

What to Expect After Cataract Surgery with the Light Adjustable Lens™



Congratulations on choosing the Light Adjustable Lens™ (LAL®/LAL+®)! You've taken a major step toward clearer, more personalized vision. Unlike standard lenses, the LAL lets you *preview* and *customize* your vision *after* surgery—so your results match your lifestyle and preferences.

This guide walks you through each phase of your post-operative experience, from healing to final vision lock-in.

Phase 1: Healing After Surgery

In the first few days, it's normal to experience some blurry or hazy vision, along with mild eye irritation. This is part of the healing process and will improve gradually over the coming weeks.

What Happens During This Time:

- Your eye heals from surgery
- You'll begin noticing how your new lens performs
- Your care team will monitor your healing and check your prescription
- When your vision stabilizes, you'll begin the customization phase

Post-Surgery Care:

- **UV-Protective Glasses:** You'll receive three pairs of specially coated glasses (clear, tinted, and reading) to wear immediately after surgery. These prevent UV light from unintentionally altering your lens before it's "locked in."
- **Prescription Eye Drops:** These help prevent infection, reduce inflammation, and support healing. Use them exactly as prescribed.
- **Artificial Tears:** Your doctor may recommend lubricating drops to keep your eyes comfortable and ensure clear measurements for future adjustments.

If you notice fluctuating vision, irritation, or watery eyes, let your eye care team know. A healthy tear film is essential for clear, accurate vision.

Phase 2: Vision Customization Begins

About 3 weeks after surgery, you and your doctor will start the vision optimization process. You'll discuss your lifestyle, visual needs, and how your current vision feels. Based on this, your doctor will begin adjusting your lens to fine-tune your vision.

How It Works:

The Light Adjustable Lens contains light-sensitive molecules. Using a special device called the Light Delivery Device™ (LDD™), your doctor directs a gentle beam of UV light to reshape the lens and improve how your eye focuses.

Light Treatment Schedule:

- **Initial Treatment:** Begins ~2–3 weeks after surgery
- **Follow-up Adjustments:** 1–3 additional treatments as needed

- Final Lock-In Treatments: Two sessions to permanently secure your customized vision

What to Expect at Light Treatment Appointments

Before Your Visit:

- Use all prescribed drops
- Arrange for someone to drive you

During the Appointment:

- You'll discuss your vision goals
- Your vision and eye health will be checked
- Your eyes will be dilated
- Numbing drops and a contact lens with cooling gel will be applied
- The LDD will deliver a ~90-second UV light treatment while you focus on a blinking light

After Treatment:

- Your vision may be slightly blurry for a short time
- Resume normal activities as you feel comfortable
- Track changes in your vision to discuss at your next visit

Tips for Evaluating Your Vision

- Test with Both Eyes Open: Avoid comparing one eye to the other—your eyes work as a team.
- Try Daily Activities: Reading, driving, hobbies—see how your vision performs in real life.
- Check Lighting Conditions: Assess your vision in different environments and distances.
- Take Notes: Write down improvements or concerns to share with your care team.

- Be Patient: It may take a few visits to dial in the perfect prescription.

Phase 3: Locking in Your Custom Vision

Once your ideal vision is achieved, it's time for the final two lock-in treatments. These use the same gentle light process to make your results permanent.

What to Know:

- Lock-in treatments may appear slightly brighter than previous sessions
- A pink or red hue afterward is normal and should fade in a few days
- Keep using your eye drops as prescribed
- You can remove your UV glasses 24 hours after the final lock-in

Congratulations—you now have custom vision designed around *you*!

Company Description

RxSight® is an ophthalmic medical technology company that commercialized the world's first and only FDA-approved Light Adjustable Lens™ (RxLAL™), enabling surgeons and patients to fine-tune vision outcomes after cataract surgery.

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Google Site: <https://sites.google.com/view/rxsight/>

Google Folder: https://drive.google.com/drive/folders/1cWzwByE4J2M8WBr4Rdkzqlfinbn7l2Bt?usp=drive_open

Recommended Resources

<https://mgyb.co/s/vAkOA>

<https://mgyb.co/s/VqXPc>

<https://mgyb.co/s/GkWuw>

<https://mgyb.co/s/YQppo>

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Recommended Profiles

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<https://rxsight.blogspot.com>
<https://rxsight.wordpress.com>

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<https://rxsight.tumblr.com>
<https://x.com/RxSight>
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<https://rxsight.postach.io>
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<https://rxsight.start.page>
<https://bit.ly/m/rxsight>
<https://bio.site/rxsight>
<https://instapaper.com/p/rxsight>
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[Revolutionary Cataract Surgery Platform](#)
[Light Adjustable Lens™](#)
[Lal™](#)
[Light Adjustable Lens+™](#)
[Lal+™](#)
[Monofocal Lens](#)
[Premium IOL](#)
[Cataract Surgery](#)