- "28 Days To A Client" -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🗸	1	10 PROSPECTS REACH.
2. 🗸	1	BREAK 2 EMAILS FROM BIG COPYWRITERS.
3. 🔽	1	REVIEW 2 OUTREACHS.
4. 🗸	1	REVIEW PIECE OF SOMEONE COPY OR FV.
5. 🗸	1	FILM A VIDEO FOR OUTREACH.
6. 🗸	1	MAKE FOOD FOR JOB.
7. 🗸	1	MORNING POWER-UP CALL.
8. 🔽/🗙	0	STUDY AND WRITE COPY BY WRITING FV OR EXERCISES AND POST IT IN REVIEW.
9. <mark>V/X</mark>	2	GET A WORKOUT DONE.
10. 🗸	2	INTERACT WITH STUDENTS IN TRW.
11. 🔽	2	STAY CONNECTED WITH YOUR GIRL.
12. 🗸	2	MEDITATE FOR 10 MINUTES.
13. 🔽	2	
14. 🔽	3	POST A VIDEO ON TIKTOK
15. 🔽	3	MENAGE YOUR INSTAGRAM AGENCY ACCOUNT.
16. 🗸	3	BE HAPPY WITH WHAT YOU EAT AT THE END OF THE DAY.
17. 🔽/🗙	3	GO FOR A RUN (45 MINUTES - 30 MINUTES).
18. 🗸	3	DRINK ENOUGH WATER.
19. 🔽/💢	3	
20. V /X	3	

Day Number: 1

Date: 14.03.

Start Of The Day - Time: 10 AM

	$ ilde{igstar}$ 3 Things That I Am Excited To Have In The Future? $ ilde{igstar}$
1.	
2.	
3.	



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 10 am: Task \$	GO GET GROCERIES FOR MEAL PREPPING.
🔔 Intention 🔔	DO IT AS QUICK AS POSSIBLE BY USING MOTORCYCLE.
/ Reflection /	HAVE DONE IT IN 45 MINUTES.
\$ 11 am: Task \$	MAKE A LAUNCH FOR ME AND MY GIRLFRIEND.
🔔 Intention 🔔	BY USING HER HELP MAKING LUNCH AS LESS PAINFUL AS POSSIBLE.
/ Reflection /	DONE IT.
\$ 12 am: Task \$	PREPARE FOR JOB AND MAKE EXTRA MEAL TO EAT AT JOB.
🔔 Intention 🔔	DOING IT S FAST AS POSSIBLE.
/ Reflection /	COULD be DONE IT MUCH MUCH QUICKER.
	•

\$ 1 pm: Task \$	GO TO WORK FROM 2 TO 8.
🔔 Intention 🔔	WITH SCOOTER NOT MOTORCYCLE.
/ Reflection /	DONE IT.
¢ o nome Took ¢	WATOU MODNING DOWED UP OALL AND HELD STUDENT IN TOW
\$ 2 pm: Task \$	WATCH MORNING POWER-UP CALL AND HELP STUDENT IN TRW.
🔔 Intention 🔔	
/ Reflection /	DONE THE PUC AND HELP STUDENT WITH COPY FOR FLYERS AND
\$ 3 pm: Task \$	START OF THIS CHALLENGE.
🔔 Intention 🔔	LEARN HOW TO DO IT AND DO ALL FOR THE CHALLENGE.
/ Reflection /	LEARN QUITE EASY.
\$ 4 pm: Task \$	REVIEW 2 OUTREACHS AND MENAGE KARAKCOPY
🔔 Intention 🔔	BY USING OTHER MARKETING AGENCY POST MENAGE YOURS, AND HELP SOMEONE WITH OUTREACHING.
/ Reflection /	Have done reviewing but didn't do karakcopy management.
\$ 5 pm: Task \$	MEDITATE, EXCERSIZE A COPY, 5 PROSPECTS.
🔔 Intention 🔔	Using chat gbp exercising copy and with myips find 5 prospects.
	•

/ Reflection /	Outreached 10 prospects instead of 5, didn't excessive copy moving that for AFTER THE WORKOUT.
\$ 6 pm: Task \$	EAT LUNCH AND DO WORK FOR JOB, BREAK 2 EMAILS.
🔔 Intention 🔔	
/ Reflection /	EVERYTHING DONE BUT IN ONE HOUR AND 20 MINUTES.
\$ 7 pm: Task \$	CLOSE THE STORE AND EXCERSIZE COPY.
🔔 Intention 🔔	
/ Reflection /	CLOSED THE STORE BUT DIDNT EXCREISZE COPY AT ALL.
	T
\$ 8 pm: Task \$	WORKOUT AND FOCUS MAKSIMUM
🔔 Intention 🔔	WITH HEADPHONE USE, DO THE WORKOUT FOR ONE AND HALF HOUR.
/ Reflection /	
\$ 9 pm: Task \$	Watch a video yt video to motivate yourself AND FILM OUTREACH VIDEO.
🔔 Intention 🔔	USING SRICPTS MAKE UNIQUE OUTREACH FOR THEM.
/ Reflection /	

\$ 10 pm: Task \$	PLAN YOUR NEXT DAY OUT.
🔔 Intention 🔔	CARFULLY OBSERVE DAY BEFORE AND SEE HOW TO IMPROVE NEXT DAY.
/ Reflection /	Needed to move planning at 11 pm.
\$ 11 pm: Task \$	Plan your next day carefully, sleep.
🔔 Intention 🔔	By looking at how to have a more productive day.
/ Reflection /	
\$ 12 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	



What Did I Learn Today?

That a lot of time is wasted on dumb stuff, like watching videos on phone and trying to make because I don't have time while in reality >I have a lot, someone can think 15 minutes is not a lot but it is a fucking a lot.

™What Do I Plan To Do Differently Tomorrow?™
Organize my time much differently.
What Do I Plan To Do The Same Tomorrow?
I like what have accomplished with food and getting exercise, that I do almost all of my tasks, didn't do one but now I know what to change and how to maksimasize time to do it.
Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
More students, brainstorm what problem I have in mind and Ask prfesor about it.
Practicing copy by writing it.

Brain Dump: