



Civility and Compassion in Teaching

Faculty Resources for Higher Education

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Articles and Guides

dair, K. C., Kennedy, L. A., & Sexton, J. B. (2020). [Three Good Tools: Positively reflecting backwards and forwards is associated with robust improvements in well-being across three distinct interventions](#). *Journal of Positive Psychology*, 15(5), 613–622.

Cartabuke, M., Westerman, J. W., Bergman, J. Z., Whitaker, B. G., Weterman, J., Beekun, R. I. (2019). [Empathy as an antecedent of social justice attitudes and perceptions](#). *Journal of Business Ethics*. 157: 605-615.

Fishman, M. D. C. (2020). [The Silver Linings Journal: Gratitude During a Pandemic](#). *Journal of Radiology Nursing*, 39(3), 149–150.

Karns, C. M., Moore, W. E., Mayr, U. (2017). [The cultivation of pure altruism via gratitude: A functional MRI study of change with gratitude practice](#). *Frontiers in Human Neuroscience*.

Knepp, K. A. (2012). [Understanding student and faculty incivility in higher education](#). *The Journal of Effective Teaching*, 12(1), 32-45.

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Wong, Y. J., Owen, J., Gabana, N. T., Brown, J. W., McInnis, S., Toth, P., & Gilman, L. (2018). [Does gratitude writing improve mental health of psychotherapy clients? Evidence from a randomized controlled trial](#). *Psychotherapy Research*, 28(2), 192-202.

CETL Teaching Tips

- [Managing Stress and Anxiety in Uncertain Times](#)
- [Proctoring and Pedagogical Choices](#)

Videos

- [RSA Shorts: Dr Brené Brown, "The Power of Empathy" \(3 minutes\)](#)
- [Empathy: Best Speech of All Time by Simon Sinek \(14 minutes\)](#)

Podcast Episodes

- [How to Be a Generous Professor in Precarious Times \(Douglas Dowland and Annemarie Perez on Teaching in Higher Ed, 39 minutes\)](#)
- [Teaching with Compassion \(Peter Kaufman on Teaching in Higher Ed, 41 minutes\)](#)
- [Respect in the Classroom \(Kevin Gannon on Teaching in Higher Ed, 36 minutes\)](#)
- [How to Care for Grieving Students \(Bonni Stachowiak on Teaching in Higher Ed, 16 minutes\)](#)

Tools and Activities

- [Clark Workplace 'Civility Index'](#)
- [Oakland University Recreation and Well-Being](#)

Past CETL Events

Workshop recordings, slides, and handouts. Links prompt logging into an eSpace page using your OU User ID and password (same info as Moodle and OU email account).

- [Effective Communication during Challenging Times \(Lynda Poly-Droulard\)](#)
- [Stress and Anxiety in Students \(David Schwartz, OU Counseling Center\)](#)

Many thanks to Dr. Lynda Poly-Droulard, adjunct assistant professor of nursing at Oakland University and CETL Faculty Fellow for her contributions to this teaching resource. She also contributed a resource collection on [Trauma-Informed Pedagogy](#). If you have suggestions, please email Christina Moore (cmamoore@oakland.edu). Photo by [Tim Mossholder](#) on [Unsplash](#)