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9-Adult Activity	My Personality Type
Standard	CAREER AWARENESS AND PREPARATION
	CAREER RETENTION AND ADVANCEMENT
Badges Awarded/	Abilities and Aptitudes
★ I Statement	
	I have analyzed how my personality traits relate to career choice.
	Personal Interests
	I have analyzed how my personality affects how I work with others.
	Work Habits
	I have reviewed careers that match my personality type.
Time duration	60 minutes
	Identify my personality type.

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LESSON PLAN

Overview	Students will view a presentation that explains the Myers Briggs personality type preferences. They will then take a personality survey to discover what their preferred type is and learn about this type. In addition, they will be able to explore careers that would be a good fit based on their type.
Key Points	 Based on the MBPT, there are 4 dimensions of personality and 16 specific personality types. Knowing your personality type can help you be successful. Each type has its own strengths and weaknesses. Types can be matched with careers that are a good fit.
Gathering Your Thoughts Questions	How can you use information about your personality type to inform your career plan? In your answer consider: What career do you think would be a good fit for your personality and what makes this career a good fit for your personality? What are your personality strengths when working as part of a team? What kind of tasks or roles will you do best?
Final Output	Your personality type with details Gathering your thoughts answers.
Teacher Resources: Links and Files	Websites: 1. Myers Briggs type Indicator 2. 16 Personality Types