EPHESIANS 4:17-32

Review...

- The second half of the book...
 - o Having finished chapters 1-3 the doctrine of the blessings we have in Jesus Christ...
 - o We moved on to chapter 4-6 the practical duty we have in following Jesus Christ...
 - o Knowledge is not enough we need to put into practice the things we learn...
 - o They key word for the last 3 chapters is 'walk'...
- **Ephesians 4:1-16** Walk worthy of the calling...
 - o In light of all that God has given to us we should walk worthy of our calling...
 - o God gave gifts to help us in our walk apostles / prophets / evangelists / pastors-teachers
 - Everyone one of us has been given at least one of these gifts...
 - The purpose of the gifts is to equip the saints to be able to serve the Lord...
 - And to mature the believers so they are not longer tossed about in their walk!
 - o Not only are we to walk worthy of our calling we are not to walk like those in the world...

Do not walk like those in the world... (3 things)

- 1st The walk of the world... vs. 17-19
 - o Do not walk like those in the world they are confused... vs. 17
 - People who do not know Jesus have no idea what life all about is...
 - The world can ask the question 'what is the meaning of life' but has no answer...
 - They hold that we are an accident of evolution live then die and cease to exist!
 - In fact there is a famous British comedy that said that answer is '42'...
 - Why 42 a joke because without God there is no answer to the question!
 - They just exist from day to day with no idea why they are alive!
 - And if we are listening to hanging out with looking to those in the world...
 - If we choose to follow them then we are going to be as confused as they are!
 - These people we are looking to follow are not even going to heaven...
 - Idolaters/fornicators/adulterers/homosexuals sexual immoral...
 - Thieves/covetous those who are always looking for more money more stuff...
 - Drunkards/abusers/swindlers those whose lives are out of control...
 - They need to receive the wisdom of Christ from us not us from them!
 - o They are Confused because their minds are full of darkness... vs. 18
 - The reason is because they reject the light that comes from knowing God...
 - In order to see where we are going we need to have light...
 - If we refuse to turn on the light then we are left to wander in darkness...
 - **John 8:12** "I am the light of the world: he that follows me shall not walk in darkness, but shall have the light of life."
 - If we believe in Jesus, the answer to the meaning of life is simple...
 - We were created to have a relationship with God John 17:3...
 - And God gave us this life to choose decide about our eternity...

- But those who reject Jesus refuse that light and are left to wander in darkness!
- The reason they reject the light is because their hearts are calloused...
 - When I first learned guitar my fingers bled from pressing on the steel strings...
 - But eventually with lots of use they grew calluses and became tough...
 - When we first commit a sin we bleed with conviction from the Holy Spirit...
 - But if we continue to sin we can create a callous on our hearts fell nothing...
 - **Hebrews 3:13 -** "Exhort one another daily, while it is called 'Today,' lest any of you be hardened through the deceitfulness of sin."
 - Sin is devastating if we refuse to repent of our sin it will harden our hearts...
 - We end up rejecting God because we prefer to live on in our sin!
- o As a result they have no shame... vs. 19
 - Those who are calloused no longer feel any conviction from God...
 - They seek to please themselves sexually given over to unbridled lust...
 - They seek to gain as much money as they possibly can full of greed...
 - Because when it is over there is nothing we cease to exist...
 - There is no right there is no wrong / there is no heaven there is no hell...
 - So we mind as well live it up eat / drink / and have all the fun we can!
 - But they are wrong and there is a day of judgment coming...
 - They are storing up wrath for the day when they will stand before Jesus...
 - And because they chose to look away spend eternity separated from God in hell!

• 2^{ND} - What we learned from Jesus... vs. 20-24

- o Listen to Jesus... vs. 20-22
 - How do we hear Jesus through His Word...
 - He teaches us to throw off the old corrupt ways which we used to live by...
 - There are only two option how to live our lives walk like the world / or like Jesus!
 - Romans 12:2 "Do not be conformed to this world..."
 - This world does all it can to convince us it has everything we need to be happy...
 - All we need is more money / better job / more possessions / a different relationship
 - Everywhere we look we see the standards of the world TV / radio...
 - One must ask the question if that is true we should be able to see it...
 - If the answer truly was in the world then we should be able to see examples...
 - If we look to those who have 'worldly success' are they content / full of joy...
 - When we chase after the things of this world conform it brings momentary bliss
 - It is a shallow fulfillment though every bought something new does not last...
 - Solomon put it best it is like grasping for the wind Ecclesiastes 2:10-11...
 - It is not a matter of striving for the impossible you are reaching for nothing!
 - It is an empty pointless life it only leads you from one dry well to another!
- o Therefore, instead let the Spirit give us a new attitude... vs. 23-24
 - Both the throwing off the old ways and getting a new attitude 'passive voice'...
 - Meaning something causes us throw off the old and receive the new...
 - As we realize that the world has no answers to life only empty promises...
 - And as we get into the Word and grow in our relationship with Jesus...
 - We will find the Spirit changes our heart gives us a new outlook...

- No longer living for the pleasure of the moment but living with an eternal view!
- The results is we have a 'new attitude' we are a 'new man'...
 - With a new character formed by God no longer living in the sin of this world...
 - A holy character set apart from this world ready to be used by God...
 - Our old man our old sinful nature was crucified and buried with Jesus...
 - We were then 'raised from the dead' no longer the old sinful man we once were
 - We were given 'new life' freed from sin to live for God!
 - **II Corinthians 5:17** "Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."
- 3^{RD} The walk of the new man in Christ ... vs. 25-32 (5 things)
 - o 1st Do not lie tell the truth to each other... vs. 25
 - There are no levels of lies no little lies / or white lies / or half-truths...
 - There is just the truth and then there is a lie no middle ground...
 - If we are not telling all of the truth then we are telling a complete lie!
 - Is there ever a good reason not to tell the truth...
 - Such as if it keeps someone from having hurt feelings 'how do I look' ugly!
 - End does not justify the means its as much about the journey as the destination
 - There is never a good reason to lie it is depending on our efforts / wisdom...
 - Better to be honest tell the truth and trust in/depend on the Lord!
 - We are to always tell the truth because we are part of the same body...
 - Imagine if you told you foot to walk it said OK but it lied and instead stood still...
 - The whole body would end up falling down because one member lied...
 - We are all one family we all belong to the Body of Christ church of God...
 - A pastor lying about taking money does not just affect one man hurts many...
 - Therefore we should not lie be dishonest with each other...
 - o 2nd Do not be ruled by your anger... vs. 26-27
 - Because uncontrolled anger leads to bitterness / hate...
 - Jesus is said in **Matthew 5:21** to have hate for someone is equivalent to murder!
 - Matthew 5:22 "If you are even angry with someone, you are subject to judgment!"
 - Will be in danger of THE Judgment before the White Throne of God...
 - Because if we are not willing to forgive God will not forgive us Matthew 6:15
 - If you are angry with someone deal with it before the sunsets...
 - Talk to the person you are upset with before your anger turns to bitterness...
 - That bitterness becomes hatred and that hatred begins to control your life!
 - We might even find we misunderstood something that was done or said...
 - Simply talking the time to talk to the person resolves the problem...
 - Or if there is sin and they repent then their is forgiveness I John 1:9
 - If we try and 'ignore' the problem we give an opportunity to satan...
 - Satan would love to cause division within the church bitterness and hate...
 - **II Corinthians 2:11** "lest Satan should take advantage of us; for we are not ignorant of his devices."
 - Do not let satan rob the church of the forgiveness and joy Jesus has provided...

- If you are upset / angry with someone go / now / today and talk to them!
- o 3rd Do not steal instead give to those in need... vs. 28
 - Literally stop talking things from other that do not belong to you...
 - We can call it anything we like borrowing without asking / 'hulam lang ko no'
 - We can justify it any way we like they already have a lot / they will not miss it...
 - Everybody may do it owner may be more embarrassed than the one who took it...
 - If it is not ours we have no right to take it it is stealing stop it!
 - Instead work so you can afford to give to others...
 - Acts 20:35 "It is more blessed to give than to receive."
 - Giving shows we are more concerned about others than ourselves...
 - Giving shows we are more concerned about the eternal than the temporary...
 - And when we give we will find we end up with more anyways!
 - **Luke 6:38** "If you give, you will receive. Your gift will return to you in full measure, pressed down, shaken together to make room for more, and running..."
- o 4th Do not use harsh speech grieving the Holy Spirit... vs. 29-30
 - We need to be very careful what comes out of our mouth...
 - **James 3:5** "The tongue is a small thing, but what enormous damage it can do..."
 - When we choose to pass on the latest juicy stories gossip...
 - When we use sarcasm trying to be funny but instead cutting those we love...
 - When we blurt out things in anger things we wish we had not said...
 - When we tell 'green jokes' sexual humor to try and get a laugh...
 - When we curse swear words / or using the name of God in vain...
 - We need to be very careful what we say the hurtful words we speak...
 - You have heard the old saying 'if you have nothing good to say say nothing'...
 - Because we will have to answer one day for every idle word Matthew 12:36
 - The result of which is to grieve the Holy Spirit...
 - Have you ever been listening to a conversation when it turns offensive...
 - You suddenly become uncomfortable you want to quickly get away...
 - If we are not careful with our words we can offend the Holy Spirit...
 - Making Him 'uncomfortable' so that He does not want to be around us!
 - Instead use your words to do good...
 - Say those things that will bless others give grace to those who listen...
 - In other words let the Word of God be what flows from your lips!
 - The way to do that is to make sure you are 'full of the Word of God'...
 - Luke 6:45 "Out of the abundance of the heart the mouth speaks."
- o 5th Do not be bitter or angry instead be kind and forgiving... vs. 31
 - When we are hurt by someone and refuse to forgive it plants a seed in our heart...
 - Can quickly grow into bitterness we become consumed with what 'they did to us'!
 - Its roots can grow down deep poisoning and hardening separating us from God...
 - The 'fruit' in our life makes us sour and bitter eventually brings spiritual death...
 - With un-forgiveness in our hearts God does not hear our prayers Mark 11:25
 - The only solution look to Jesus He can remove our un-forgiveness!
 - Jesus went to the cross to pay for our sins ALL of our sins...
 - How then could we not forgive someone for the little sin they have done against us...

- Forgiveness is not just for the one who did us wrong it is also for us...
- It sets us free we do not dwell on the past we get to move forward in Jesus!