

# Athletics Day Information for Competitors - Tuesday 17th February

## What You Need To Bring:

- PE Gear – Year 9 & 10
- Comfortable active wear - Senior Students
- Hat, Sunblock, Water, Lunch

## What You Need To Know:

- **All students must go to their Period 1 class at 8.35am to have attendance marked before going to the field.**
- **Only students that have signed up to a minimum of three events, BEFORE Friday 13th February, may compete on Heats Day.**
- All competitors should arrive to school wearing sports gear - ready to compete
- Do NOT bring valuables and/or keep mobile phones away in your bags.
- If you are not competing in your event you need to be sitting and supporting.
- There is no leaving during the day for any students.
- There are to be **NO** food deliveries made to school. There will be plenty of food available to purchase from the Tuckshop on Tuesday, and you may bring your own food with you.
- You will be required to stay on the field until lunchtime each day. At lunch you will be able to sit where you like around the school (but remember there are exciting things happening on the field). You need to make sure you are back on the field promptly for the start of the afternoon.
- If you need to use a bathroom or fill a drink bottle up please use the Stadium – entrance and water fountain on the driveway side of the building.
- Be responsible for your own rubbish – pack it up, put it in the bin or take it home.
- There is enough shade and shelter around for you, but please bring lots of sunscreen and reapply throughout the day.

## Tuesday 17th February

Time	Event	Detail
8.00am	3000m race	All students competing in the open 3000m race to be on the field ready to go
8.35am	Attendance	Go to your period 1 class to have attendance marked before heading to the field
8.45am	Competitors are to be on the school field	Competitors ready and helpers at their stations Students seated
9.00am	Heats start	Junior 300m
10:15am - 10.35am	Interval	If you are on duty please make sure you are visible Tuckshop open
10.35am	Events continue	Competitors ready and helpers at their stations Students seated
12:45pm	Lunch	If you are on duty please make sure you are visible, especially around Paradise.
1.35pm – 3.00pm	Events continue	Competitors ready and helpers at their stations Students seated
3.15pm	End of day one	A bell will be rung to release students for the day. Students will be released from the field after all litter has been cleared and they have signed out with the registration desk