

Sexual Health and HIV/AIDS Education in Oak Harbor High School

As part of the district's health curriculum and to fulfill a graduation requirement, high school students are taught about sexual health and HIV/AIDS prevention. The teaching of HIV/AIDS prevention is required by the state each year beginning in the fifth grade.

Human Sexuality

In high school, the health education class is a required semester class for graduation taken during the ninth-grade year. The course provides a relevant study in sexuality and relationship issues including consent, nutrition and weight management, safety, emotional health and coping skills (teen suicide, domestic violence) and drug education. The class focuses on using problem solving and communication skills to help teens effectively handle life challenges and know how to get support.

HIV/AIDS Prevention

The HIV/AIDS prevention education is limited to the discussion of the life-threatening dangers of the disease, its transmission and prevention.

Adopted Curriculum

In the 9th grade health class, students learn sexual health and AIDS prevention education through core and supplemental materials.

Sexual Health Education

- <u>Glencoe Health</u> by McGraw-Hill, 2015
- Family Life and Sexual Health Education (FLASH) program
 - Flash Partnership with Families
- <u>Teenshealth.org</u>
- Life's Greatest Miracle

HIV/AIDS Prevention

- OHHS-created Lessons approved by the IMC:
 - <u>AIDS Prevention Lesson, Grade 10</u>
 - AIDS Prevention Lesson, Grade 10 Supplemental Information
 - <u>AIDS Prevention Lesson, Grade 10 Sentence Strips</u>
 - AIDS Prevention Lesson, Grade 11

• <u>AIDS Prevention Lesson, Grade 12</u>

Local Sexual Health Resources

The Oak Harbor Public Schools provides a <u>list of resources</u> as an optional service. The views of providers and website content do not necessarily reflect those of the district or its employees.

Note: Clicking any of these links will take you to a site outside of Oak Harbor Public Schools' control.