## Outreach

Hey Jeff, your videos popped up on my feed and I had to message you to tell you that your drills are super useful. My brother is a coach and he started using them after I showed him your content.

I want to help you get more kids to train with you so I wrote a short idea for an e-book you could give out for free to help get more people seriously interested.

Here is the link to the idea: LINK

If you are interested let me know

## FV

"Strategic Spikes: The Secret to Dominating The Court With Your VBall IQ"

Is Your Volleyball IQ Holding You Back?

Have you ever wondered what separates elite volleyball players from the rest?

It's not their Height, and it's not their Speed on the court.

Time to change the game and seize control.

Discover the secret: Dive into 'Strategic Spikes' and uncover the hidden tactics, strategies, and game-changing insights that will transform your game.

Don't miss out on the chance to dominate the court.

Click now to elevate your game today!