

Committee Meeting Minutes

19th November 2024 at Ilford Sports Club

Notes



1.	In Attendance: Committee members: Ernie Forsyth (Chair), Andy Catton, Wes Clarke, Fabrizio Stefanoni, Neil Crisp, Danny Holeyman	
2.	Apologies: Bill Green, Carlie Qirem, Anna Crawley, Diane Crisp	
3.	Previous Minutes – Previous minutes of meeting 15th October agreed and signed as a true record	
4.	Coaching (EF) EF – Large group of development athletes still attending despite the weather. EF - Coaches meeting took place on 29th October (minutes attached). Committee agreed purchase of requested equipment as per coaches meeting. Javelins, hammer gloves, LJ board and mats. Costs tba EF to liaise with Craig B regarding taking a small group of athletes to train at Lee Valley in preparation for SEAA and Essex Indoor champs. Is pretty costly but athletes would benefit. To see if any group club discount is available. Steve Crane to undertake Throws coaching course in early 2025	EF

5.	Membership and Subscriptions (CQ) CQ not in attendance – written report received	
5.1	New Members Ewan Ava Caleb Zaid Osawhese Noah Rachael Danilo Charis Mckinstry Skipp Singleton Furreedah Suma Skipp Obeng Reina Ojewunmi U11B U15G U15B M40 U15G U11B U17G U11B U15G	
5.2	Resignations Mia Borisova	
6.	Track & Field (AC) Leage dates for SAL & EYAL announced. SAL :- Sat 17 th May Stevenage Sun 22 nd June Woodford Sat 13 th July Cambridge Sat 30 th Aug Ware EYAL (no venues yet) :-	

	Sun 13th Apr Sun 18th May Sun 15th June Sun 27th July SEAA U13/U15/U17 Indoor Champs at Lee Valley – 11th/12th Jan SEAA U20 Indoor Champs at Lee Valley – 1st / 2nd Feb Essex AA indoor champs at Lee Valley - 1st / 2nd March Essex AA outdoor champs 10th / 11th May at Chelmsford EF - Orion H still wishing to enter EYAL as combined team with IAC, despite them having very few athletes.	
7.	Road & Cross Country (BG) BG not in attendance – written report received submitted to committee and as reported in newsletter and press. Leading performances :- Essex League XC - Hilly Fields 15 Snr Men / 5 Snr Women 1st Male Tom Gardner / 1st female Jordan Hinds Men 8th Div 1 / Women 1st Div 2 Stebbing 10 (Essex Champs) 4 Snr Men / 2 Snr Ladies Stephen Philcox Gold V55 Alan Pearl Bronze V65 New York Marathon Diarmuid Mac Donnell 3 hrs 18 mins 04 secs Chingford League Eastbrook Country Park Alison Sale 1st lady 5 ladies / Team finished 8th 8 men competed Danny Holeyman 2nd in age group Steve Chissell 1st in age group	

	Andy Catton 1st in age group 12 young athletes competed. Barney Perkins U15 winner Billericay Striders 10k Terry Knightley 1st in age group Essex League XC - Basildon 1st Ilford lady Jordan Hinds – 9 women competing Bree Nordin 2nd in age group Team placed 3rd Snr Men 1st home Tom Gardner – 18 men competing Stephen Philcox 2nd in age group Men placed 6th Chicago Marathon Sam Rahman 2:47:41 Danny Holeyman 3:01:05 Richard Woolterton 3:18:22 Loughton 5m Interclub Vets 5m xc 4 runners. Seb Parris 5th 34:56 Frieda Keane 2nd in age group	
8.	Race Organisation (BG/AC). 10m XC –Sat 28 December. Organisation all in hand. Permit obtained. Woodland Trust advised First aid booked Entry Central up and running – 35 entries to date Another request for helpers to go out, as very short at present. Min of 12 needed.	BG

	NC – add Boxing Day handicap xc to fixture list and promote	
9.	Media & Publicity (BG) All is still going very well with great coverage in Ilford Recorder with many full back page articles recently.	
10.	Chigwell Row Portacabin : AC – painting of the mens changing to finish asap. To paint ladies changing room EF – new flooring required for the ladies changing room C/F AC - replacement of the water and heating / showers system all undertaken as quoted. Engineer in addition fitted new shower heads for us. All working fine.	AC/DH EF
11.	Social (ACr) : ACr not in attendance – written report received. EF 70 th big birthday bash at Eva Hart on 18 th Oct – great evening well attended Awards night 8 th Nov – very successful. Big thanks to EF Annual “Xmas” curry booked at restaurant in Collier Row (opposite Colley Row Wetherspoon) for Wed 27 th Nov. 22 booked so far. London Christmas lights run arranged for 4th Dec Pantomime – 8 th Dec (20 booked so far) EF – awards night disappointing number of seniors attended but pleased to see large number of young athletes families. FS – queried why don’t we charge more as large loss this year ? Attendance costs purposely kept reasonable for youngsters and families. Club prepared to subsidise.	

	But again DJ seemed to be a costly waste. To consider just doing our own background music next year.	
12.	Finance Report (WC) Written accounts / report provided. WC highlighted items of major expenditure :- Chigwell Row heating system - £3,600 (covered by donations of £2,500 from Ronnie O'Sullivan in both 2023 & 2024) Renewal of Microsoft on club computer £79.99 Insurers finally cancelled the insurance on track portacabin. £60 return premium refunded. Chigwell Row electric bill being closely monitored. EF suggested smart meter reading be taken monthly and recorded in book at clubhouse. FS – enquired if now our dispute with British Gas settled can WC look in to new better supplier ? EF – submitted account for the Awards night social. To be included in next months accounts.	WC
13.	Development (FS). Update on first priority issues:- New members welcome pack – as per last meeting the content still being agreed by all then to be finalised by CQ & FS. Format – Orion H “pack” seen and liked by all. Very smart and clean style. Need to prioritise getting this finished. Input required from EF & AC. New club kit supply :- Zeon (Havering AC suppliers) – probably a non starter Bild Wear (Colchester H & Essex AA supplier) – costings for range of kit still awaited. FS chasing Steve Wilkin (Chelmsford AC supplier) – again costs awaited but looking very positive can meet club requirements with a good range of additional kit and reasonable prices. FS chasing. Next priorities - Coach and officials recruitment and succession planning. FS has provisionally 3 club members willing to take up volunteer and/or committee roles	FS/CQ FS

14,	Correspondence (AC) None – other than usual Essex AA minutes and communications with Vision on numerous Cricklefields related matters including :- Repairs to track (paid for by Ilford FC) following damage caused by delivery of their portacabin Council approval for IFC portacabin ? (Vision were not consulted). Missing defibrillator from Sports Club Resurfacing of track Removal of dilapidated IAC portacabin Replacement of portacabin (temporarily) pending budget / funding for a purpose built facility in 2026/27 WC – correspondence from Darlington BS needed deletion and replacement of signatories on account	
15.	AOB AC – LM places announced, in accordance with published criteria :- Tarik Qirem, Steve Lacey & Steve Chissell. DH – queried why member has place two years in a row. Committee agreed to implement new rule for next year that unless there are not enough requests for a place no athlete should get a place in two consecutive years. NC – advised female members queried why no portaloos at our Essex League xc event (there were at Colchester). Who pays for ? AC to check with league as previously it was always considered far too expensive (same as with Hilly 5 and 10m xc) EF – would committee agree to approve an increase in U18 membership fees to £50 for 2025/26 onwards ? Agreed. Needs proposal (with seconder) to go on March '25 AGM agenda. EF has canvassed parents of young athletes who are not adverse as they realise athletics is so cheap, with no coaching fees, compared to other sports. AC – noted also EA competition license fee increases to £22 next year.	

	Meeting finished 21:19 Next committee meeting Date to be advised in January	
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