

Autism and ADHD Assessment Providers

Provider Name	Address	Contact Information	Insurances Accepted	Extra Info
West End Neurology	3108 N. Parham Rd. Henrico VA	804-205-7452 Jlumpkin@westendneurology.com	Might accept United student insurance	
Renewal Therapy	2000 Bremo Rd. Suite 203 Richmond, VA	Online contact form 804-533-1212	Anthem BCBS, Sentara, Elevance Health, self-pay	
Compass	2727 Enterprise Pkwy Richmond, VA	804-372-0151	Aetna, Anthem BCBS, Medicaid, Sentara	
Behavioral Health Partners	703 N Courthouse Rd, Suite 101 North Chesterfield, VA	804-794-4482	Check with specific provider about insurance	
Spectrum Transformation Group	221 Stonebridge Plaza Ave North Chesterfield, VA	804-378-6141	Medicaid, self-pay, accepts most private insurance (check with insurance company for coverage)	Need to have a physician referral for testing
Glacier Health and Development Center	2006 Bremo Rd Suite 101 Richmond, VA	804-918-1115	United, Anthem BCBS, Aetna, Evernorth, Cardinal Care, Medicare, Medicaid	
A Step Forward Wellness	2002 Bremo Rd Suite 204 Richmond, VA	804-716-2629	Aetna, Cigna, GEHA, Medicare, Medicaid, Optima, Optum, TRICARE East, United, Anthem, BCBS	

FocusMD	9137 Chamberlayne Rd Suite 107 North Chesterfield, VA	804-723-4668	Accepts all major insurances and some Medicaid (does NOT accept VA premier, Aetna Betterhealth, or Magellan Medicaid)	
Properties of Light		info@thepropertiesoflight.com	Does not accept insurance, but has mutual aid fund and tiers of pricing based on income	Offers affirming assessment, but not psychodiagnostic assessments that might be required for medication or accommodations

VCU University Counseling Services hopes that this information will help you receive the services that you need. Please be aware that the agencies or providers recommended may not be affiliated with the university. We are unable to endorse any agency or provider, whether or not it is listed. When obtaining a therapist, research indicates that the therapeutic relationship is integral to ensuring a helpful/positive outcome. As the client, only you can determine whether a therapist's approach to therapy, personality, demeanor and presence is a good fit for you. You may need to meet with more than one provider before you find one who you think is a good fit. You may also want to consider whether you would prefer to work with someone of a certain gender, theoretical orientation, race/ethnicity/cultural background or someone with experience related to a specific presenting concern.

It will be important to review services and fees with the provider that you select. Contact your insurance company if you need to ensure that the clinician you select is a participating provider. If you would like further assistance, please call (804) 828-6200 and ask to speak to our Clinical Case Manager. If you are currently having an emergency, you may walk into UCS during business hours or after hours you can call the UCS Counselor-on-Call at 804-828-6200 extension 2, or go to the nearest emergency room.