



NACIONĀLAIS
ATTĪSTĪBAS
PLĀNS 2020



EIROPAS SAVIENĪBA
EIROPA INVESTĒ LAUKU APVIDOS
Eiropas Lauksaimniecības fonds
lauku attīstībai



LEADER
EESTI



SOOMAA

Study tour

10. -11.august, 2022

LAG CESIS and Gauja National park area (Latvia)

AGENDA

10.08.2022.

12.00 Sigulda. “Zilver winery.” Presentation and degustation. While tasting wines you will have a chance to see and find out how Zilver family company goods are made. And of course, taste them together with snacks! Always different sorts of wine available. (LEADER projects) <https://zilver.lv/en/>.

13:30-14:30 Lunch at Spa Hotel EZERI restaurant "Gadalaiki"; Sigulda www.hotelezeri.lv/en/restorans/

14: 45 -15.45 Wellness complex. The Glass Pirts(SAUNA); the Smoke Pirts (SAUNA); the Woolen Pirts(SAUNA); Glass room accommodation; Bike rental and team building activities for groups. Meeting with representative or owner, discussion about business, projects and activities. (LEADER project). Entrepreneur located in Gauja National park, Sigulda region. <https://ziedlejas.lv/en>

16.00 -17.30 Vienkoči park and woodcraft museum, located in Gauja National park, Cesis LAG region.. Meeting and discussion with representative or owner about business, projects, activities. Workshop - making from Natural materials . (LEADER projects) <https://vienkoci.lv/en/>

Līgatne Paper factory village, located in Gauja National park, Cesis LAG region. (LEADER project - **Fishery Crafts Museum**- offers to view collection of diverse fishing accessories. The exposition of the museum is supplemented by the story of the guide about Gauja River and the fishing gear used by the fishermen on its banks.

18:30 Dinner “Vilhelmīnes dzirnavas” . Restaurant located in Gauja National park, Cesis LAG region. Oldest building of the heart of Līgatne Village. <http://visitligatne.lv/pub-vilhelmines-dzirnavas>

Accommodation Hotel “Tigra”. <https://hoteltigra.lv/home.html>

located in Gauja National park, Cesis LAG region. Priekulji.

11.08.2022.

Breakfast in Hotel

9.15 – 10.15 Guest House “Vaives Dzirnavas” (Vaive Mill) located in Gauja National park, Cesis LAG region. Peaceful accommodation or perfect place for weddings, corporatives; seminars; master clases. In the neighborhood beautiful natural places and Vaive River is rich with springs, rock outcrops, sandstone and dolomite caves. (LEADER projects). <https://www.vaivesdzirnavas.lv/en>

10:30 – 11.30 Northern Natural Medicine Museum. Cēsis manor house, Pils laukums 15.

Museum located in the granary of the Cēsis manor. The focus of exposition is medicinal plants of the northern regions and their use in health care in ancient times, demand today and innovative development opportunities in the future. The content of the exhibition created by the researchers of the Institute of Environmental Solutions, and Ain Raal, professor of pharmacognosy of the University of Tartu.

The Northern Natural Medicine Museum created in cooperation with the GrassLIFE project of the Latvian Nature Foundation, financed from the funds of the EU LIFE program.

12.00 – 14.00 Bread-house (Maizes māja), located in Gauja National park, Cesis LAG region. <http://visit.priekuli.lv/en/objekts/bread-house-krumini/>

- tourism farm offers cognitive and educational programmes for adults and children, introducing to the traditional Latvian lifestyle and intangible cultural heritage. Traditional bread and bun baking workshop.

Lunch in Latvian style from locally grown farm products only.

- **meeting with Active local village community leader** – discussion about development of local communities and possible future projects. Project experience „KOPA / Kopienų pārdomāta attīstība”

14.10. -14.40 Youth center “Apelsins” in Liepa, Located in Gauja National park, Cesis LAG region. Meeting and discussion with representatives about projects, activities and cooperation.

www.facebook.com/YouthCenterApelsins/

15.30- 16.30/16.45 Nature and technology park URDA. Located in Regional Waste management centre “DAIBE”. (Excursion, laboratory, space for events and exhibition, outdoor terrace, nature exploration trail, Experiments, educative objects). Located in Brasla LAG Region.

<https://www.urda.lv/en/about-us/about-urda>

~ 16:30 Cafe time and Time to say GOOD BAY!!