

MAC Locker Room Policy

The Locker Rooms on the pool deck is for Athletes only at all times. This means during practice or swim meet events only athletes are allowed in the locker rooms. The two single restrooms in between the locker rooms may be used by coaches, staff and adults.

During team practice or swim meet events if there is an emergency in the locker room or maintenance the 2x2 rule must be followed.

No cell phones, cameras or recording devices of any kind are allowed in the locker rooms.

Any and all misconduct should be reported to the Head Coaches and The Director of Operations.

Anyone found in violation of the policy may be suspended, dismissed from the team and reported to appropriate authorities.

I. Requirement to Use Locker Room or Changing Area The designated locker room or changing area must be used when an athlete or Applicable Adult changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

II. Use of Recording Devices. Use of any device's recording capabilities (including a cell phone's), including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete or an Applicable Adult is prohibited.

III. Undress. An unrelated Applicable Adult must not expose his or her breasts, buttocks, groin, or genitals to a minor athlete under any circumstance. An unrelated Applicable Adult must not request an unrelated minor athlete to expose the minor athlete's breasts, buttocks, groin, or genitals to the unrelated Applicable Adult under any circumstance.

IV. One-on-One Interactions Except for athletes on the same team or athletes attending the same competition, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area, except under emergency circumstances. If the organization is using a facility that only has a single locker room or changing area, separate times for use by Applicable Adults must be designated.

V. Monitoring The club must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this Policy. Locker rooms and changing areas may be monitored by use of the following methods:

- Conducting a sweep of the locker room or changing area before athletes arrive;
- Posting staff directly outside the locker room or changing area during periods of use;
- Leaving the doors open when adequate privacy is still possible; and/or
- Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

VI. Every effort must be made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

VI. Legal Guardians in Locker Rooms or Changing Areas Legal guardians are discouraged from entering locker rooms and changing areas. If a legal guardian does enter a locker room or changing area, it must only be a same-sex legal guardian and the legal guardian should notify a coach or administrator in advance.

Frequently Asked Questions Q: What does the word "expose" mean in Section III?

A: Expose means a purposeful showing of private parts or being bare skinned for an abnormal amount of time while changing. Adult athletes should be thoughtful to turn their bodies away and shield their private parts from minor athletes while changing.

Q: Does this policy only apply to locker rooms at competitions?

A: No. MAAPP applies to any and all locker rooms or changing areas used by Applicable Adults and minor athletes in connection to USA Swimming activities such as practice, competition, camps, etc.

Q: Does this policy mean that athletes over the age of 18 cannot share a locker room or changing area with teammates under the age of 18?

A: No. Unrelated Applicable Adults must not be alone with a minor athlete in a locker room or changing area except for athletes on the same team and athletes attending the same competition.

Q: Can U.S. Masters Swimming ("USMS") members use a locker room at the same time as minor athletes?

A: An unrelated Applicable Adult must not be alone with a minor athlete in a locker room or changing area. If a USMS swimmer meets the definition of an Applicable Adult, then the Applicable Adult must not be alone with a minor athlete in a locker room or changing area. MAAPP would not prohibit an Applicable Adult, or Applicable Adult(s) from sharing a locker room or changing area with minor athletes so long as the Applicable Adult is not alone in the locker room or changing area with a minor athlete.

Q: Can an athlete deck change?

A: NO. Deck changing is prohibited under USA Swimming rules and by MAAPP.

Q: If the club or LSC is using a public facility, how can the club or LSC ensure compliance with this section of MAAPP?

A: MAAPP only applies to Applicable Adults and does not extend to the general public. Only Applicable Adults are required to adhere to MAAPP.

Q: If two teams use the same practice facility, can the adult athletes from one team share a locker room or changing area with minor athletes from another team?

A: Yes. Athletes from two teams sharing a practice facility would be treated similarly to athletes on the same team.