

Resources for Activists

Updated on 12/18/25.

220+ Cities Stand with Minnesota: Is Yours? Too many to list individually here, so click this link to see what's being promoted by [We \(the people\) dissent!](#)

[55,000+ Acts of Dissent: The Resistance Is Rising](#): Read this recap of the protest movement in 2025 America. We are growing and making a difference!

We've talked about targeting the Pillars of Power as being an effective strategy for toppling autocracies. This article confirms that and points at some indicators that it is happening: [Stress Factors in the Pillars of Power](#).

[Protest Virtually or at Home](#): Can't make it to a protest? That's OK. You can still get involved.

[A List of Virtual, Accessible, & At-Home Ways to Dissent](#): This list focuses on virtual or at-home opportunities to dissent. The list of links by state (at the bottom) ONLY displays virtual events, text and phone banks, or letter and postcard writing opportunities.

Find more listings here: [We \(the people\) Dissent](#) Substack

[Fifty Ways to Take Action](#): Creative actions help us tell a story, raise awareness about an issue, and inspire others to join us.

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Actions

- [Send Me Your Tired, Your Poor](#): Stage Lady Liberties flash mobs at courthouses, busy intersections, bus/subway/train stations, and other locations. If you know of folks elsewhere who would be interested in starting this same action,

use this URL to contact Judith:

https://docs.google.com/forms/d/e/1FAIpQLScTfcV_IoGUr22nE1EgC5ngbacXJ8cKI_LDq8-cjuWGydPKRQ/viewform. She will share the training video and answer any questions. Onward, because that is the only choice.

- **[Raise Your Voice—A People’s Guide to Advocating on the Hill](#)**: The Progressive Caucus Center is out with a new toolkit that helps constituents connect with their elected officials, share their stories, and push for the policies they care about. When we come together and use our voices, we can win the policies our families need—clean air and water, good union jobs, great schools, healthcare for all, paid leave, affordable housing, and more. From stopping the repeal of the ACA to winning more funding for food stamps, our voices can and do make a difference.
- **[Plays of Clever Resistance](#)**: Think the old political theater of the 1930s is a thing of the past? Think again. Then consider: *It Can’t Happen Here*, *Paul Revere Resists* and *Ban the Bans*. Each is a free, downloadable one-act play that dramatizes the refusal to yield to Donald Trump’s destruction of American democracy. These three plays serve as catalysts for discussion, organizing, and building the movement solidarity necessary for resistance. And each play is available for presentation by any grassroots group.
- **[Condemning Political Violence Resources](#)**: In the wake of increasing political violence in the U.S., here are some resources for promoting safety and resilience in our communities.
- **[Peacekeeping at Protests](#)**: Protests, rallies, and marches are important tactics to fight back against the Trump Administration. Volunteer peacekeepers help ensure the intended message is delivered by keeping the event safe. Peacekeepers may direct traffic, de-escalate conflict if there are counter protesters, and support the success of the action. There is a significant need for more peacekeepers. Join this virtual one hour training by experienced peacekeeper Elaine Almquist. Wednesdays, 5:15 to 6:15 p.m.
- **[Streetwise & Steady](#)**: This guidebook offers practical tools and principles for peacekeepers, rooted in the belief that nonviolent discipline is not just a tactic — it’s a strategy for resilience. By projecting calm, modeling solidarity, and preparing for the unexpected, peacekeepers help movements withstand pressure without fracturing. If fear is the goal, then solidarity is the antidote.
- **[Protest Safety in Light of Today](#)**: This moment will not pass by quietly; however, there is much we can do. We owe it to each other and to our communities to prepare as best we can for the blowback that is to come.
- **[What does cooperating with Trump look like?](#)** Tying noncooperation actions to pillars of support.

- **[POP Framework](#)**: One of the simplest, snappiest and most useful planning tools I know is one we teach at Rockwood Leadership Institute. It's a sweet little acronym called POP – standing for Purpose, Outcome and Process.
- **[MOCHA Framework: How to Assign Responsibilities](#)**: The MOCHA framework is a tool for defining clear roles and responsibilities on projects. In most settings, projects involve contributions from multiple people. This is especially true in the progressive and education equity sectors where we strive to collaborate, build coalitions, and seek perspective from communities most impacted by the issues we work on.
- **[How to Think \(and Act\) Like a Dissident Movement](#)**: People have been asking for a roadmap to stopping Trump/MAGA. This comes as close to one as I have seen.
- **[160 Ways to Change the World](#)**: Women are always asking us: “Is there anything I can do?” The answer is yes, 160 times yes!
 - a. This guide will walk you through:
 - b. Building Your Community with Red Wine & Blue's TroubleNation
 - c. Taking Back Power: Elections & Advocacy
 - d. Showing Up: Protests, Boycotts, & Beyond
 - e. Caring for Each Other: Mutual Aid & Protection
 - f. The Secret to Effective Messaging
- **[How Does a Protest Make Change?](#)** Hundreds of thousands of people took to the streets against Donald Trump last weekend. We asked social scientists what we need to do to make it stick.
- **[Tools for Meeting the Moment](#)**: History teaches that there are many ways we can rise to meet this moment. We can work to prevent political and identity-based violence by strengthening our shared values, identities, and social fabric. Where threats have escalated, we can defuse risks for violence by anticipating and addressing growing tensions. And if instances of violence do occur, we can respond to them in ways that limit harm and downstream consequences, and demonstrate solidarity with targeted communities.
- **[The WIRED Guide to Protecting Yourself From Government Surveillance](#)**: Donald Trump has vowed to deport millions and jail his enemies. To carry out that agenda, his administration will exploit America's digital surveillance machine. Here are some steps you can take to evade it.
- **[Rules for Radicals](#)** (free pdf version): Wanting to do something and doing something that will have an impact are not necessarily the same thing. There is much talk in the grassroots community about the need to innovate, experiment, and go bold. For advice, revisit the work of legendary community activist Saul Alinsky. In his classic organizing book, Rules for Radicals: A Pragmatic Primer for

Realistic Radicals, Alinsky presents 13 rules and loads of sage advice and stories on how to organize effectively. (Read more [here](#).)

- **[Anti-Authoritarian Handbook](#)**: The current moment demands audacity. Democracy advocates must pivot from reacting to building — faster, sharper, and at every level. Specific demands tied to institutional change are the key to turning temporary backlash against authoritarianism into permanent democratic renewal.
- **[The Vote is the Antidote](#)**: Do you want to help save US Democracy, but don't know where to start? This is a list of organizations you can sign up with TODAY to make to take immediate, impactful action to #GetOutTheVote for Democrats.
- **[Activist Hour Resources](#)**: Action ideas and resources for activists.
- **[Thirty lonely but beautiful actions you can take right now](#)**: Let's not miss the opportunity to be the lonely voice for justice in our own community, the person who makes it a little easier for a second and third and fourth lonely voice to start perking up by our side.
- **[Trump Fears Protest Power](#)**: History shows that when enough people take action, they win. And we don't need everyone — just a committed, organized minority. That's where you come in.
- **[The Resistance Needs to Get Organized](#)**: The resistance movement feels fairly chaotic right now. Competing events and causes result in activists feeling that they are being pulled in too many different directions. This post (which aligns perfectly with Indivisible's 4th Role, Build Alternatives) suggests that the community of grassroots organizations and nonprofits must come together to work collaboratively. We agree.
- **[Wooden legs, paper clips and ice fronts — resistance to the Third Reich](#)**: The events of 70 years ago are a reminder of the many forms of resistance against the Nazis now lost to history for the sake of glorifying military might.
- **[Civil Disobedience Handbook](#)**: This toolkit provides guidance on when and how to engage in acts of civil disobedience in a way that maintains an organization's duty of care to those acting on its calls for civil disobedience and mitigates reputational, financial, legal and other risks.
- **[Costco is the New Target](#)**: This article from Fast Company describes the positive impact of the current Target boycott. Read it and firm up your resolve to refuse to make purchases from companies that have abandoned their DEI (Diversity, Equity, Inclusion) policies.
- **[Boycotts: A tool that can change the tide](#)**: Many Americans cannot afford to miss a half day of work, let alone a week or a month. How, then, do we harm corporations' bottom line? We boycott. A long-term boycott can bring about change. To be successful, it must be organized, target vulnerable companies, and receive support from "big names."

- [Stacy Mitchell talks Citizen Power and Amazon Boycotts on Wisconsin Today](#): While a boycott of Amazon may not impact the company's bottom line, shifting your consumer dollars to local, independent businesses does have huge benefits for your community.
- **Live a Boycott Lifestyle**: You can adopt a general boycott lifestyle by restricting your purchases to necessary goods, supporting small businesses and ethical businesses, and canceling subscriptions, credit cards, etc. [Goods Unite Us](#) can direct you to brands and stores worth supporting.
- **Latino Freeze**: This movement is a non-partisan grassroots effort dedicated to demanding respect for Latino, Indigenous, and Immigrant communities of the United States.
- [Time sensitive actions \(Week of February 3\)](#): Actions identified during a call on Sunday, February 2. Resources included that can be used now, also later.
- [How *you* can protect democracy](#): 29 concrete actions you can take right now to protect our system of government.
- [ACLU Southern California–Local Government Meetings](#): A brief overview of how public meetings work and your rights to participate.
- **Grassroots Connector**: Subscribe to this Substack blog for regular posts about actions resisters can take to keep pushing back.
- [WE CHOOSE TO FIGHT: STATE OFFICE VISIT TOOLKIT](#): Actions from Indivisible, MoveOn, and Working Families Party
- [Litigation Tracker](#): This public resource tracks legal challenges to Trump administration actions. If you think we are missing anything, you can email us at lte@justsecurity.org.
- **Know Your Rights** ([English version](#), [Spanish version](#)): Learn more about the rights people in this country have as immigrants and as domestic workers.
- [Calculations of an Immigrant Activist](#): We all have different situations in our lives. We may be in the same boat, but not in the same category. I am an immigrant and activist with an accent and an unmistakable Hispanic last name. While I'm an American citizen, I know that I am at risk and that my citizenship will not protect me.
- [17 Ways to Disrupt the Status Quo in Your Hometown](#): Dissent doesn't require a nationwide movement—it simply requires time and creativity.

Tools

- [Bluesky](#): Bluesky is a social media platform that's similar to Twitter, where users can post short messages, photos, and videos.
- [Resistbot](#): Resistbot is a chatbot that turns your texts into faxes, postal mail, or emails to your representatives in minutes.

- [**Democracy.io**](#): You can contact your two senators and your representative in Washington by sending one email that reaches all three. Just let [democracy.io](#) do the legwork for you. Simply enter your street address, city and zip to get the names of your senators and your representative. Then choose to email one, two or all three by hitting Write to them! When you have finished your message, democracy.io will deliver it for you. You can even copy and paste Resistbot letters into this form, tailor them with a personalized message, and send!
- [**Empower**](#) app: Sign up for the Empower app today. How could you and your group use the app to get important, timely information out to people you know? Want to get started with the Empower app right away? Here's a [link](#) to an online training from last week.
- [**Fight the Good Fight Toolkit**](#): A free downloadable protest preparedness kit, including a guide on your rights when protesting, posters, signs, phone screen and zoom backgrounds, and shareable social media images!
- [**How to leave Twitter for Bluesky**](#): What with everything going on recently, we're seeing plenty of users flock away from Twitter—sorry, X—and set up social media presences elsewhere. Bluesky is currently one of the main beneficiaries of this user migration, and if you're thinking of making the same switch, we've got a complete guide to the process right here.
- [**US Nah!**](#): A grassroots movement where members pledge to avoid certain brands, discover better alternatives, and help grow the list. Every choice matters. -- USA Nah!

2026 Elections

- [**The Purple Project**](#): To win the House in 2026 by focused organizing in 2025 in 10 to 15 purple congressional districts with GOP House members. Whenever possible, we will strengthen and assist local Democratic parties in those CD's so that we build the infrastructure needed not only to win in 2026, but in 2028 and beyond.

Trusted News Sources

- [**MAGAFiles–Trump Research**](#): This American Bridge 21st Century toolkit helps you quickly review content that shows how the Republican administration's choices hurt everyday life.
- [**Frame Lab**](#): FrameLab is a newsletter about politics, language and your brain. It was founded by Dr. George Lakoff and Gil Duran in 2017 (as the FrameLab podcast). It is usually published 1 - 3 times per week.

Our goal with FrameLab is to help our readers understand how political language works, and to illuminate the key frames in our political discourse – ideological structures that are often hiding in plain sight. We also analyze and deconstruct propaganda tactics which, unfortunately, are accelerating in the digital age.

- [Trusted Sources](#): Downtown Nasty Women Social Group (DNWSG) maintains this up-to-date list of reputable, fact-based news sources for people to use and share. Some organizations listed here lean left, some right, and some work hard to remain nonpartisan. However, they all share a commitment to journalistic integrity and accuracy, a standard that should always transcend political affiliations.
- The new [Digital Green Book](#) from our friends at Onyx Impact is a powerful, practical and inspiring resource to combat the erasure of Black history. Check it out and share!