

MHBC Mid Winter Dinner

Tues, March 7 @ 6 pm

Coppola's Restaurant, Hyde Park

The club's annual winter gathering is on Tuesday, March 7, 2023 at Coppola's Restaurant, 4167 Albany Post Road, Hyde Park, N.Y. 12538. Social hour will begin at 6:00 PM, where we can take this opportunity to socialize with new and old friends and enjoy drinks from the cash bar. Following welcome remarks from our club president, dinner will be served including, appetizer, choice of three entrees, and dessert.

Following dinner, hear from Paralympian, ALFREDO DE LOS SANTOS.

To RSVP please complete the reservation form at [Mid Winter Dinner Reservation](#). Price is \$45 per person. Members and non members are invited. . Any questions contact Ron Gall at rongall@optonline.net or 914-456-6953. RESERVATIONS DUE BY MARCH 1.

Speaker Biography:

Alfredo "Freddie" De los Santos is a native of Santo Domingo, Dominican Republic. He arrived to the United States in 1986, attended Park West high school in NYC, and subsequently graduated from City College of New York with a Bachelors degree in Graphic Design. Upon graduation, Freddie worked at NYU as a graphic designer. After the 9/11 attack, Freddie joined the Army. On October 20, 2009 while serving in Helmand Province in Afghanistan, Freddie was wounded in action when the vehicle in which he was riding in was hit by rocket fire. As a consequence of the injury, Freddie lost his right leg above the knee. After losing his leg, Freddie took up handcycling as part of his rehabilitation. In 2001, Freddie received support from CAF Operation Rebound for his handcycling endeavors. Since then, CAF Operation Rebound has helped Freddie achieve his goal of racing his handcycle at an elite level. "I cannot thank CAF Operation Rebound enough for everything they have done for me and my fellow wounded soldiers. – Alfredo De Los Santos