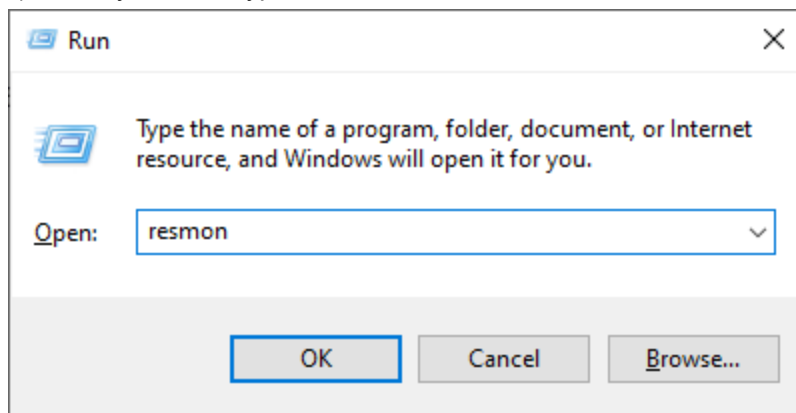
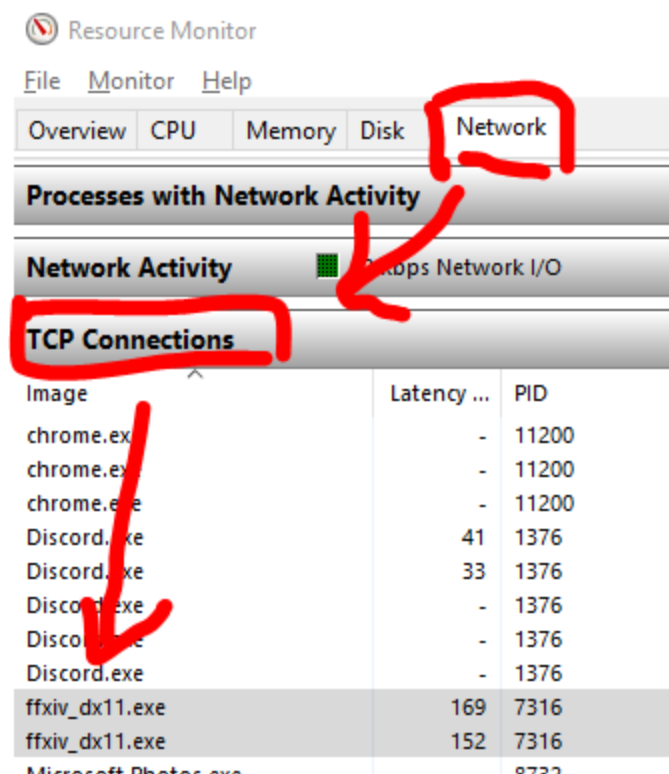


1) Log into your character and wait OUTSIDE of an instance

2) Win key + R and type “resmon”



3) Go to the “Network” tab, look under “TCP Connections” for TWO ffxiv.exe or ffxiv_dx11.exe entries



4) Watch the Latency of each entry and then QUEUE (unsynced) and go into any dungeon/fight. The Latency that CHANGES is your actual instance ping. The other one is your chat server ping.

NOTE: INACCURATE FOR VPNS LIKE MUDFISH. Use the VPN's dashboard/software instead.