

GONZAGA SUMMER TENNIS CAMPS INFORMATION 2026

Week 1 and 2

FUNDAMENTALS CAMP (Beginners-Intermediates)

9am-1pm

June 29-July3 (TBD)

July 6-10

FC-RED BALL (1st-3rd grade) 9-10am

8-10 players

\$200/week, \$50-drop-in

-Designed for younger players 6-8 years old working on making contact, returning the ball and basic court coverage. The class will focus on improving motor skills, hand eye coordination and an understanding of the game.

FC-ORANGE BALL (3rd-5th grade) 10-1130am

8-10 players

\$300/week, \$60-drop-in

-Designed for players 8-10 years old with little to no experience and can serve—underhand or overhead from behind the service line. The class will focus on increasing court coverage and stamina, learning basic technical skills and improved understanding of the game.

FC-GREEN BALL (4th-6th grade) 1130am-1pm

8-10 players

\$300/week, \$60-drop-in

-Designed for players 9-11 years old with some experience and can serve—underhand or overhead from behind the baseline. Strength and conditioning routine will be included.

Week 3 and 4

COMPETITIVE CAMP (Matchplay ready)

12-16 players

\$450/week, \$100 drop-in

9am-12nn

July 13-17

July 20-24

YELLOW BALL (4th-8th grade)

-Designed for players who are able to serve—overhead and/or underhand from behind the baseline and are capable of using and covering the full court for play.

OUR PHILOSOPHY

Our Gonzaga Summer Tennis Camps, powered by DG Tennis, are built on a simple belief: **players learn best when progression, play, and joy come together on court.**

We use an age- and level-based pathway (Red, Orange, Green, Yellow) so every camper trains with the right ball, court size, and challenge for their stage of development. From our youngest Red Ball players learning to make clean contact and move with confidence, to our Competitive Yellow Ball players sharpening tactics and matchplay, the goal is the same: **build solid skills, strong bodies, and love for the game that lasts beyond summer.**

Our philosophy focuses on:

- **Progress over perfection** – We meet each player where they are and help them take the next step, whether that's making more solid contact, covering more court, or competing with confidence.
- **Play-based learning** – Drills are designed to feel like games. Players learn by doing: serving, rallying, and solving real tennis situations in every session.
- **Fundamentals first** – Footwork, balance, coordination, and clean, controlled contact with the ball are emphasized at every level.
- **Age-appropriate challenge** – Red, Orange, Green, and Yellow Ball groups ensure the right ball, court, and intensity for each age and ability.
- **Character and culture** – We value effort, sportsmanship, and respect for teammates, coaches, and opponents as much as forehands and serves.
- **Fitness and resilience** – Especially in Green and Yellow Ball, we build stamina, strength, and routines that support safe, confident play in match situations.

In everything we do—from Fundamentals Camp to Competitive Camp—our mission is to create a positive, high-energy environment where players **learn the game, love the game, and feel ready to keep playing long after camp ends.**

Character Development Through Tennis

Our camps are designed to help players grow on and off the court. Throughout drills, games, and match play, campers develop important life skills such as improved focus, problem-solving, and emotional control. They learn to handle challenges with confidence, show respect for opponents and coaches, and take responsibility for their effort and decisions during play. Tennis also builds resilience, coordination, and overall athletic development, helping players gain confidence and independence as they progress.