

Afternoon Y'all.

We understand these are overwhelming times, especially for Black folks who deal with this reality daily. There are a multitude of people sharing resources, putting their bodies on the line to remind this country that Black Lives Matter, the Police State must be destroyed and instilling Change DOES NOT end with "voting for the right person" in November.

A lot of information is being shared and cycled quickly online - which we value but understand is not conducive to learning for many. We wanted to put out this document that you can come back to throughout the year and allow different levels of engagement.

Currently the BSU is being run solely by one person, but know that we are a collective and our members are here for each other. I am trying my best to support you all (past, present and future), please bare with me.

Although this document started as a resource specifically for Black Lives Matter resources, the point of BLM is to integrate its message and mentality into our everyday. As a result, the document has become a more direct tool for members of the Pratt community to engage in events, resources and more in support of equity, representation, radical change and decolonizing.

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What is New!?:

Upcoming Online Events to Attend

Other Student-Run Club Meetings

Pratt Articles and Documents

COMPILATION RESOURCES:

Integrate Learning into your Everyday:

Dealing with Racial Trauma & Fatigue:

Protest Safety/Advice:

Moving Forward - documenting the present, rethinking and reforming the future:

Sign a petition or send a letter:

Donate, Volunteer & Aid:

Want to add more? Want to join our mailing list?

What is New!?:

- Updated Meeting information about " Student-Run Club Meetings" Spring 2021
- Updated information on Pratt events under "Upcoming Online Events to Attend" for SP '21

Upcoming Online Events to Attend:

Single Events:

Recurring:

BIPOC Creative Arts Lecture Series

A student-led initiative, made possible through the Pratt Student Engagement Fund, featuring alumni and speakers with a variety of modalities and backgrounds. (Within the Grad. Program w/ Degrees in both Art & Dance Movement Therapy, but open to all of Pratt.

To sign up for the rest of the lecture events, go [here](#).

Counseling Center Events

BIPOC Process Group - Starts first week in February. A confidential space for BIPOC (Black, Indigenous, and People of Color) students to explore concerns related to their sociocultural identities. This includes racial and ethnic identity, SES, sexual orientation, gender identity, religion, and more. Topics may include discrimination, social justice, racism, and resilience. This group is open to graduate and undergraduate BIPOC students.

Contact Josiane: jmoise@pratt.edu for link and more.

CHOICES - virtual // Group starts at the end of February

CHOICES is a *confidential, nonjudgmental intersectional* group for students to explore their drug, alcohol or nicotine concerns. There is no requirement to change, and we discuss a different topic each week.

Contact Jernee at jmontoya@pratt.edu (prior to the start of group) if interested in joining, or have questions

CLEAN CATS, THE PRATT COLLEGE RECOVERY COMMUNITY - now virtual!

Clean Cats is a community of students with multiple identities who are interested in recovery from alcohol or substance misuse, eating issues, self-harm &/or a behavior they deem addictive. All forms of recovery are supported, and we define recovery as your personal healing journey. Examples include (but are not limited to): moderation, abstinence, moderation, spiritual/religious approaches, harm reduction, sober curious, etc.

Please contact Jernee at jmontoya@pratt.edu for questions or to join.

CREATIVE-IMAGININGS: Developing a Black Studies Minor

In support of the Black student's demands early this year and the Black and Latinx students calling for actionable and structural representation from Pratt for over 50 years, **this Friday**, join the Black Student Union **to collectively imagine how a Black Studies Minor would function on campus**. What would you want it to provide for you/future students, and what transformations and opportunities could it open up on Pratt campus and Pratt's community?

Guided by BSU President Sarah Kanu

October 23rd, 2020 at 1 pm EST

[Zoom Link](#)

[Engage Page](#) (also have the link)

Student-Run Club Meetings // [Pratt Engage Organizations List](#)

Please find these groups contact information below or visit their Engage page for questions or Zoom Links

Black Student Union // Meet on Zoom Mondays 7 - 8:30 PM BiWeekly Starting Feb 1st

<https://pratt.zoom.us/j/99167008329>

[Being Black, Making Art Further Learning Document](#)

Panel Recording On Youtube

Pratt International Student Association // link on Engage

Latinx Student Alliance // Thursdays at 7 PM EST Biweekly starting Feb 4th

Queer Pratt // on Discord // Meet on Zoom Thursdays 8 pm EST Weekly

Sick and Disabled Student Union // on Discord

Film in Color // Meet on Wednesdays 8 - 9 PM Biweekly Starting on Jan 27th Meeting Link:

<https://pratt.zoom.us/j/93164741405>

Active Minds //

Have an event you'd like to publicize here? Email blackstudentunion@pratt.edu

Organizations on Pratt Campus

Student Government Association

Contact: sga@pratt.edu / [@pratt_sga](https://www.instagram.com/pratt_sga)

President / Danni Qu / dqux2@pratt.edu

Academic Concerns / Avishi Jain / ajain9@pratt.edu

Campus and Community Development / Yessenia Sanchez / ysanchez@pratt.edu

Diversity, Equity and Inclusion / Sarah Kanu / skanu@pratt.edu

Facilities / Gayatri Madan Lund / glund@pratt.edu

Student Life / Tamia Bailey / tbaile43@pratt.edu

Sustainability /

Communications Chair / Mattia Socci / msocci@pratt.edu

Active Minds

Contact: prattactiveminds@gmail.com / [@prattactiveminds](https://www.instagram.com/prattactiveminds)

Black Lives Matter Pratt

Contact: blm@pratt.edu / [@blmpratt](https://www.instagram.com/blmpratt)

Black Alumni of Pratt

Contact: [@prattbap](https://www.instagram.com/prattbap)

Pan African Creatives Coalition

Contact: panafricancreativescoalition@gmail.com / [@panafricancreativescoalition](https://www.instagram.com/panafricancreativescoalition)

Black Student Union [@bsupratt](https://www.instagram.com/bsupratt)

Contact: Sarah Kanu skanu@pratt.edu / blackstudentunion@pratt.edu

Latinx Student Alliance [@prattlatinx](https://www.instagram.com/prattlatinx)

Contact: Yessenia Sanchez ysanchez@pratt.edu / latinx@pratt.edu

Film in Color [@prattfic](https://www.instagram.com/prattfic)

Contact: Tamia Bailey tbaile43@pratt.edu

Contact: Yajarra Paul ypaul@pratt.edu

National Organization of Minority Architects [@nomas.pratt](https://www.instagram.com/nomas.pratt)

Center for Equity and Inclusion [@prattcei](https://www.instagram.com/prattcei)

Pratt Articles and Documents

ARCHIVES & SPECIAL COLLECTIONS: Protests at Pratt

<https://specialcollections.pratt.edu/exhibits/show/protest-at-pratt/bsu-involvement>

Amongst the Archives: An Interview with Sarah Kanu Article Posted in the Prattler [Oct 2020]

VOICES OF A GENERATION: PRATT STUDENTS ACT FOR THE CHANGE THEY IMAGINE FOR THE WORLD Article Posted on Pratt.edu [June 17 2020]

Student Formed Survey on Health and Wellness

A group of students and the counseling center have put together a quick survey to best understand students' wellness needs at Pratt. This will help the working group form courses and areas on campus dedicated to these topics.

If this is of key interest to you or your peers, please fill it out and share the link!

Survey:<https://docs.google.com/forms/d/e/1FAIpQLSdNKAyCXAK7sxAz3NfighFxVVLdVr43UuRGd4Jjdj-Hnfzmg/viewform>

CREATIVE-IMAGININGS: Developing a Black Studies Minor Recap and Guidelines

https://docs.google.com/document/d/1m44RY3_SQnenRzqhUvJiPwCnzTBHh_AzDd3fLbQH_4k/edit

Photos from a Century of Black Music Pratt - Feb 2020:

<https://photos.app.goo.gl/qvvcBpRRydTJaPik6>

Pratt Damage Properties Form: [Damaged properties form](#)

Demands:

View, Support & Co-Sign Pan African Creatives Coalition Mission Statement & Blog

<https://prattpanafricancreativescoalition.wordpress.com/>

View & Support the [Student Government Letter of Demands to Pratt Administration](#)

View & Support the [SDSU Letter to Pratt to Cut Ties w/ NYPD & Ban Cops from Pratt Campus](#)

View & Sign [Letter to PrattMWP](#) by students of PrattMWP

COMPILATION RESOURCES:

Anti-Racism Design Resources | Intended to uplift Black design communities, serve as a resource for communities in need of pro bono design services, and serve as a resource to non-Black and white people to deepen our anti-racism work within design disciplines: <https://bit.ly/anti-racist-design>

An extensive website dedicated to making all resources directly relevant to the #BlackLivesMatter Movement as easily accessible as possible:
<http://blacklivesmatterresources.odie.us/> CHECK THIS OUT!

#Scholarstrike for Racial Justice and Against State Violence
<https://app.milanote.com/1Kefr01wNYe2Re?p=usrBBpIMMaG>

Document of Resources (Donation & Petition Focused) formed by Photo Major Brandon Foushee : [AWARENESS IS NOT CHANGE](#)

A Spreadsheet of Black Artists to Hire and Collaborate with: [A List of Black Artists & IG Accounts](#) by Diana (many Pratt Students) CHECK IT OUT

[Public Address On Revolution: Revolution Now | Rachel Cargle](#): a discussion on the revolution by writer Rachel Cargle. Must Watch Video! (for those who reading is not an ideal option)

A Drive of Multiple Reading by Black Authors and on Black Revolution: [black revolutionary texts](#) by Alijah Webb. [your book club should be full of these](#), [your summer reading list should be full of these](#), [your curriculum/classroom should be full of these](#)

Integrate Learning into your Everyday:

Readings:

<https://poets.org/poem/small-needful-fact>

<https://global.oup.com/academic/product/race-and-real-estate-9780199977260?cc=us&lang=en>
&

Individual's Instagram accounts to follow to:

- [Rachel Cargle](#)
- [Ericka Hart](#)
- [Jen Winston](#)
- [Martigcummings](#)
- [Gem - urdoinggreat](#)
- [tapioca_starch](#)
- [gfx_prints](#)

Collectives and Organizations:

- [Black Visions Collective](#)
- [Reclaim the Block](#)
- [Campaign Zero](#)
- [Color of Change](#)
- [Nowwhitesaviors](#)
- [Mpd_150](#)
- [Hacking//Hustling](#) // [Their Twitter](#)
- dapcollective.com Instagram: @designasprotest
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[TV Cops are Always the Main Characters](#)

Dealing with Racial Trauma & Fatigue:

Healing in Action / A toolkit for BLM Healing Justice and Direct Action

https://blacklivesmatter.com/wp-content/uploads/2018/01/BLM_HealingAction_r1.pdf

[Somatic Meditation](#) by Brialle Ringer

[Coping with Racial Trauma](#) by Dr. Erlanger Turner

Meditations: credit [@latinxtherapy](#):

[Liberate App](#): a meditation app to ease anxiety, find gratitude and heal internalized racism.

[The Safe Place](#): a Minority Mental Health App

Music:

[Woke + Well || Black Girl In Om Self-Care Sunday](#): a playlist by Lauren Ash

[Collective Grief & Healing: Nap Ministry by Tricia Hersey-Patrick](#): a spotify playlist for radical rest, engaging with the spiritual or upliftment before taking on the day. !!!

[Thenapministry](#)

[Daydreaming and DreamSpace: Nap Ministry by Tricia Hersey-Patrick](#)

Accounts to Support:

[Black Boys OM, Inc](#) : a group of Black Male Yogis committed to collective wellbeing. They will be holding a free online talk on Mental Health June 11th. Check their IG. [Their Website](#)

[Heal Haus](#): Black owned wellness Daily Yoga + Meditation Classes

[Jessa Myn](#)

[Just Davia](#): Meditation Facilitator + Wellness Speaker. Holding a FREE session THURSDAY @ 7 PM EST

[Estee Laundry](#) : a list of Black-Owned Indie Beauty & Wellness Brands

Articles:

[50 Self Care Tips for Black Women \(and anyone\)](#)

[Afropunk 25 Tips for Black People](#)

[Vice Self-Care Advice for This Time](#)

Protest Safety/Advice:

[Alexandria Ocasio-Cortez's Protesting Safely Post](#)

[Tik Tok Tech Advice \(note this is a white/white passing person\)](#)

[DSA- LA Guidelines for Safe Protesting in COVID-19](#)

[Protesting and Pandemic Prevention](#)

[Refinery29somos: Tips for Undocumented People in Protest](#)

[A Tool to Remove Protesters Faces before You Post - DO NOT POST PROTESTORS FACES](#)

[The Blackivists' Five Tips for Organizers, Protestors, and Anyone Documenting Movements](#)

Moving Forward - documenting the present, rethinking and reforming the future:

[Building a Police Free Future](#): an 8 page zine by [Mpd150](#)

[Being Aware of Media/Police Propaganda](#)

[What a Future without Police Looks Like](#)

[Reclaim the Block / Defund the Police \(Facebook Page/Post\)](#)

Sign a petition or send a letter:

[Tell Mayor de Blasio: Defund the NYPD and invest in schools!](#)

[Tell State Leaders to End Police Secrecy](#)

[Ethical Considerations for Archiving Social Media Content Generated by Contemporary Social Movements](#)

[DocumentingTheNow Twitter](#)

[Documenting the Now Website](#)

[A Library of Free Resources for Video Activists, Trainers and Their Allies](#)
[Jstor Institutionalized Racism Syllabus](#)

[Petition by NYPIRG](#) asking us to sign and share a petition calling on Albany to stop cuts to education!

Governor Cuomo has announced his New York State higher education budget which has proposed a tuition hike and cuts to college operating budgets for CUNY/SUNY but also cuts to opportunity programs like HEOP and Bundy Aid, which provides supplemental financial aid assistance and Pratt's general operating support. Especially at this time, we also need more funding for mental health services at the state level, which affects Pratt's Counseling Center. (<https://tinyurl.com/y3dc3gc9>)

Donate, Volunteer & Aid:

Integrating Black Arts into Your Everyday:
[10 Black Owned Bookstores to Support While at Home](#)

Justice for Ahmaud Arbery
Justice for Breonna Taylor
Justice for George Floyd
Justice for Tony McDade
Justice for Regis Korchinski-Paquet
& all those who we have lost within our Black community.

This email/document started as as a tool for Pratt's Black Community and therefore did not touch on the distinct efforts white and non black POC need to be doing to be race traitors & true accomplices in anti-racist efforts. Although some event and articles on here speak to whiteness and white privilege, the effort is in non-Black folks to call out their anti-Blackness and open themselves up to embodied, daily transformation.

This is not a private email/document and can be shared and forwarded to anyone.

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Thank you to Brandon Foushee, Tamia Bailey, Pratt Health Promotions, valramirezacruz@gmail.com & all others who have provided and recommended the above resources.

Want to add more? Want to join our mailing list? Email blackstudentunion@pratt.edu



Find our Instagram by clicking the icon.