

BAYLOR UNIVERSITY'S PRESS OFFENSE

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Included are some basic sets of the Press Offense. This will be our basic set vs. man or zone.

Most of the time we will go to our 14 Triangle set, but this gives us good early movement and the potential for an easy basket on the other end. The inbounder must clear the lane and basket. Never throw the ball to the offense below the block (trap area). Later in the year, add cut and replace with your bigs coming to front court. (See **Diagrams 1A-1-D**)

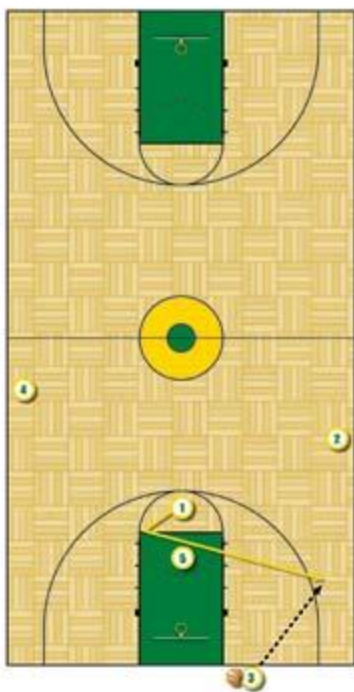


Diagram 1A.



Diagram 1B.

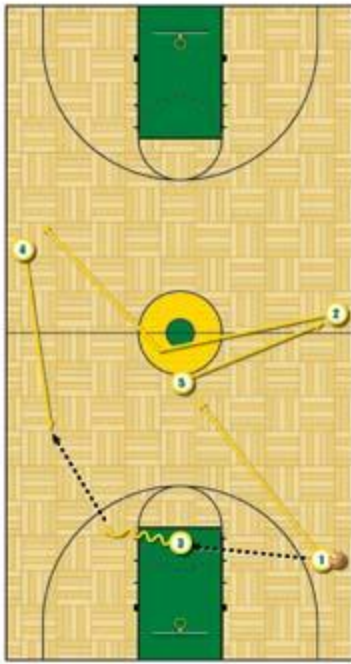


Diagram 1C.



Diagram 1D.

Press Offense - 1 Man

A. 1 man will always work to get open off the 5 man...if the 3 man hits the 1 man we are in our normal movement (**Diagram 1-A**)

B. 5 man will look for an opening in the middle... 4 man is diagonal... 2 man is up the sideline... 1 man must pass fake first up the floor...normally we will eventually reverse to 3 man (**Diagram 1-B**)

C. 3 man will take a dribble then hit the 4 man flashing back up the sideline... 5 man will bail out help side on pass back to 3 man...2 man will fill middle where 5 man vacates then quickly get back to the ball side deep spot...1 man will become the middle relief (**Diagram 1-C**)

D. If we haven't been able to make a forward advancing pass, we will now ask our 1, 2, or 3 man to get the ball across half court in a triangle formation... the 2 man is looking for an open area anywhere in the middle of the floor... 4 and 5 man are going to space to the front court staying stretched (**Diagram 1-D**)

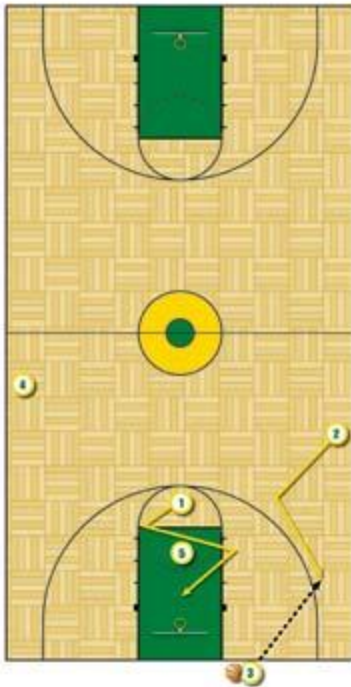


Diagram 2A.

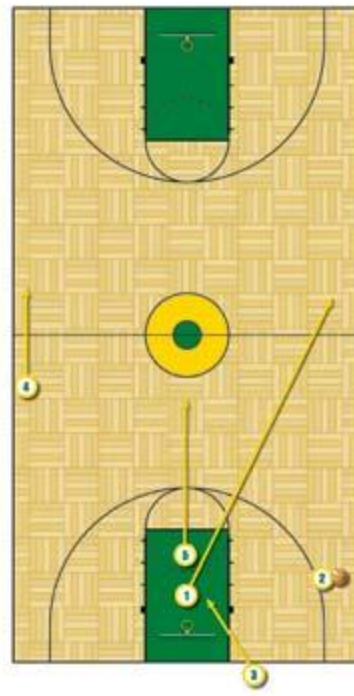


Diagram 2B.

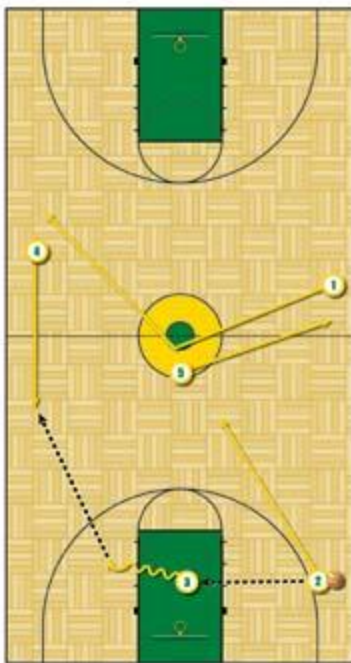


Diagram 2C.



Diagram 2D.

Press Offense - 14 (2 man)

This will be our basic set vs. man or zone. Most of the time we will go to our 14 Triangle set, but this gives us good early movement and potential for an easy basket on the other end. Inbounder must clear lane and basket. Never throw the ball to the offense below the block area (trap area). Later in the year, add cut and replace with bigs coming to front court. (See **Diagrams 2A-2D**)

A. If the 1 man is being dogged, the 2 man must always be ready to walk his man to the middle of the floor then change direction quickly out to the wing (**Diagram 2-A**)

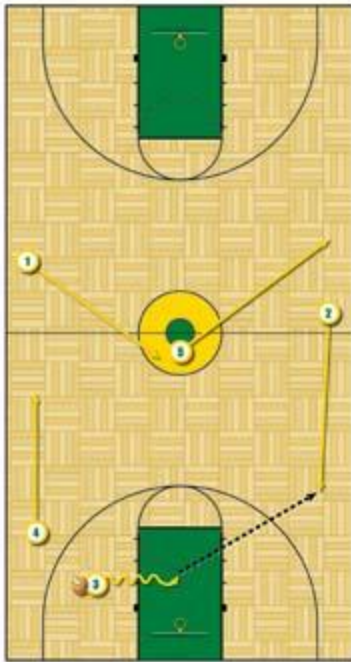


Diagram 3C.



Diagram 3D.

A. If the 3 man can't hit the 1 or 2 man he must run the baseline and pass to the 4 man...4 man is walking his man into the middle then making a quick change of direction to the outside open area...3 man will hit 4 man **(Diagram 3-A)**

B. 1 man is going ball side hard toward the sideline... 3 man is filling behind... 2 man is going deep diagonal. If 4 man can hit 1 man, we're successful...normally, we reverse the ball back to the 3 man **(Diagram 3-B)**

C. 3 man will take a dribble then hit the 2 man flashing back up the sideline...5 man will bail out deep ball side...1 man will fill middle where 5 man vacates...4 man will become the deep diagonal **(Diagram 3-C)**

D. If we haven't been able to make a forward advancing pass, we will now ask our 1, 2, and 3 man to get the ball across half court in a triangle formation... the 1 man is looking for an open area anywhere in the middle of the floor... 4 and 5 man are stretching deep to create space **(Diagram 3-D)**

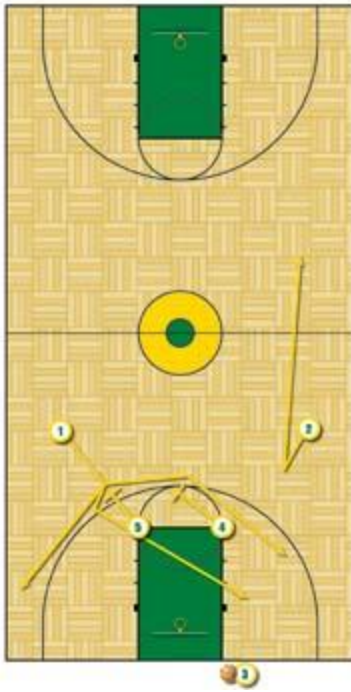


Diagram 4.



Diagram 5A.



Diagram 5B.

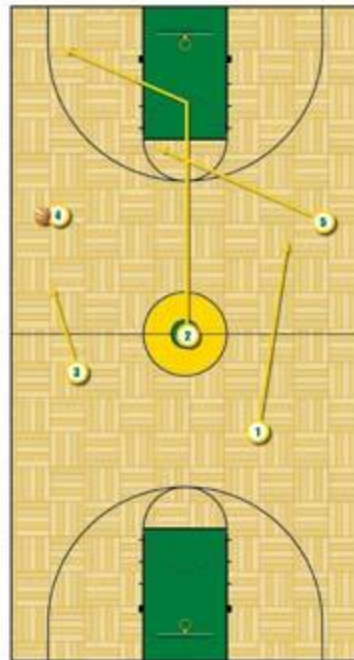


Diagram 5C.

Press Offense - 14 Double

This will be a nice option to go to at the end of a game to get the ball in the hands of our best free throw shooter. 2 man has to make a quick change of direction to move deep... 4 and 5 man set a double staggered for the 1 man... 1 man has a choice reading his defender – he can turn down the screen or go under the double or over the double (**Diagram 4**)

Press Offense - 14 Triangle

This is a common offense vs. presses. The 1, 2 and 3 man will form a triangle staying 15 – 18 feet apart at all times. The triangle will sometimes have 2 in the back court or 1. That is the beauty of this press offense; the fact that it is very flexible. Inbounder must clear the lane and basket. Never inbound to the offense below the block area extended. (See Diagrams 5A-5D)

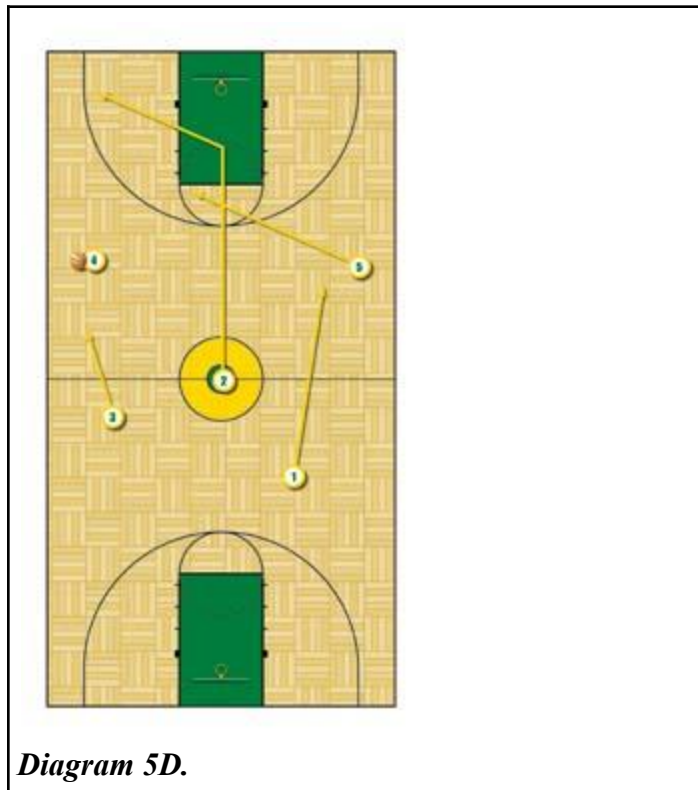


Diagram 5D.

A. No matter what it takes we will get the ball inbounded to the 1 man or 2 man coming back to the ball... if we have to go to the 4 man who will go right back to the 3 man when we are in Triangle **(Diagram 5-A)**

B. 5 man is bailing out to the ball side deep and scraping the sidelines... 4 and 5 men area around the 3-point line extended waiting for a possible long pass **(Diagram 5-B)**

C. 1, 2 and 3 man will continually work ball back and forth looking to get ball over half court...middle person is always looking to move to an open area... staying behind ball in back court is important to make an easy pass out of any trap... we can throw it ahead to a post player as well... bigs can also communicate a cut to each other. **(Diagram 5-C)**

D. We will drive the middle man hard to the basket then out the ball side (looking for a trap)...the opposite big will fill the foul line area...3 man will fill behind... 1 Man is deep diagonal...these are our normal spots when we are getting trapped...this is a good time for teams to trap so we should be prepared **(Diagram 5-D)**

About the author

Matt Driscoll

Assistant Coach Matt Driscoll is in his second year on Coach Scott Drew's Baylor staff. Previously,

Driscoll spent five years as an assistant to Clemson Coach Larry Shyatt from 1998-2003. Prior to his years at Clemson, Driscoll was an assistant coach for Shyatt at Wyoming. A 1992 graduate of Slippery Rock, Driscoll can be reached at Matthew_Driscoll@baylor.edu.