

LUNCH MENU - JANUARY 2026 - CGD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 BBQ Chicken Leg Biscuit Coleslaw Grapes HS Choice: Pizza Slice	6 Chili Crispito Refried Beans Celery Sticks Clementine HS Choice: Deli Sub	7 Spaghetti & Meatballs Garlic Bread Fruit Cocktail Ice cream cup HS Choice: Chk Sand.	8 Ham & Cheese Sand. Chili & Fritos Cherry tomatoes Fresh strawberries HS Choice: Chef Salad	9 Cheesy Bosco Sticks Garlic Green Beans Mini greek salad Pineapple cup HS Choice: Burger
12 Chicken Tenders Tater Gems Carrot Sticks Apple Slices HS Choice: Chicken Ranch Flatbread	13 Pulled Pork Sandwich Corn on the Cob Cherry Tomatoes Fresh Pineapple Sugar Cookie HS Choice: Deli Sub	14 Corn Shell Taco Cowboy Salsa Taco Fixins Berry cup Sugar Cookie HS Choice: Chk Tend.	15 Pepperoni pizza Baked Asparagus Broccoli Florets Cantaloupe HS Choice: Chicken Caesar Salad	16 Mandarin Chicken Vegetable rice Cucumber Slices Tropical fruit HS Choice: Hot Dog
19 Burger on Bun Hash Brown Coleslaw Fruit Cocktail HS Choice: Pizza Slice	20 Quesadilla Cheesy Refried Beans Green Salad Sliced Peaches HS Choice: Deli Sub	21 Goulash & Roll Corn Fresh pineapple Brownie HS Choice: Chk Sand.	22 Mozzarella Sticks Dill Carrots Celery Sticks Clementine HS Choice: Chef Salad	23 Hot dog Curly Fries Carrots Strawberry Applesauce HS Choice: Chk. Burger
26 Grilled Cheese Black Beans Steamed Broccoli Whole Apple HS Choice: Cowboy Chicken Nachos	27 Breaded Chk. Sandwich Caesar Salad Green Beans Honeydew Melon HS Choice: Deli Sub	28 Beef Stroghanoff Peas Orange wedge Choc Chip cookie HS Choice: Buffalo Bites	29 Taco Pizza Ginger Carrots Celery Sticks Banana HS Choice: Chicken Caesar Salad	30 Mr. Rib sandwich Corn Fiesta Carrot sticks Fruit Cocktail HS Choice: Hot Dog

This institution is an equal opportunity provider. Menus subject to change without notice. Choice of milk provided with every meal.