

Trinity Community Engagement: Ways to Serve

Hello, and welcome! This is a living document that is updated with new and ongoing ways you can serve in our community. Be sure to check back periodically for new information!

Last updated 11/20/25

[Resources for Individuals and Families](#)

[Resources for Trinity Groups](#)

Resources for Individuals and Families

[Filling in the Blanks:](#)

[Click here](#) to sign up for a food packing event at FITB in Norwalk at any time! Various two-hour packing slots are available during the week, and participants must be 14 or older.

[Food Rescue US:](#)

Using their web-based app, Food Rescue engages volunteers to transfer fresh food surpluses from local businesses to social service agencies serving the food insecure—which helps alleviate hunger while also reducing food waste. [CLICK HERE](#) to sign up to receive email opportunities to rescue unused food. This is a great thing to do with your younger children!

[Night to Shine:](#)

Night to Shine is a prom night party, centered on God's love, for people with special needs ages 14 and older. Churches from around the world host Night to Shine on the same night honoring special guests. Next year's event will take place on Friday evening, February 13, 2026, hosted by Grace Community Church in New Canaan, and the event can only happen with the help of many faithful volunteers! Anyone 15 & older can be a volunteer. (Volunteers 14 & under are required to have a parent at the event to volunteer with them for the entire evening. Buddies must be 15 & older (preferably high school and older). [CLICK HERE](#) for all the volunteer roles and to sign up!

[Building One Community:](#)

For the month of November, we're collecting toys for the B1C holiday event, and would love your participation! B1C is also always looking for English Language tutors as well as tutors for their Bright Futures & Family Learning Tutors. [Click here](#) for requirements and more information about these and other volunteer opportunities.

[Person to Person:](#)

There are lots of ways you can serve at Person to Person in Darien (for anyone 14 years old and older), especially in their clothing center and food pantry. There are also volunteer opportunities with P2P in Stamford and Norwalk. [Click here](#) to learn more!

[Mothers for Others:](#)

Join Mothers for Others as a regular volunteer or sign up to volunteer at an upcoming diaper distribution by [clicking here](#). No experience is necessary and children are welcome (but must be accompanied by an adult)!

[Open Doors:](#)

While many of the Open Doors on-site volunteer opportunities in Norwalk require that you be at least 15 years old (or 16 years old for meal volunteers), there are many great ways for students and families with younger kids to help. [Click here](#) to see some ideas for volunteers of all ages, [click here](#) for the volunteer calendar, or [click here](#) for more information about volunteering.

Learn more about all our partners and missionaries on [our website](#), and check back here for ongoing updates and new opportunities to serve!

Resources for Trinity Groups

ONGOING OPPORTUNITIES:

[Partnership to End Human Trafficking \(PEHT\):](#)

Prepare emergency care kits for PEHT. Your group could pitch in to purchase items in bulk and then assemble kits together, which PEHT uses for community outreach and for survivors for whom they provide emergency housing. (Reach out to 203-572-0407 or info@peht.org for delivery details.)

Each kit should include:

- Travel shampoo (3.4oz)
- Travel body wash (3.4oz)
- Comb
- Toothbrush
- Travel toothpaste
- Small travel hand sanitizer
- Hand warmers in winter
- Note of encouragement

[Filling in the Blanks:](#)

[Click here](#) to sign up for a food packing event, which takes about two hours. This is a great one-off engagement opportunity that could lead to ongoing service if someone was interested! (Various times are available during the week, and participants must be 14 or older.)

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