Big 12

MALE 70-74

51:21*Coeme Henri 72 Neosho MO 2025 Clover

MALE 75-79

1:10:09* Mahoney Bob 76 Springfield MO 2003 UMKCHH

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MALE 80-84

1:47:52*	Blackman	Allan	84 KC MO	1996	THHH
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MALE 85 & Over

1:49:46*	Burnham	Ed	86 KC MO	2006	HHH
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FEMALE OPEN

43:00*	Reed	Kimberly	30	Springfield MO	2018	Big12
43:06	Reed	Kimi	31	Springfield MO	2019	Big12
43:25	Fogarty	Sarah	23	KC MO	2018	Big12
44:06	Regan	Amy	24	Lenexa KS	2019	Big12
44:16	Reed	Kimi	29	Springfield MO	2017	Big12
44:39	StilesJackie	32	Springfield MO	2011	Panthr	
44:42	Carreon	Chandler	23	KC MO	2019	Big12
45:31	Tanui	Susan	28	Junction City KS/KEN	2016	Big12
45:35	Kogel	Stephanie	23	KC MO	2016	Big12
45:41	BowdenMeghan	28	Ames IA	2016	Big12	
46:17	Ibbetson	Sara	36	Ozark MO	2017	Big12
46:24	Notarianni	Tara	24	OP KS	2017	Big12
46:50	McDonald	Lindsey	25	KC MO	2017	Big12
47:00	PishnyElle	18	Stilwell KS	2004	UMKCHH	
47:03	Ibbetson	Sara	37	Ozark MO	2018	Big12
47:05	Pinegar	Amy	36	Springfield MO	2011	Panthr
47:16	McFarland	Marjorie	28	Independence KS	1996	THHH
47:17	WilderRebecca	23	Davenport IA	2016	Big12	
47:35	Notarianni	Tara	25	KC MO	2018	Big12
47:36	ThomasBeverly	40	KC MO	1997	THHH	
47:38	Righeimer	Vanessa	23	KC MO	2016	Big12
47:43	Notarianni	Tara	23	KC MO	2016	Big12
47:53	ThomasBeverly	43	KC MO	2000	THHH	
47:59	McLaughlin	Irene	37	San Francisco CA	1996	THHH
48:08	Ritchie	Tammy	30	Wichita KS	2003	UMKCHH
48:46	Kruse	Kim	27	Raymore MO	1996	THHH
48:53	Spencer	Valerie	24	Lenexa KS	1999	THHH
49:00	HauserKatie	42	Columbia MO	20024	Katy	
49:02	Loyd	Bailey26	Lenexa KS	2018	Big12	
49:07	Ritchie	Tammy	29	Wichita KS	2002	UMKCHH
49:11	Gosnell	Theresa	26	Omaha NE	1998	THHH
49:30	Norfleet	Rachel24	OP KS	2018	Big12	
49:46	Todd	Tina	22	Maple Hill KS	2005	UMKCHH
49:52	Thompson	Valerie	25	Olathe KS	2000	THHH
49:59	Loyd	Bailey25	Lenexa KS	2017	Big12	
50:02	Latimer	Nicole20	OP KS	2001	UMKCHH	
50:02	PierceAnnette	41	Baldwin City KS	2003	UMKCHH	
50:08	Owen	Beverly	38	Smithville MO	2003	UMKCHH
50:18	CaneseKathi	38	Arlington VA	1996	THHH	
50:26	Schlick	Trisha41	Ames IA	2016	Big12	
50:36	Tompkins	Jane	38	Fairway KS	1996	THHH
50:43	Wimberley	Alicia33	Republic MO	2012	Panthr	
50:45	ShippsJoann	35	Maryville MO	2000	THHH	
50:54	Dowling	Marcia44	KC MO	1997	THHH	
50:56	Johnson	Joni	26	Olathe KS	1999	THHH
50:57	McNerney	Meg	38	Leawood KS	1996	THHH
51:00	Francis	Jennifer	19	OP KS	1997	THHH
51:02	WegmanRoxanne	25	Ft Leonard Wood MO	2012	Panthr	
51:08	Laughlin	Rosie	47	Springfield MO	2012	Panthr
51:03	ShippsJoann	33	Maryville MO	1998	THHH	
51:12	McFarland	Marjorie	32	Independence KS	2000	THHH
51:21	GirardLaura	33	NA	2006	HHH	
51:21	ShippsJoann	32	Maryville MO	1997	THHH	
51:21	Latimer	Nicole19	Overland Park KS	2000	THHH	
51:22	Kuklenski	Rebecca	20	Gladstone MO	2001	UMKCHH
51:26	Putthoff	Leann	26	Belton MO	1997	THHH
51:28	Allen	Heidi	29	LS MO	2001	UMKCHH
51:28	Anderson	Monica17	Shawnee KS	2002	UMKCHH	
51:38	Backman	Alexa	25	KC MO	2016	Big12
51:45	RennerEmily	26	Beresford SD	2016	Big12	
51:49	Flowers	Andrea24	Shawnee OK	2015	Big12	

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51:54	Mathfield	Chaye	18	Bethany MO	1996	THHH
51:57	Tompkins	Jane	41	Fairway KS	1999	THHH
51:57	Baker	Alicia	27	PV KS	2018	Big12
52:01	Flowers	Andrea	27	Norman OK	2018	Big12
52:03	Messner	Anne	21	Leawood KS	2001	UMKCHH
52:10	Lakin	Jessica	42	Springfield MO	2011	Panthr
52:10	Flouer	Miriam	41	Springfield MO	2011	Panthr
52:15	Tompkins	Jane	42	Fairway KS	2000	THHH
52:15	Haake	Marissa	21	Olathe KS	2015	Big12
52:15	Meyer	Lindsey	30	Omaha NE	2015	Big12
52:18	Flowers	Andrea	25	Shawnee OK	2016	Big12
52:19	Daro	Rebakah	19	Wellington MO	2001	UMKCHH
52:27	Macnevin	Rachel	28	Wamego KS	2017	Big12
52:36	Greenwood	Kathryn	22	Olathe KS	2005	UMKCHH

FEMALE 7 & Under

1:16:10*	Fonseca	Claudia	07	KC MO	2004	UMKCHH
1:21:12	Fonseca	Claudia	06	KC MO	2003	UMKCHH

FEMALE 08-09

67:05*	Bradshaw	Christina	09	Liberty MO	2002	UMKCHH
67:34	Fonseca	Claudia	09	KC MO	2006	HHH
77:55	O'Keefe	Kathleen	09	Mission Hills KS	2005	UMKCHH
78:45	Fonseca	Claudia	08	KC MO	2005	UMKCHH

FEMALE 10-11

64:08*	Rusley	Alexis	11	KC MO	2018	Big12
74:41	Keiser	Jesse	10	Wichita KS	2002	UMKCHH
75:00	Awbrey	Lauren	11	KC MO	2004	UMKCHH
81:02	Veit	Jessica	10	Jeff City MO	1996	THHH
81:31	Box	Anna	10	De Kalb MO	2018	HHH
86:55	Smith	Sierra	11	Blue Springs MO	2005	UMKCHH

FEMALE 12-13

63:00	Pishny	Elle	13	Stilwell KS	1999	THHH
63:28	Wisdom	Isabel	12	Prairie Village KS	2019	Big12
69:04*	Toigo	Talia	13	LS MO	1996	THHH
71:14	Knott	Zahra	13	Derby KS	1996	THHH
74:42	Dolliver	Aubrie	12	Mission KS	2003	UMKCHH
74:49	Martin	Julie	13	Shawnee KS	1997	THHH

FEMALE 14-15

53:47	Payne	Sarah	15	Topeka KS	1996	THHH
59:40*	Buerky	Brooke	15	Liberty MO	2006	HHH
59:59	Still	Amy	15	Liberty MO	1996	THHH
60:06	Sample	Blair	15	Kearney MO?	2003	UMKCHH
60:20	Connery	Jessica	15	Kearney MO	2006	HHH
60:21	Oxandale	Courtney	15	Holt MO	2006	HHH
60:29	Garder	Kate	15	KC MO	1996	THHH
60:45	Maddox	Amy	15	Blue Springs MO	1896	THHH
61:22	Bean	Katie	15	Smithville MO	2016	Big12
62:45	Bowlin	Rachel	14	Parkville MO	2003	UMKCHH
63:08	Speights	Karla	14	Springfield MO	2012	Panthr
63:17	Graber	Katy	15	Liberty MO	1996	THHH
64:28	Hartman	Payton	14	Smithville MO	2006	HHH
66:17	Nathenson	Sophie	14	Lincoln NE	1999	THHH
66:18	Streich	Francie	14	Lincoln NE	1999	THHH
67:23	Toigo	Talia	14	LS MO	1997	THHH
68:18	Wegman	Katie	15	Shawnee MO	1997	THHH

FEMALE 16-17

51:28	Anderson	Monica	17	Shawnee KS	2002	UMKCHH
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52:51	Payne	Sarah	16 Topeka KS	1997	THHH	
52:52*	MaddoxAmy	16 Blue Springs MO	1997	THHH		
53:26	Glatt	Sarah	16 OP KS	2001	UMKCHH	
54:18	Waers	Jennifer	16 PV KS	1997	THHH	
54:55	Gardner	Jennifer	17 Leawood KS	1996	THHH	
57:27	ShanksJody	17 Liberty MO	1996	THHH		
58:34	Messick	Sydney17 Topeka KS	2006	HHH		
58:38	Waers	Jennifer	17 PV KS	1998	THHH	
58:42	DriverLaura	17 Parkville MO	2003	UMKCHH		
58:44	ShanksJodi	17 Kirksville MO	1998	THHH		
58:54	MaddoxAmy	17 Blue Springs MO	1998	THHH		
59:13	Winn	Kathryn	17 Leawood KS	1997	THHH	
59:13	Marsh	Angie	17 Allen KS	1997	THHH	
59:43	GarrenAshley	17 Topeka KS	2006	HHH		
60:00	Hall	Pamela17 KC KS	1997	THHH		
60:16	Borelli	Emily	17 OP KS	2004	UMKCHH	
60:38	Poehlman	Kara	16 KC MO	2000	THHH	

FEMALE 18-19

51:00	Francis	Jennifer	19 OP KS	1997	THHH	
51:21	Latimer	Nicole19 OP KS	2000	THHH		
51:54*	Mathfield Chaye	18 Bethany MO	1996	THHH		
52:05	EnsignChristine	19 Lawson MO	2003	UMKCHH		
52:19	Daro	Rebakah	19 Wellington MO	2001	UMKCHH	
52:40	Trout	Becky	18 Leawood KS	1996	THHH	
53:56	Kuklenski	Rebecca	19 KC MO	2000	THHH	

FEMALE 35-39

46:17*	Ibbetson Sara	36 Ozark MO	2017	Big12		
47:03	Ibbetson	Sara	37 Ozark MO	2018	Big12	
47:05	Pinegar	Amy	36 Springfield MO	2011	Panthr	
47:59	McLaughlin	Irene	37 San Francisco CA	1996	THHH	
50:08	Owen	Beverly	38 Smithville MO	2003	UMKCHH	
50:18	CaneseKathi	38 Arlington VA	1996	THHH		
50:36	Tompkins	Jane	38 Fairway KS	1996	THHH	
50:45	ShippsJoann	35 Maryville MO	2000	THHH		
50:57	McNerney	Meg	38 Leawood KS	1996	THHH	
52:46	Muse	Janet	36 KC KS	1997	THHH	
53:02	HugheyKaren	37 OP KS	2003	UMKCHH		
53:09	HugheyKaren	35 OP KS	2001	UMKCHH		
53:16	GrumanMaeluen	36 OP KS	2016	Big12		
53:24	Lenahan	Sanya	36 Springfield MO	2011	Panthr	
53:56	Gelsthorpe	Marlene	39 Enid OK	1997	THHH	
54:05	Harrison	Liz	35 Olathe KS	2019	Big12	
54:40	FrenchJessica	37 KC MO	2019	Big12		
54:52	Lord	Ann	37 Leavenworth KS	1997	THHH	
55:14	Williams	Gretchen	36 KC MO	2000	THHH	
55:36	Siegrist	Katie	38 Wichita KS	2018	HHH	
55:44	McNerney	Meg	39 Leawood KS	1997	THHH	
55:50	Hagan	Maggie35 Liberty MO	1998	THHH		
56:00	Wray	Debra	35 Leawood KS	2018	Big12	

FEMALE 40-44

47:36*	ThomasBeverly	40 KC MO	1997	THHH		
47:53	ThomasBeverly	43 KC MO	2000	THHH		
49:00	HauserKatie	42 Columbia MO	2024	Katy		
50:02	PierceAnnette	41 Baldwin City KS	2003	UMKCHH		
50:26	Schlick	Trisha41 Ames IA	2016	Big12		
50:54	Dowling	Marcia44 KC MO	1997	THHH		
51:57	Tompkins	Jane	41 Fairway KS	1999	THHH	
52:04	T-Scheib	Wanda	42 Lenexa KS	2005	UMKCHH	
52:10	Lakin	Jessica	42 Springfield MO	2011	Panthr	

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52:10	FlouerMiriam	41	Springfield MO	2011	Panthr	
52:15	Tompkins	Jane	42 Fairway KS		2000	THHH
53:21	Martens	Jamie	42 Mission KS		2018	HHH
53:47	Lowrance	Becky	42 Branson MO		2000	THHH
53:53	WatsonMiriam	42	NA	2012	Panthr	
54:38	Richman	Surah	40 MO		2003	UMKCHH
54:43	Ricketts	Jackie	40 Shawnee KS		2004	UMKCHH
55:37	GravesSarah	41	Liberty MO		2015	Big12
55:41	Lord	Ann	40 Leavenworth KS		2000	THHH
56:11	Richman	Surah	41 OP KS		2004	UMKCHH
56:17	Johnson	Debbie	43 Lenexa KS	1997	THHH	
56:22	Giordoni	Louise	40 Roeland Park KS	2001	UMKCHH	
56:45	Boal	Jan	43 OP KS		1997	THHH
56:49	Dippold	Kelly	43 OP KS		2004	UMKCHH
57:11	Lowrance	Becky	41 Branson MO		1999	THHH
57:13	Lord	Ann	44 Leavenworth KS		2004	UMKCHH
57:24	AdreonCara	41	Shawnee KS	2018	HHH	
57:27	Dippold	Kelly	42 OP KS		2005	UMKCHH
57:30	MurphyAnne	42	Topeka KS	2001	UMKCHH	
58:11	Lord	Ann	43 Leavenworth KS		2003	UMKCHH
58:18	Lord	Ann	41 Leavenworth KS		2001	UMKCHH
58:19	Metcalfe	Amy	40 Olathe KS		2005	UMKCHH
58:21	Dresh	Terrie	41 Joplin MO	1996	THHH	
58:28	Elgas	Jaime	42 Leawood KS		2019	Big12
58:33	Muse	Janet	41 KC KS		2002	UMKCHH
58:36	Rader	Bertie	43 Springfield MO	2012	Panthr	
58:50	Capehart	Caroline	41 Pittsburg KS		2019	Big12
58:51	Stillwell	Christy	41 Mountain Grove MO		2011	Panthr
59:16	Dodd	Kimberly	43 Leawood KS		2003	UMKCHH
59:32	SeaverSharon	41	LS MO	2003	UMKCHH	
59:39	Dodd	Kimberly	41 Leawood KS		2001	UMKCHH
59:40	Dresh	Terrie	42 Joplin MO	1997	THHH	
59:42	Dodd	Kimberly	40 Leawood KS		2000	THHH
59:44	Christensen	Kelly	43 Topeka KS		2006	HHH
59:54	Welshans	Martha	40 KC MO		1996	THHH
59:54	Reed	Shelley	40 LS MO		2015	Big12
60:01	FisherLinda	42	OP KS	1997	THHH	
60:03	Worthington	Julie	40 Leawood KS		2001	UMKCHH

FEMALE 45-49

47:59	AndrewMichelle	46	Topeka KS	2018	Big12	
51:08*	Laughlin	Rosie	47 Springfield MO	2012	Panthr	
53:12	Calloway	Trudy	49 Wichita KS		1997	THHH
53:52	Worrell	Christy	47 Farlington KS		2025	Clover
53:55	Heap	Joann	48 KC MO		2001	UMKCHH
54:15	Dowling	Marcia	46 OP KS	1999	THHH	
54:46	Tompkins	Jane	47 Fairway KS		2005	UMKCHH
56:25	Mohr	Mari	45 Wichita KS		2000	THHH
56:35	Delay	Teresa	46 Blue Springs MO	2016	Big12	
56:40	Tompkins	Jane	48 Fairway KS		2006	HHH
56:46	Prewitt	Janis	47 Springfield MO		2012	Panthr
57:15	Fitch	Diana	47 Liberty MO		2001	UMKCHH
57:27	CoffeyJill	49	Kearney MO	2015	Big12	
57:30	Fitch	Diana	48 Liberty MO		2002	UMKCHH
57:45	Sailors	Pam	49 Springfield MO		2012	Panthr
57:53	Seffens	Danette	46 Olathe KS	2018	HHH	
57:56	Lord	Ann	45 Leavenworth KS		2005	UMKCHH
58:03	SiegelDianne	45	Tempe AZ	2001	UMKCHH	
58:14	Hart	Shelly	45 OP KS		2019	Big12
58:48	Johnson	Debbie	45 Lenexa KS	1999	THHH	
58:52	Lord	Ann	46 Leavenworth KS		2006	HHH
58:54	SiegelDianne	47	Tempe AZ	2003	UMKCHH	

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58:56	Campbell	Maryann	45 Lebanon MO	2004	UMKCHH
59:24	Delay	Teresa	47 Blue Springs MO	2017	Big12
59:57	Steer	Bonnie	49 Olathe KS	2018	Big12
60:01	Winter	Carol	49 Uniontown MO	2011	Sat7
60:07	Medley	Leigh Ann	46 Rogersville MO	2012	Panthr
60:14	Boal	Jan	45 OP KS	1999	THHH
60:28	Spray	Tammy	45 Lawrence KS	2001	UMKCHH
60:33	Aeschliman	Joleen	45 Tecumseh KS	1997	THHH
60:40	Lewis	Jan	46 OP KS	1996	THHH
61:03	Hartman	Sam	48 PV KS	1996	THHH
61:14	Coy	Charisse	47 Hartville MO	2011	Panthr
61:23	Delay	Teresa	48 Blue Springs MO	2018	Big12
61:40	Tinnen	Kathy	45 KC MO	2000	THHH
61:46	Allen	Erin	46 Ft Worth TX	2005	UMKCHH
62:10	McGrath	Suzanne	49 Independence MO	1996	THHH
62:12	Greenwood	Sharon	49 Lenexa KS	2002	UMKCHH
62:21	Wiens	Kristen	47 Lawrence KS	2018	HHH
62:26	Beck	Vernita	48 Independence MO	1996	THHH
62:27	Moser	Marilyn	46 LS MO	2001	UMKCHH
62:38	Jacobson	Dawn	49 Edmond OK	2003	UMKCHH
63:00	Millar	Linda	49 OP KS	1996	THHH

FEMALE 50-54

53:40*	Heap	Joann	50 KC MO	2003	UMKCHH
54:18	Hutchison	Jane	54 Webb City MO	2000	THHH
54:55	Miller	Barbara	53 Key Largo FL	2019	Big12
55:31	Dowling	Marcia	50 OP KS	2003	UMKCHH
56:09	McKinnis	Karen	50 Fair Grove MO	2012	Panthr
57:12	Sowell	Alexandra	50 OP KS	2005	UMKCHH
57:14	Burton	Vera	51 Atlanta KS	1998	THHH
57:48	McKinnis	Karen	53 Fair Grove MO	2016	Big12
58:39	Reed	Tiffany	54 Smithville MO	2018	HHH
59:07	Shipps	JoAnn	53 Shawnee KS	2018	HHH
59:33	Bullard	Carol	51 Springfield MO	2012	Panthr
59:41	Koon	Traci	50 Kearney MO	2015	Big12
60:44	Kilbride	Suzi	54 KC MO	2001	UMKCHH
60:53	Turner	Suzie	53 Shawnee KS	1996	THHH
61:30	Stueve	Lynette	52 Topeka KS	2017	Big12
61:33	Bullard	Carol	50 Springfield MO	2011	Panthr
61:48	Moore	Nancy	53 OP KS	1996	THHH
62:01	Krempges	Sonja	53 Springfield MO	2011	Panthr
62:11	Mier	Melba	53 St Joe MO	2001	UMKCHH
62:25	Pilgram	Susan	50 Boulder CO	2018	HHH
62:41	Turner	Suzie	54 Shawnee KS	1997	THHH
62:52	Asher	Jeanie	50 Cape Girardeau MO	2011	Sat 7
63:25	Roberts	Ellen	50 OP KS	2003	UMKCHH
63:47	Osterwald	Jan	50 OP KS	2006	HHH
63:50	Edwards	Mary	50 KC MO	1999	THHH
64:00	Hampton	Marie	53 Wichita KS	2006	HHH
64:09	Haley	Mary	52 KC MO	1996	THHH
64:13	Sevcik	Lisa	54 Cedar Falls IA	2016	Big12
64:15	Kersting	Kathryn	54 NKC MO	2019	Big12
64:32	Romans	Donna	52 KC MO	2000	THHH
64:45	Whittington	Terry	51 Olathe KS	1996	THHH
64:45	Siebenlist	Cris	50 KC KS	1999	THHH
64:56	Suter	Ramona	50 Lenexa KS	2017	Big12
65:00	Calvert	Slavica	52 Chillicothe MO	2017	Big12
65:04	Siebenlist	Cris	51 KC KS	2000	THHH
65:09	Mier	Melba	54 St Joe MO	2002	UMKCHH
65:15	Schell	Tricia	50 Olathe KS	2001	UMKCHH
65:22	Duesterhaus	Sandra	50 KC MO	2017	Big12
65:43	Romans	Donna	51 KC MO	1999	THHH

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65:51	Piekarski	Connie	50	Lenexa KS	2000	THHH	
65:54	Wood	Molly	50	Lawrence KS		2005	UMKCHH
66:05	Bashor	Mari	51	Fairway KS	2000	THHH	
66:08	Quick	Michon	52	Shawnee KS	2016	Big12	
66:10	Suter	Ramona	52	KC KS	2019	Big12	
66:13	Vawter	Susie	50	KC MO	2018	Big12	
66:24	Schell	Tricia	54	OP KS	2005	UMKCHH	
66:36	Piekarski	Connie	51	Lenexa KS	2001	UMKCHH	
66:42	Romans	Donna	53	KC MO	2001	UMKCHH	
66:51	Letourneau	Rae	53	Olathe KS	2015	Big12	
66:52	Winters	Betty	54	Ogden UT	2018	Big12	
66:56	Compton	Diane	54	Shawnee KS	1997	THHH	
66:57	Smith	PJ	52	OP KS	2004	UMKCHH	
66:59	Gardner	Ann	52	KC MO	2001	UMKCHH	
67:06	McGrath	Suzanne	50	Independence MO	1997	THHH	

FEMALE 55-59

57:55*	McKinnis	Karen	55	Fair Grove MO	2018	Big12	
59:55	Calloway	Trudy	57	Wichita KS	2005	UMKCHH	
61:27	Merra	Cathy	57	Amherst NH	2017	Big12	
61:53	Harmony	Judith	57	Cincinnati OH	2001	UMKCHH	
62:36	Wallace	Deborah	57	Fair Grove MO	2016	Big12	
63:47	Cain	Kristy	57	W Des Moines IA	2017	Big12	
63:51	Wallace	Deborah	56	Fair Grove MO	2015	Big12	
63:54	Croese	Sarah	56	Galesburg IL	2012	Panther	
64:06	Cain	Kristy	58	Urbandale IA	2018	Big12	
64:10	Letourneau	Rae	56	Olathe KS	2018	Big12	
64:25	Letourneau	Rae	55	Olathe KS	2017	Big12	
64:47	Fields	Mary	55	KC MO	1996	THHH	
65:16	LaFoe	Sharon	57	Wichita KS	2003	UMKCHH	
66:01	Letourneau	Rae	57	Olathe KS	2019	Big12	
66:01	Cain	Kristy	59	Urbandale IA	2019	Big12	
66:12	Mier	Melba	55	St Joseph MO	2003	UMKCHH	
67:03	Good	Deborah	59	Springfield MO	2011	Panther	
67:18	Kilbride	Suzi	55	KC MO	2002	UMKCHH	
67:18	Romans	Donna	56	KC MO	2004	UMKCHH	
67:22	Teegarden	Suzanne	57	Cambridge MA	2005	UMKCHH	
67:40	Johnson	Elizabeth	58	Leawood KS	2018	Big12	
68:02	Romans	Donna	55	KC MO	2003	UMKCHH	
68:13	Piekarski	Connie	55	Lenexa KS	2005	UMKCHH	
68:34	Teegarden	Suzanne	56	Cambridge MA	2004	UMKCHH	
68:36	Crossett	Gretchen	59	Liberty MO	2016	Big12	
68:36	Daugharthy	Angie	57	Ottawa KS	2017	Big12	
68:37	Sevcik	Lisa	55	Cedar Falls IA	2017	Big12	
69:06	Talge	Janice	59	Leawood KS	1996	THHH	
69:15	Teegarden	Suzanne	55	Cambridge MA	2003	UMKCHH	
69:17	Nagle	Donna	56	Kirkwood MO	1996	THHH	
69:23	Piekarski	Connie	56	Lenexa KS	2006	HHH	
69:38	Barkley	Mary	58	OP KS	1999	THHH	
69:38	Kimmis	Shanna	55	KC MO	2018	HHH	
69:54	Walz	Nancy	55	PV KS	2003	UMKCHH	
69:56	Bertels	Pam	59	Lenexa KS	2018	HHH	
70:11	Shea	Christel	57	Topeka KS	1998	THHH	
70:15	Martin	Kristy	56	Nixa MO	2011	Panther	
70:18	Ronning	Judy	56	Olathe KS	2002	UMKCHH	
70:19	Kirkman	Donetta	57	KC MO	2015	Big12	
70:20	Banks	Barbara	56	KC MO	2016	Big12	
70:39	Sevcik	Lisa	57	Cedar Falls IA	2019	Big12	
70:41	Fonner	Maribeth	56	Lenexa KS	2004	UMKCHH	
70:56	Kilbride	Suzi	57	KC MO	2004	UMKCHH	
71:14	Turner	Suzie	56	Shawnee KS	1999	THHH	
71:25	Penn	Jody	55	Paola KS	2017	Big12	

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71:40	Chieppo	Susan	56 Platte City MO	2004	UMKCHH
72:04	Lyssy	Terry	56 Lenexa KS	2017	Big12
72:34	Zilm	Peggy	57 KC MO	2003	UMKCHH
73:11	Heidlage	Rebecca	55 OP KS	1998	THHH
73:17	Walz	Nancy	58 PV KS	2006	HHH
73:36	Harbaugh	Marsha	55 Atlanta GA	2005	UMKCHH
73:57	DeckerDonna		56 Greenwood MO	2000	THHH
74:13	Heidlage	Rebecca	56 OP KS	1999	THHH
74:37	Neufeld	Cheryl	55 Shawnee KS	2015	Big12
74:47	LabartPaula		55 KC MO	2004	UMKCHH

FEMALE 60-64

55:40	Wickstrom	Andriette	61 Storm Lake IA	2016	Big12
64:01*	MacPherson	Cynthia	63 Mountain Grove MO	2012	Panthr
65:08	MacPherson	Cynthia	62 Mountain Grove MO	2011	Panthr
69:28	Crossett	Gretchen	61 Liberty MO	2018	Big12
69:55	Byron	Linda	60 OP KS	2017	Big12
70:22	Talge	Janice	60 Leawood KS	1997	THHH
70:48	Crossett	Gretchen	62 Liberty MO	2018	HHH
71:27	Crossett	Gretchen	63 Liberty MO	2019	Big12
72:31	Baxendale	Joann	61 OP KS	2018	HHH
72:33	Talge	Janice	62 Leawood KS	1999	THHH
72:58	Cupp	Carolyn	64 Liberty MO	2018	HHH
73:36	Talge	Janice	61 Leawood KS	1998	THHH
74:18c	Shannon	Clara	64 Rogersville MO	2011	Panthr
74:23	Talge	Janice	64 Leawood KS	2001	UMKCHH
74:57	Talge	Janice	63 Leawood KS	2000	THHH
75:13	Nott	Patricia	61 OP KS	2004	UMKCHH
76:37	DeckerDonna		60 Greenwood MO	2001	UMKCHH
77:19	Williams	Ann	64 OP KS	1996	THHH
78:51	HilgenEarlene		60 Omaha NE	1998	THHH
78:57	Ricky	Virginia	60 Wichita KS	1997	THHH
79:11	Monk	Jane	63 OP KS	2002	UMKCHH
80:05	McClain	Arthelle	64 KC KS	1996	THHH
80:24	Agnew	Jan	60 KC MO	2006	HHH
80:26	WrightDarlene		63 Peru NE	2004	UMKCHH
80:49	Buchanan	Jean	63 Stanley KS	1998	THHH

FEMALE 65-69

1:10:10	Breslauer	Jan	65 Lawrence KS	2006	HHH
1:10:34*	Ritchhart	Kathy	65 Carthage MO	2025	Clover
1:11:40	Brown	Vida Kay	65 Lebanon MO	2011	Panthr
1:12:30	Smith	Cindy	66 OP KS	2015	Big12
1:14:23	GangelBarb		68 Leawood KS	2018	Big12
1:16:42	Talge	Janice	66 Leawood KS	2003	UMKCHH
1:16:47	Specking	Mary	66 St Charles MO	1997	THHH
1:17:32	RomansDonna		67 KC MO	2015	Big12
1:17:58	Talge	Janice	67 Leawood KS	2004	UMKCHH
1:18:59	Talge	Janice	68 Leawood KS	2005	UMKCHH
1:19:13	Talge	Janice	69 Leawood KS	2006	HHH
1:19:30	Monk	Jane	66 OP KS	2005	UMKCHH
1:20:25	Monk	Jane	67 OP KS	2006	HHH
1:20:32	Buchanan	Jean	65 Stanley KS	2000	THHH
1:21:21	Hedgpeth	Kathie	66 Rogersville MO	2012	Panthr
1:21:31	Talge	Janice	65 Leawood KS	2002	UMKCHH
1:23:21	Moore	Judy	65 Mission KS	2006	HHH
1:24:30	VanwayTerri		65 Wichita KS	2018	HHH
1:24:51	Jiles	Anne	66 Webb City MO	2025	Clover

FEMALE 70-74

1:28:05*	Reichert	Beverly	70 Springfield MO	2018	HHH
1:36:13	Thrutchley	Bobbie	70 Leawood KS	2001	UMKCHH

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1:40:41	Thrutchley	Bobbie72	Leawood KS	2003	UMKCHH
1:42:56	Thrutchley	Bobbie71	Leawood KS	2002	UMKCHH
1:43:05	McClure	Mary Ann	73 Independence MO	2018	HHH
1:44:50	Thrutchley	Bobbie73	Leawood KS	2004	UMKCHH
1:54:45	TaylorSylvia	74 KC MO	2018	HHH	
2:05:00	Willingham	Barbara	71 KC MO	2005	UMKCHH
2:07:36	Willingham	Barbara	72 KC MO	2006	HHH

FEMALE 75-79

1:34:54*	Mitchell	Becky	75 Joplin MO	2025	Clover
1:45:02	Otte	Mary	78 KC MO	2003	UMKCHH
1:52:54	Moore	Judy	77 PV KS	2018	HHH
1:56:30	Otte	Mary	79 KC MO	2004	UMKCHH

FEMALE 80+

1:50:34*	Otte	Mary	80 KC MO	2005	UMKCHH
1:50:41	Otte	Mary	81 KC MO	2006	HHH

MALE OPEN

37:16	Moore	Joe	35 Manhattan KS	2019	Big12
37:22	Zarda	Zac	29 Olathe KS	2019	Big12
37:28	LandesEvan		24 Lawrence KS	2017	Big12
37:43*Legg	Hayden	26	Columbia MO	2017	Big12
37:58	Frank	Mason	27 Denver CO	2017	Big12
38:12	Weber	Tony	23 Leavenworth KS	2019	Big12
38:13	Garrard	Justin28	Philadelphia PA	2016	Big12
38:19	Garrard	Justin27	Liberty MO	2015	Big12
38:20	SevcikDavid		26 Cedar Falls IA	2017	Big12
38:31	Colon	Kevin	24 LS MO	2016	Big12
38:32	SevcikDavid		28 Denver CO	2019	Big12
38:35	Wegenka	Matt	34 Springfield MO	1999	THHH
38:36	CernikColin		24 KC KS	2019	Big12
38:40	SevcikDavid		24 Cedar Falls IA	2015	Big12
39:11	Baden	Josh	29 Lawrence KS	2019	Big12
39:14	Mantell	Steve	27 OP KS	2019	Big12
39:23	Baden	Josh	25 Lawrence KS	2015	Big12
39:30	Zarda	Zach	27 Lawrence KS	2018	Big12
39:53	Tate	Derek	35 KC MO	2015	Big12
39:55	Martinez	Fernando	27 Wichita KS	2003	UMKCHH
40:07	Baden	Josh	28 Lawrence KS	2018	Big12
40:08	Orr	Joseph25	Manchester MO	1996	THHH
40:09	SchmidTim		41 KC MO	1999	THHH
40:14	Bogue	Cameron	23 LS MO	2017	Big12
40:15	Hernandez	Gerardo	26 LS MO	2018	Big12
40:16	StrootNate		28 LS MO	2003	UMKCHH
40:27	Bartram	Thad	23 Kearney MO	1996	THHH
40:30	KnightJohn		23 KC MO	2004	UMKCHH
40:32	Juba	Ed	35 OP KS	1998	THHH
40:33	Lee	Derek	24 Springfield MO	2016	Big12
40:38	KnightJohn		22 KC MO	2003	UMKCHH
40:44	PalmerBrett		24 LS MO	1996	THHH
40:49	Mantell	Steve	26 OP KS	2018	Big12
40:52	BeevorLuke		35 Cape Girardeau MO	2019	Big12
40:57	Misch	Mark	23 Coffeyville KS	1996	THHH
41:00	Gutierrez,III	Joe	32 Wichita KS	2002	UMKCHH
41:01	Wegenka	Matt	47 Springfield MO	2012	Panthr
41:04	KosgeiSamueal		32 Junction City KS	2017	Big12
41:10	DexterDale		19 Hoyt KS	2000	THHH
41:11	Straubel	John	28 KC MO	2001	UMKCHH
41:15	Brandon	Charles	40 KC MO	1996	THHH
41:18	Ducharme	Daniel23	St Louis Park MN	2015	Big12
41:22	MorenoJamie		31 Warrensburg MO	2003	UMKCHH

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41:30	Moreno	Jamie	26	Warrensburg MO	1998	THHH	
41:44	Moreno	Jamie	33	Columbia MO	2005	UMKCHH	
41:44	Schmidt	Joel	24	Lenexa KS	2005	UMKCHH	
41:52	Harris	Dave	35	Gladstone MO	1996	THHH	
41:47	Nichols	Chris	36	Leawood KS	1997	THHH	
41:50	Worley	Greg	37	Ft Leavenworth KS	2004	UMKCHH	
41:56	Gray	Charlie	47	KC MO	2001	UMKCHH	
41:58	Nichols	Chris	35	Leawood KS	1996	THHH	

MALE 06-07

1:38:31	Goslin	Nicholas	06	Shawnee KS	1997	THHH	
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MALE 08-09

1:51:01*	Gramling	Luke	09	Grain Valley MO	2018	HHH	
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MALE 10-11

52:55*	Russo	Austin	11	Springfield MO	2012	Panthr	
59:05	Medillin	Mason	10	KC MO	2019	Big12	
61:08	Jones	John Paul	11	Odessa MO	1996	THHH	
67:33	Aulgur	Zach	11	KC MO	2006	HHH	
67:43	Schallon	Kai	10	OP KS	2019	Big12	
76:48	Williams	Aidan	11	Blue Springs MO	2018	HHH	

MALE 12-13

50:58*	Zoughaib	William	12	Ste Genevieve MO	2011	Sat7	
54:48	Emmons	Ethan	13	Topeka KS	2017	Big12	
57:22	Penner	Michael	13	Strafford MO	2012	Panthr	
58:51	Dollershell	John	13	Lenexa KS	1997	THHH	
59:47	Bischof	Tyler	12	Weatherby Lake MO	2005	UMKCHH	
61:33	Berg	Scottie	13	KC MO	2004	UMKCHH	
62:09	Hale	Isaac	12	Mayetta KS	2016	Big12	
62:45	Jehle	Ryan	13	OP KS	2001	UMKCHH	
64:16	Landess	Matthew	12	Blue Springs MO	1997	THHH	
64:33	Jehle	Ryan	12	OP KS	2000	THHH	
66:01	Hale	Isaac	13	Mayetta KS	2017	Big12	
66:25	Herold	Nick	13	OP KS	1997	THHH	
66:55	Lee	Chris	13	Leawood KS	1997	THHH	

MALE 14-15

47:12*	Hendrickson	Landon	15	Rogersville MO	2018	Big12	
48:28	Bird	Joshua	14	St Joseph MO	2002	UMKCHH	
48:57	McCormick	Kevin	15	OP KS	2000	THHH	
50:23	Howell	Michael	14	Lansing KS	2018	Big12	
50:47	Billington	Ryan	14	Independence MO	2000	THHH	
51:36	Farmer	Michael	15	Raytown MO	2001	UMKCHH	
51:43	Stemm	Andy	15	Mission KS	1996	THHH	
53:00	Schroder	Ben	15	Oakland IA	2018	HHH	
53:48	Mayfield	Patrick	15	PV KS	2006	HHH	
54:05	Harmon	Jon	15	Kearney MO	1996	THHH	
54:12	McClure	Stuart	15	Olathe KS	2002	UMKCHH	
54:35	Cannon	Jacob	15	KC MO	2003	UMKCHH	
54:57	Winn	Paul	14	Leawood KS	1996	THHH	
55:18	Jones	Andrew	15	Blue Springs MO	2001	UMKCHH	
55:23	Littrell	Jacob	15	KC MO	1996	THHH	
55:31	Kimball	Preston	14	LS MO	2016	Big12	
55:34	Barkofske	Danny	15	PV KS	2001	UMKCHH	

MALE 16-17

43:40*	Bird	Joshua	16	St Joseph MO	2004	UMKCHH	
44:16	Laird	Graham	16	KC MO	2005	UMKCHH	
45:35	Kidd	Jake	16	Independence MO	1998	THHH	
46:00	Fitzgerald	Ryan	16	Lake Winnebago MO	1996	THHH	

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46:07	Martsolf	Josh	16 St Joseph MO	2000	THHH
46:16	Payne	Andy	16 Topeka KS	1996	THHH
46:29	FarmerMichael	17 Raytown MO	2003	UMKCHH	
47:00	Poehlman	Alan	17 KC MO	2004	UMKCHH
47:37	Nairn	Nathan	17 Oakwood MO	1998	THHH
47:51	WinterPreston	17 Mission Hills KS	1997	THHH	
47:51	IrwinsZach	17 KC MO	2001	UMKCHH	
48:03	Payne	Andy	17 Topeka KS	1997	THHH
48:06	BartenEric	17 Hope KS	2001	UMKCHH	
48:23	Cue	Ryan	17 Kingsville MO	2015	Big12
48:28	Payne	Scott	17 Topeka KS	1998	THHH
49:15	Kleinhagen	Chuck	16 Blue Springs MO	1997	THHH
49:19	Burke	Michael	17 Blue Springs MO	1998	THHH
49:28	Schaben	Chase	16 KC MO	2006	HHH
49:48	Johnson	Zane	17 Johnston IA	2015	Big12
50:18	Latta	Bobby	16 Raytown MO	2001	UMKCHH
51:01	LeglerAndrew	16 Lenexa KS	1996	THHH	
51:17	Lopez	Antonio	17 KC MO	2006	HHH
51:19	AlagnaSteven	17 KC MO	2006	HHH	
52:01	MillinJohn	17 Leawood KS	2000	THHH	

MALE 18-19

41:10	DexterDale	19 Hoyt KS	2000	THHH	
42:23	Schmidt	Joel	19 Lenexa KS	2000	THHH
42:43*	Rollins	Josh	18 Blue Springs MO	2006	HHH
43:15	FosterChad	18 Topeka KS	1997	THHH	
43:22	Kidd	Jake	19 Independence MO	2001	UMKCHH
44:17	Huseman	Levi	18 Lawrence KS	2006	HHH
44:52	Burke	Mike	18 Blue Springs MO	1999	THHH
47:14	Vega	Kenneth	19 KC MO	2001	UMKCHH
47:54	McCormick	Kevin	18 OP KS	2003	UMKCHH
48:05	WhelanJeff	19 Topeka KS	2003	UMKCHH	
48:21	FeletaAsrat	18 NA	2005	UMKCHH	
48:47	Vega	Kenneth	18 KC MO	2000	THHH
50:48	Johnson	Michael	19 Lawrence KS	1997	THHH
52:26	Niner	Alex	19 LS MO	2018	Big12
52:31	Serrane	Damenic	19 KC MO	2000	THHH

MALE 35-39

37:16	Moore	Joe	35 Manhattan KS	2019	Big12
39:53*	Tate	Derek	35 KC MO	2015	Big12
40:32	Juba	Ed	35 OP KS	1998	THHH
40:52	BeevorLuke	35 Cape Girardeau MO	2019	Big12	
41:47	Nichols	Chris	36 Leawood KS	1997	THHH
41:50	WorleyGreg	37 Ft Leavenworth KS	2004	UMKCHH	
41:52	HarrisDave	35 Gladstone MO	1996	THHH	
41:58	Nichols	Chris	35 Leawood KS	1996	THHH
42:42	Snodell	Thomas	38 Fairway KS	1997	THHH
43:02	Ward	Amos	37 KC MO	2017	Big12
43:04	Kenworthy	Craig	38 Merriam KS	2000	THHH
43:06	ThomasJoe	35 LS MO	2000	THHH	
43:07	Lile	Gary	38 KC MO	1997	THHH
43:12	Snodell	Thomas	37 Fairway KS	1996	THHH
43:46	Kenworthy	Craig	37 Merriam KS	1999	THHH
43:46	ThomasJoe	36 LS MO	2001	UMKCHH	
44:09	Williams	Rod	39 Warrensburg MO	2001	UMKCHH
44:33	Fuchs	Mark	38 Paola KS	2003	UMKCHH
44:39	Bracamonte	Gustavo	39 KC MO	1999	THHH
44:39	Todd	Brian	36 Springfield MO	2011	Panthr
44:52	Vaughan	Taylor	36 Cape Girardeau MO	2011	Sat7
45:16	Laney	Jack	38 KC MO	1996	THHH
45:20	Hennier	Larry	39 Rich Fountain MO	2005	UMKCHH

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45:35	Todd	Brian	37 Springfield MO	2012	Panthr
45:42	Kenworthy	Craig	36 Merriam KS	1998	THHH
45:53	Beckman	Jay	37 Lawrence KS	1997	THHH

MALE 40-44

40:09*	SchmidTim	41 KC MO	1999	THHH	
41:15	Brandon	Charles	40 KC MO	1996	THHH
42:14	Snodell	Thomas44	Leawood KS	2003	UMKCHH
42:32	Snodell	Thomas40	Leawood KS	1999	THHH
42:36	Snodell	Thomas42	Leawood KS	2001	UMKCHH
42:57	Snodell	Thomas43	Leawood KS	2002	UMKCHH
43:06	Stanbrough	Mark	40 Emporia KS	1996	THHH
43:23	Walsh	Pat	43 Gladstone MO	1997	THHH
43:51	Knott	Tim	42 LS MO	2004	UMKCHH
43:55	Snodell	Thomas41	Leawood KS	2000	THHH
43:58	Webb	Craig	40 Lansing KS	2004	UMKCHH
44:15	Hammons	Brian	43 Springfield MO	2001	UMKCHH
45:01	HansenGary	41 KC MO	1996	THHH	
45:02	Lile	Gary	42 LS MO	2001	UMKCHH
45:08	Kenworthy	Craig	40 Merriam KS	2002	UMKCHH
45:17	Cruikshank	Kevin	41 KC MO	1999	THHH
45:47	Lile	Gary	41 KC MO	2000	THHH
45:54	Cruikshank	Kevin	41 KC MO	1998	THHH
46:01	ConnerMark	42 Olathe KS	1996	THHH	
46:07	Williams	Rod	42 Warrensburg MO	2004	UMKCHH
46:10	Friedrich	Terry	42 Roeland Park KS	1996	THHH
46:21	Cyrulik	Phil	40 OP KS	1997	THHH
46:31	Friedrich	Terry	43 Roeland Park KS	1997	THHH
46:36	FloresJR	44 KC KS	1997	THHH	
46:36	Cruikshank	Kevin	43 KC MO	2001	UMKCHH
46:50	Uhrig	Jack	42 Marshall MO	1996	THHH
46:51	Gutierrez	Hank	40 Independence MO	2001	UMKCHH
46:54	BodineRon	40 Liberty MO	2001	UMKCHH	
46:59	McDermott	Kerry	40 Lincoln NE	1998	THHH

MALE 45-49

41:01*	Wegenka	Matt	47 Springfield MO	2012	Panthr
41:56	Gray	Charlie	47 LS MO	2001	UMKCHH
42:06	Wegenka	Matt	46 Springfield MO	2011	Panthr
42:59	Brandon	Charles	45 OP KS	2001	UMKCHH
43:44	Snodell	Thomas45	Leawood KS	2004	UMKCHH
44:36	Snodell	Thomas46	Leawood KS	2005	UMKCHH
44:44	Snodell	Thomas47	Leawood KS	2006	HHH
44:50	Saunders	Alan	49 OP KS	1996	THHH
44:52	WiknerSteve	46 Kenosha WI	2003	UMKCHH	
45:06	HammesKevin	45 Scott City MO	2011	Sat7	
45:22	Hahn	Roger	46 Olathe KS	2001	UMKCHH
46:09	O'Neill	Jay	48 Winchester KS	2003	UMKCHH
46:14	Podiska	Scott	45 Ozark MO	2012	Panthr
46:51	FloresJR	45 KC KS	1997	THHH	
47:09	Dever	Robert47	KC MO	1996	THHH
47:13	Van Durme	Philip45	OP KS	1997	THHH
47:20	Hahn	Roger	45 Olathe KS	2000	THHH
47:28	Hickman	Lullel49	Walnut Grove MO	2011	Panthr
47:33	Bramlett	Kevin	49 Jackson MO	2011	Sat7
48:01	Crawford	Dave	47 Riverside MO	1997	THHH
48:02	Cozad	Scott	45 KC MO	2001	UMKCHH
48:15	Fielder	David	47 NA	2016	Big12
48:26	Uhrig	Jack	49 Marshall MO	2003	UMKCHH
48:34	Contraras	Jose	46 KC MO	2003	UMKCHH
48:53	Baker	Mike	46 Independence MO	1997	THHH
49:04	Schmittzehe	Steve	47 Cape Girardeau MO	2011	Sat7

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MALE 50-54

42:42*	Gray	Charlie	50	LS	MO	2004	UMKCHH
45:00	Leiboult	Richard	54	Ozark	MO	2011	Panthr
45:22	Saunders	Alan	50	OP	KS	1997	THHH
45:47	Hogan	Rick	53	KC	MO	1998	THHH
47:02	Penaloza	Gustavo	51	KC	MO	1999	THHH
47:23	Saunders	Alan	51	OP	KS	1998	THHH
47:31	Ott	Michael	50	Lawrence	KS	1996	THHH
47:35	BarlagFritz	51	Grain	Valley	MO	1996	THHH
47:38	Penaloza	Gustavo	52	KC	MO	2000	THHH
47:50	Davison	Larry	50	Hopkins	MO	1996	THHH
48:14	Gonzalez	Rusbell	51	KC	MO	2000	THHH
48:15	O'Neill	Jay	50	Winchester	KS	2005	UMKCHH
48:59	Simpkins	Jeff	50	Ozark	MO	2012	Panthr
49:01	Glenn	Ted	52	OP	KS	1997	THHH
49:02	Saunders	Al	54	Leawood	KS	2001	UMKCHH
49:33	Baker	Donald	50	Topeka	KS	1997	THHH
49:40	FloresJR	51	Lenexa	KS	2003	UMKCHH	
49:48	Van Durme	Gayle	52	OP	KS	2004	UMKCHH
49:56	Gonzalez	Rusbell	50	KC	MO	1999	THHH
50:12	Uhrig	Jack	52	Marshall	MO	2006	HHH
50:20	Uhrig	Jack	51	Marshall	MO	2005	UMKCHH
50:23	CasadyDean	53	Rogersville	MO	2011	Panthr	
50:34	Van Durme	Gayle	54	OP	KS	2006	HHH
50:37	Van Durme	Gayle	51	OP	KS	2003	UMKCHH
50:45	Hill	Jerry	51	Lawrence	KS	2016	Big12
50:45	FontesMichael	54	Salina	KS	2018	Big12	
50:50	MastinMarvin	51	PV	KS	2017	Big12	
51:00	Mundhenke	Gary	54	KC	MO	2016	Big12
51:14	Kelly	John	50	OP	KS	2015	Big12
51:18	Niederberger	Jim	51	KC	MO	2017	Big12

MALE 55-59

46:13*	Kincaid	Bobby	59	Farley	MO	1996	THHH
Kincaid's 46:13 set a USA Single Age Record!							
47:43	May	Tom	56	Columbia	MO	2023	Katy
47:44	May	Tom	57	Columbia	MO	2024	Katy
47:54	Kincaid	Bobby	59	Farley	MO	1997	THHH
48:44	Keys	Marc	55	Columbia	MO	2018	Big12
48:57	Lang	Kent	57	Sedalia	MO	2020	Pandem
49:07	Saunders	Al	55	Leawood	KS	2002	UMKCHH
49:41	Wren	Eugene	55	Shawnee	KS	1996	THHH
49:46	Davidson	Clyde	59	Emporia	KS	1997	THHH
49:15	WeddleThom	59	Burnsville	MN	1998	THHH	
49:24	PotterBob	59	Manhattan	KS	1998	THHH	
49:25	Saunders	Alan	55	Leawood	KS	2002	UMKCHH
51:28	Hartman	Greg	56	KC	MO	2004	UMKCHH
51:30	Buhrmester,Jr	Bob	55	Wellington	MO	2004	UMKCHH
51:37	CooperKevin	58	Boulder	CO	2018	HHH	
52:02	RiskierDonald	57	StL	MO	2005	UMKCHH	
52:10	CotteyFrank	57	Mountain Grove	MO	2011	Panthr	
52:42	Struemp	Joe	55	Grandview	MO	1997	THHH
52:42	Lynde	Jim	55	OP	KS	2005	UMKCHH
52:49	Mundhenke	Gary	55	KC	MO	2017	Big12
52:54	RiskierDonald	56	Rock Hill	MO	2004	UMKCHH	
53:00	Mundhenke	Gary	56	KC	MO	2018	Big12
53:07	CotteyFrank	58	Mountain Grove	MO	2012	Panthr	
53:23	Mundhenke	Gary	57	KC	MO	2019	Big12

MALE 60-64 (sub 56:00)

46:54	WilsonDick	64	Lawrence	KS	1996	THHH
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Wilson's time set a USA Single Age Record!

47:53	PotterRobert	62	Manhattan KS	2001	UMKCHH	
49:21*Lang	Kent	60	Sedalia MO	2023	Katy	
50:14	Hogan	Rick	60 KC MO	2005	UMKCHH	
50:30	Coeme	Henri	64 Neosho MO	2017	Big12	
51:13	Coeme	Henri	63 Neosho MO	2016	Big12	
51:42	Kincaid	Bobby	60 Farley MO	1998	THHH	
52:20	Wootton	Richard	62 OP KS	2001	UMKCHH	
52:28	Buckley	Jim	63 KC MO	1996	THHH	
52:43	Davison	Larry	60 NA	2006	HHH	
53:37	O'Donnell	John	62 Raytown MO	1996	THHH	
53:57	O'Donnell	John	63 Raytown MO	1997	THHH	
53:57	McKay	Tom	61 Neosho MO	2025	Clover	
54:52	Stubblefield	Lee	61 Cassville MO	2017	Big12	

MALE 65-69

49:18	Heitzman	Paul	66 Eudora KS	1997	THHH	
50:27!Heitzman	Paul	69	Eudora KS	2000	THHH	
(! USA Single Age Record!)						
50:47	Heitzman	Paul	67 Eudora KS	1998	THHH	
53:53*Howland	John	66	Jeff City MO	2016	Big12	
56:43	Gilbert	Bruce	65 OP KS	2015	Big12	
57:28	Terry	Steve	65 Lexington MO	2020	Pandem	
57:46	McSpadden	John	65 Springfield MO	2011	Panthr	
57:21	Mabry	Charles	69 Springfield MO	2012	Panthr	
59:26	Howland	John	68 Jeff City MO	2018	Big12	
61:07	RiskierDonald	69	StL MO	2018	Big12	
61:34	Boyer	Ron	68 Fair Grove MO	2016	Big12	
61:58	Arst	David	66 Wichita KS	2000	THHH	
62:12	Vansant	Carl	65 KC MO	2003	UMKCHH	
62:23	Boone	Dave	65 OP KS	2003	UMKCHH	
62:57	Vansant	Carl	66 KC MO	2004	UMKCHH	
63:51	Dewar	Bob	67 Springfield MO	2012	Panthr	
63:57	Vansant	Carl	68 KC MO	2006	HHH	
64:02	Phillips	Bernard	67 Leawood KS	1996	THHH	
64:04	Arst	David	69 Wichita KS	2003	UMKCHH	
64:47	Arst	David	65 Wichita KS	1999	THHH	
65:07	Snodell	Firmin	66 Leawood KS	1997	THHH	
65:12	Vansant	Carl	67 KC MO	2005	UMKCHH	
65:22	Boyer	Ron	65 Fair Grove MO	2012	Panthr	
65:34	Snodell	Firmin	65 Leawood KS	1996	THHH	
65:34	Snodell	Firmin	67 Leawood KS	1998	THHH	
65:50	Snodell	Firmin	68 Leawood KS	1999	THHH	
65:51	MillerDonald	66	Belton MO	2001	UMKC	
66:01	Willemsen	Craig	66 KC MO	2018	HHH	
66:26	Johnson	Kenneth	68 Lawrence KS	2018	HHH	
66:27	Snodell	Firmin	69 Leawood KS	2000	THHH	
66:29	Kephart	Bill	69 KC MO	1997	THHH	
66:29	Fetterhoof	Jon	65 Topeka KS	2005	UMKCHH	
66:53	Johnson, Sr	Stephen	65 Springfield MO	2000	THHH	
66:59	Gelbaugh	Jack	66 Fairview Heights IL	2002	UMKC	

MALE 70-74

51:21*Coeme	Henri	72	Neosho MO	2025	Clover	
53:08	WilsonDick	70	Lawrence KS	2002	UMKCHH	
54:15	Heitzman	Paul	70 Eudora KS	2001	UMKCHH	
55:53	Heitzman	Paul	71 Eudora KS	2002	UMKCHH	
57:32	Bolding	Ross	73 Rogers AR	2019	Big12	
59:45	Creason	Frank	70 Leawood KS	1996	THHH	
62:27	McCallister	Bob	72 Leawood KS	1999	THHH	
63:11*Boyer	Ron	70	Fair Grove MO	2018	Big12	
68:05	Kephart	Bill	72 KC MO	2000	THHH	

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68:16	Ratcliff	Ralph	73 KC MO	1996	THHH
68:16	Creason	Frank	72 Leawood KS	1998	THHH
68:36	Arst	David	72 Wichita KS	2006	HHH
69:53	Snodell	Firmin	70 Leawood KS	2001	UMKCHH
70:09	Schoening	Don	70 Lenexa KS	2016	Big12
70:34	Ritchhart	Russ	74 Carthage MO	2025	Clover
70:41	Hall	Ralph	71 Evergreen CO	1997	THHH
71:39	Kephart	Bill	70 KC MO	1998	THHH
72:01	Snodell	Firmin	71 Leawood KS	2002	UMKCHH
72:10	Hurley	Bill	70 St Joseph MO	1996	THHH
72:12	Snodell	Firmin	73 Leawood KS	2004	UMKCHH
72:26	Snodell	Firmin	72 Leawood KS	2003	UMKCHH
73:04	Snodell	Firmin	74 Leawood KS	2005	UMKCHH
74:15	Smith	Gary	70 Neosho MO	2017	Big12
74:28	Hadley	Delmont	71 OP KS	2006	HHH
74:38	Hadley	Delmont	70 OP KS	2005	UMKCHH
74:59	Hurley	Bill	71 St Joseph MO	1997	THHH
75:06	Rostov	Stanley	71 KC MO	1996	THHH
77:31	Hall	Ralph	72 Evergreen CO	1998	THHH
78:52	Johnson	Stephen G	70 Springfield MO	2005	UMKCHH
80:03	Riggs	Ron	71 Liberty MO	2003	UMKCHH

MALE 75-79

1:10:09*	Mahoney	Bob	76 Springfield MO	2003	UMKCHH
1:11:01	Snodell	Firmin	75 Leawood KS	2006	HHH
1:13:36	Daniels	Pat	78 PV KS	2018	HHH
1:24:01	Carlson	Richard	76 Jeff City MO	2018	HHH
1:28:08	Ward	William	79 OP KS	2018	HHH
1:30:22	Evans	Larry	77 Shawnee KS	2018	HHH
1:30:29	Hall	Ralph	78 Evergreen CO	2004	UMKCHH
1:35:01	Peterson, Jr	Stanley	75 OP KS	2016	Big12
1:36:14	Burlingham	James	77 Layton UT	2018	HHH
1:40:47	Griggs	Joe	75 KC MO	2018	HHH
1:46:33	Pursell	Al	75 Leavenworth KS	2004	UMKCHH
1:50:00	Pursell	Al	76 Leavenworth KS	2005	UMKCHH

MALE 80-84

1:21:52*	Vasant	Carl	80 KC MO	2018	HHH
1:47:52	Blackman	Allan	84 KC MO	1996	THHH

MALE 85-89

1:49:46*	Burnham	Ed	86 KC MO	2006	HHH
1:54:21	Blackman	Allan	85 KC MO	1997	THHH
1:59:00	Burnham	Ed	85 KC MO	2005	UMKCHH
2:00:26	Blackman	Allan	86 KC MO	1998	THHH

CloverClover Run-Carthage
 Sat7 Saturday Seven
 PandemPandemic 12 km-Sedalia
 Panther Panther Run-Springfield
 HHH Hospital Hill Run-KC
 Katy Katy Trail Park-Sedalia
 THHH Trinity Hospital Hill Run-KC
 UMKCHHU of MO KC Hospital Hill Run-KC