

POLICY AND PROCEDURE

REACH for Tomorrow

Community Integration Program

Program Description

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Responsible Party: Director of Medical & Clinical Services

Program Overview

The Community Integration Program at REACH for Tomorrow is designed to support individuals with behavioral health and/or substance use conditions in developing the skills, supports, and resources necessary to participate successfully in community life. The program focuses on improving functional abilities, increasing independence, and strengthening recovery through real-world skill development and community engagement.

Program Goals

- Improve independent living and daily functioning skills
- Increase meaningful participation in community activities
- Strengthen social and interpersonal skills
- Support access to education, employment, and volunteer opportunities
- Promote recovery, resilience, and self-sufficiency

Population Served

The Community Integration Program serves individuals with mental health conditions, substance use disorders, or co-occurring disorders who experience functional impairments affecting their ability to live, work, learn, or engage in community activities. Individuals must demonstrate a need for structured skill development and community-based support services.

Core Service Components

- Independent living skills training
- Community participation and engagement support
- Social and interpersonal skill development
- Resource navigation and linkage to community services
- Support with employment, education, or vocational activities
- Coordination with healthcare providers and community partners

Service Delivery Approach

Services are delivered using person-centered, strengths-based, and recovery-oriented practices. Interventions are individualized and occur whenever possible in natural

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community environments such as the individual's home, workplace, school, or community settings where meaningful skill development can occur.

Staffing

Community Integration services are delivered by qualified behavioral health professionals and support staff who are trained in recovery-oriented care, community-based interventions, and person-centered service planning.

Expected Outcomes

- Increased independence in daily living activities
- Improved social functioning and relationship skills
- Greater engagement in employment, education, or community activities
- Improved ability to access community resources
- Enhanced overall stability and recovery

Program Evaluation

The effectiveness of the Community Integration Program is evaluated through ongoing quality improvement activities including outcome monitoring, service utilization review, and program evaluation processes consistent with CARF standards.

References

CARF International. (2025). Behavioral Health Standards Manual – Community Integration Services.