

CTEC Sport & Physical Activity Diploma



What we are learning in the Sixth Form

The following shows the topics we are teaching in CTEC Sport & Physical Activity Diploma across each term of Year 12 and Year 13 and some links that students may find useful in supporting their learning.

Please note that all learning is supported by resources which are placed daily on Google Classroom. Home Learning will also be listed in [Classcharts](#) and most subjects are supported by e-Textbooks on [Kerboodle](#).

TERM	TOPIC	USEFUL LINKS
YEAR 1		
Autumn	Unit 1 - Body systems and the effects of physical activity (Exam) Unit 13 - Health and fitness testing for sport and exercise	
Spring	Unit 2 - Sports Coaching and activity leadership Unit 17 - Sports Injuries and Rehabilitation Unit 4 - Working safely in sport, exercise, health and leisure (Exam)	
Summer	Unit 18 - Practical Skills in sport and Physical Activity Unit 17 - Sports Injuries and Rehabilitation Unit 4 - Working safely in sport, exercise, health and leisure (Exam)	
YEAR 2		
Autumn	Unit 3 - Sports organisation and development (Exam)	

	Unit 19 - Sport and exercise psychology	
Spring	Unit 8 - Organisation of Sport events Unit 11 - Physical Activity for Specific Groups	
Summer	Unit 5 - Performance analysis in sport and exercise	