

Bikepacking Kit Checklist

Click 'File' -> 'Make a Copy' to make this document your own, so you can edit your own kit list.

Pre-ride checks

- ☐ Brake pads
- ☐ Tyre wear
- ☐ Chain condition check
- ☐ Weather forecast
- ☐ Practise camp

The Rider

Basic riding kit

- ☐ Thin base layer
- ☐ Cycling jersey
- ☐ Socks
- ☐ Riding shoes
- ☐ Helmet

Supplementary riding kit

- ☐ Waterproof jacket
- ☐ Windproof Gilet
- ☐ Sunglasses
- ☐ Packable insulating layer
- ☐ Riding cap
- ☐ Arm/leg warmers
- ☐ Buff
- ☐ Gloves
- ☐ Waterproof trousers

Overnight clothing

- ☐ Spare t-shirt - merino is good for staying fresh smelling over multiple days
- ☐ Spare pants
- ☐ Spare shorts/light trousers if you expect to be wandering around town etc
- ☐ Camp sandals are great if you expect to spend much time off the bike
- ☐ Spare long johns to sleep in
- ☐ Spare dry socks
- ☐ Another spare warm layer if conditions warrant
- ☐ Woolly hat

Bonus kit

- ☐ Another set of lycra
- ☐ Extra clothing

The Bike

Everything that you need to keep the bike moving should anything go wrong

- ☐ A multi-tool with all the allen/torx sizes required to tighten/loosen the bolts on your bike. Ideally it will have a spoke key as well
- ☐ Chain breaker
- ☐ Quick-links
- ☐ Spare inner tube(s)
- ☐ Puncture repair patches (because what happens when you puncture your spare?)
- ☐ Tyre lever(s)
- ☐ A decent pump.
- ☐ Spare spokes
- ☐ Tubeless repair plugs.
- ☐ Restrap tyre boots
- ☐ Spare brake pads
- ☐ A small bottle of chain lube.
- ☐ "Get out of jail free box" - a small tin or pouch with a selection of commonly found (or lost) bolts. Stuff like cleat bolts, seat clamp bolts, spare tubeless valves and valve cores, zip ties, a gear cable all safely stowed away.
- ☐ Leatherman
- ☐ Wrap some duct tape around your pump.

Everything else you'll want to bring on/for the bike

- ☐ Lights
- ☐ GPS device
- ☐ Lock

Camp/overnight

Essentials for credit card touring. If you are staying in hostels/hotels/B+B's, you may not need any camp kit, but there's a couple of items to consider

- ☐ Some hostels/refuges in Europe and elsewhere require you to bring a sleeping bag liner
- ☐ Earplugs
- ☐ Towel

Essentials for camp life.

- ☐ Shelter (Tent / Hammock / Bivvy)
- ☐ Extra tent pegs and guy lines
- ☐ Sleeping bag
- ☐ Sleeping mat
- ☐ Inflatable pillow

Cooking

- ☐ Stove.
- ☐ Fuel and form of lighting your stove.
- ☐ Pan
- ☐ Small scourer to clean up
- ☐ Spork and folding knife

Staying hydrated

- ☐ Capacity for at least a litre of water
- ☐ Hydration bladder
- ☐ Water filter.

Personal kit

All those little items that we can't do without

- ☐ Toothbrush and toothpaste
- ☐ Suncream
- ☐ Midge repellent/head net
- ☐ Contact lenses/spare glasses
- ☐ First aid kit

Electronics

- ☐ Phone
- ☐ GPS device.
- ☐ External battery pack
- ☐ Headtorch
- ☐ USB plug adapter
- ☐ All the cables needed for charging all of the things. Yup, lightning, Micro USB and USB C and everything else
- ☐ A GPS tracker like a SPOT or Garmin InReach is compulsory on some races.