

Summer Camp HandBook:

Availability:

Camp will be filled on a first come first serve basis. The earlier you are able to register for your week/days, the better! If you need to add or change dates, please let us know ASAP

Payments:

All payments are final (no refunds) and are due at the time of sign up. Your child will not be able to attend if there is not a payment made. *If you no call/no show you are still required to pay for the day of camp since you are holding a spot. If you know you will not be attending please email morgan@ma-aagda.com 24 hours in advance.

Forms to be Completed:

Prior to the first day of camp parents/guardians must complete the following:

1. Online portal account that has accepted all of our policies and waivers
2. Medical consent form (if child has to take medication during camp hours)
3. Submit a physical/immunizations records
4. Pick up list

Arriving & Departing Camp:

Parents/guardians are asked to accompany their child/children into the building and sign them in each morning. Whoever is picking the child/children up **MUST** be on the pick up list provided before the start of camp and has to show ID. This sign in/sign out process is for the safety and accountability of your child/children and takes place at the front desk. All children must be picked up by the designated times (12pm for half day, 3pm for full day, 4pm for late pick up). *If you did not pay the \$10 per day for late pick up and your child remains for an extra 15 mins. You will be charged the late pick up fee.*

What to Wear:

Comfortable, athletic/casual clothing or leotard. Some activities are outdoors and some types of footwear are not made for outdoor terrain. We will be very active in the gym and outside and we want all children to participate. For outdoor activities we recommend athletic shoes with socks and in the gym will be barefoot!

We will also be participating in water activities throughout the week - weather permitting - so please bring swimsuit, towel, watershoes/flips flops & sun screen. **Tuesdays & Thursdays will be designated water days!** Every Tuesday & Thursday - weather permitting - the kiddos will participate in some fun water activities; sprinklers, water slides, water balloons, etc. so please be sure to have your water supplies these days each week!

Medication:

If your child needs medications dispensed throughout the day (including advil & tylenol) it must be kept with camp staff. A medical waiver and release form must be completed with specific instructions on administering the medication. Medication cannot be dispensed without completion of the Medical Waiver Form. Please personally deliver all medications to camp staff directly.

Illness/Sick Policy:

If your child has a fever, is vomiting, or any other contagious illnesses please do not send them to camp. If a child develops these symptoms at camp, parents/guardians will be contacted and expected to make arrangements to pick up the child. Children should be symptom free, WITHOUT MEDICATION for at least 24 hours. If you have notified us and must miss a day due to illness and have already paid for that day, a credit will be put on your account.

What to bring to camp:

- Refillable water bottle - *please label child's name on it*
- Lunch and multiple snacks - *please write child's name on lunchbox/bag*
- Sun block - *please label child's name on it and apply before arrival*
- Wear comfortable, athletic clothing & sneakers
- Change of clothes - *in a clear/plastic bag with child's name on it*
- Bathing suit, towel & water shoes/flip flops (*Tuesdays & Thursdays are water days*)
- ***NO ELECTRONICS PLEASE*** We will have a phone readily available for any child/parent to call for emergency purposes

Gymnastics Code of Conduct:

In an effort to maintain consistency and fairness to all campers, a Code of Conduct has been adopted and all campers will be asked to follow the following camp-wide behavior guidelines.

- Respect other campers, gymnastics coaches/staff and equipment
- Always use proper language and behavior
- Keep hands feet and objects to yourself
- Follow the safety rules in the gym and camp area
- Follow directions at all times

Please review these guidelines with your child. These guidelines have been implemented to ensure a safe and fun camp experience for everyone!

Behavior Correction:

Camper discipline will be handled with kindness, consistency and understanding. All American Gymnastics & Dance Academy staff will discuss the rules thoroughly with all campers. We believe campers in a group situation want to conform to rules as soon as they know what is expected of them. However, to assist counselors with deterring and hopefully improving inappropriate behavior, progressive discipline guidelines have been established.

- **First incident:** Verbal correction or warning.
- **Second Incident:** Timeout from current activity/note to parent that this is a second offense for behavior problems.
- **Third Incident:** Camp Director contacted, discussion with child, timeout from current activity and parents notified at the end of the day.
- **Fourth Incident:** Parents contacted and asked to pick up their child immediately.

These procedures are meant to serve as guidelines only, and steps may be skipped depending on the behavior.

General Schedule of Daily Activities for AAGDA Summer Camp

8:30am-9:15am: Arrival & Check In (coloring, reading, board games)

9:15am-10:30am: Gymnastics Rotations

10:30am-11:00am: Morning Snack

11:00am-12:15pm: Group Games/Open Gym/Craft

12:15pm-1:00pm: Lunch Time

1:00pm-2:45pm: Open Gym/Gymnastics/Games/Obstacle Courses/Water Activities (T&TH)

2:45pm-3:00pm: Clean up time/dismissal

3:00pm-4:00pm: Late Pick Up - Room activities (games, afternoon snack)

This is an approximate schedule. Due to unforeseen circumstances and gym schedules the order of activities may change. On nice days, time will be spent outside. The schedule may change day to day depending on other activities in the gym.