

Suggested Packing List for a Campout

Basic Gear

- ☐ Backpack or duffel bag
- ☐ Tent (with stakes and guylines)
- ☐ Ground tarp or footprint
- ☐ Sleeping bag (appropriate for the weather)
- ☐ Sleeping pad or air mattress
- ☐ Pillow or small travel pillow
- ☐ Headlamp or flashlight (with extra batteries)
- ☐ Camp chair or stool
- ☐ Reusable water bottle or hydration pack
- ☐ Daypack for hikes

Clothing

- ☐ T-shirts (moisture-wicking recommended)
- ☐ Long-sleeve shirts (for sun or bug protection)
- ☐ Fleece or warm layer
- ☐ Rain jacket or poncho
- ☐ Lightweight jacket or hoodie
- ☐ Pants (quick-dry recommended)
- ☐ Shorts (weather depending)
- ☐ Sleepwear
- ☐ Undergarments and socks (extra pairs!)
- ☐ Hiking boots or sturdy shoes
- ☐ Camp shoes or sandals
- ☐ Hat (for sun) and/or beanie (for warmth)
- ☐ Gloves (if chilly weather expected)

Toiletries & Personal Items

- ☐ Toothbrush and toothpaste
- ☐ Biodegradable soap
- ☐ Towel and washcloth
- ☐ Deodorant
- ☐ Brush or comb
- ☐ Lip balm with SPF
- ☐ Sunscreen
- ☐ Bug repellent
- ☐ Hand sanitizer
- ☐ Toilet paper or tissues
- ☐ Personal medications
- ☐ First aid kit (band-aids, antiseptic, tweezers, etc.)

Cooking & Food Supplies

- ☐ Mess kit (plate, bowl, cup, utensils)
- ☐ Reusable straw (optional)
- ☐ Food/snacks (trail mix, bars, fruit)
- ☐ Cooler and ice packs (if bringing perishables)
- ☐ Stove or campfire supplies (if cooking yourself)
- ☐ Trash bag or ziplock for food waste
- ☐ Dish soap and sponge
- ☐ **S'mores will be provided** (feel free to bring your own supplies if you have special dietary needs).

Optional / Extras

- ☐ Camera or binoculars
- ☐ Journal or book
- ☐ Nature ID guides (plants, animals, stars)
- ☐ Cards or travel games
- ☐ Marshmallow roasting sticks
- ☐ Blanket for stargazing
- ☐ Portable charger or power bank
- ☐ Ziplock bags or dry bags (for waterproofing items)
- ☐ Bandana or neck gaiter
- ☐ Sunglasses

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