PENN·HARRIS·MADISON SCHOOL CORPORATION

# Instruction on Human Sexuality and Growth and Development

Penn HIGH SCHOOL
A PENN-HARRIS-MADISON SCHOOL

**Parent Communication**

## Penn High School - Consent to Classroom Instruction

Student Name: _____

Penn High School provides this consent from you before students receive human sexuality instruction as part of the Growth and Development unit in your child's Health class. The school corporation's curriculum educates students about reproductive science, reproductive health and wellness, human development, childhood development, as well as abstinence from sexual activities outside of marriage and sexually transmitted infections, as required by Indiana law. The exact instructional content varies upon the course, the age and grade level of the students. The instruction provided is also designed to satisfy the Indiana Academic Standards for Child Development and Human Development. Instruction for this unit will be taught to male and female students in a unified setting. The instruction on human sexuality for this course will be taught by a **male / female** teacher.

If a student does not participate in the instruction on human sexuality, Penn High School will provide alternative, academic instruction to the student during the same time frame that the instruction on human sexuality is offered.

In your child's Health class this year, students will be studying a growth and development unit that covers the endocrine system, the male reproductive system, and the female reproductive system. Lessons will focus on the structures and functions of each system, how to care for them, and common health concerns that may arise. Students will also receive instruction on related topics such as hormones, reproduction, abstinence, sexually transmitted diseases, contraception methods and their effectiveness, and the importance of regular check-ups and healthy decision-making. This unit is designed to provide students with accurate, age-appropriate knowledge to support their overall health and well-being.

You can review and inspect all materials used in connection with the instruction on human sexuality. These materials are available for your review and inspection at Penn High School during normal business hours and on the teacher's Canvas page. **(Link)**

If your student's teacher does not receive a response from you within ten days of this notice, the student will receive human sexuality instruction unless you subsequently opt out of the instruction.

Please indicate your selection below and return this form to your student's teacher.

_____ Consent to the Instruction _____ Decline Instruction

Signature: _____

Date: _____

**Penn High School SEA 442 Narrative**

Penn High School will comply with the requirements of Senate Enrolled Act (SEA) 442 regarding instruction on human sexuality or sexually transmitted infections by:

1. Requiring a teacher to teach abstinence from sexual activity outside of marriage as the expected standard for all school age children.
2. Incorporating instruction that shares abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted infections, and other associated health problems.
3. Incorporating instruction that states the best way to avoid sexually transmitted infections and other associated health problems is to establish a mutually faithful monogamous relationship in the context of marriage;
4. Including age appropriate instruction concerning the importance of consent to sexual activity between two individuals; and
5. Except as provided in subsection (b), providing an in-person presentation on human growth and development during pregnancy that is medically accurate and age appropriate and includes the following:
    (A) A high definition ultrasound video, at least three minutes in duration, showing the development of the brain, heart, sex organs, and other vital organs in early fetal development.
    (B) A high quality computer generated rendering or animation showing the process of fertilization and each stage of fetal development inside the uterus, noting significant markers in cell growth and organ development for every week of pregnancy from fertilization to birth.

Penn High School students who are enrolled in a Health class will be studying a growth and development unit that covers the endocrine system, the male reproductive system, and the female reproductive system. Lessons will focus on the structures and functions of each system, how to care for them, and common health concerns that may arise. Students will also receive instruction on related topics such as hormones, reproduction, abstinence, sexually transmitted diseases, contraception methods and their effectiveness, and the importance of regular check-ups and healthy decision-making. This unit is designed to provide students with accurate, age-appropriate knowledge to support their overall health and well-being.

**Instructional Materials for Penn High School**

Below is a summary of the contents and nature of the instruction on human sexuality that will be provided to the student in Health including resources that each teacher will use during this unit.

- **Growth and Development Unit (IDOE Standards)**
  - **Lesson 1: The Endocrine System**
    - Students will learn about the structure of the endocrine system, including glands, functions and associated problems related to the endocrine system. **Standards**
      - **Vocabulary and Literature**
      - **Endocrine Concept Map**
      - **Guided Reading Questions**
  - **Lesson 2: The Male Reproductive System**
    - Students will be able to identify the parts of the male reproductive system, including understanding the concept of reproduction, functions and associated problems related to the male reproductive system. **Standards**
      - **Vocabulary and Lecture**
      - **The Male Reproductive Concept Map**
      - **Guided Reading Questions**
      - **The Male Reproductive System Worksheet**
  - **Lesson 3: The Female Reproductive System**
    - Students will be able to identify the parts of the female reproductive system, including understanding the concept of fertilization, the menstrual cycle, functions and associated problems related to the female reproductive system. **Standards**
      - **Vocabulary and Lecture**
      - **The Female Reproductive System Concept Map**
      - **Guided Reading Questions**
      - **The Female Reproductive System Worksheet**
      - **Video: Fertilization**
  - **Lesson 4: Pregnancy and Heredity**
    - Students will be able to explain the process of fertilization, identify the parts and functions of the structures involved in pregnancy,

describe the stages of development from conception to birth, and recognize responsibilities and problems associated with pregnancy.
        - Students will be able to define heredity, explain how traits are passed from parents to offspring, distinguish between dominant and recessive traits, describe the role of DNA and chromosomes, and identify problems or disorders related to heredity. **Standards**
            - **Vocabulary and Lecture**
            - **Heredity Concept Map**
            - **Guided Reading Questions**
            - **Fetal Development Week by Week Overview**
            - **What is a Gene?**
    - **Lesson: Sexually Transmitted Infections**
        - Students will be able to identify common types of sexually transmitted infections, including understanding how they are transmitted, their signs and symptoms, abstinence, and problems or complications associated with STIs. **Standards**
            - **Vocabulary and Lecture**
            - **STIs Interactive Worksheet**
            - **Guided Reading Questions**
    - **Lesson: HIV/AIDS**
        - Students will be able to explain what HIV and AIDS are, including how the virus is transmitted, the ways it affects the immune system, methods of prevention, and problems or complications associated with HIV/AIDS. **Standards**
            - **Vocabulary and Lecture**
            - **Guided Reading Questions**
            - **AIDS Interactive System Worksheet**

Penn High School Health teachers will also provide an in-person presentation on human growth and development during pregnancy that is medically accurate and age appropriate and includes the following:

> (A) A high definition ultrasound video, at least three minutes in duration, showing the development of the brain, heart, sex organs, and other vital organs in early fetal development.
> (B) A high quality computer generated rendering or animation showing the process of fertilization and each stage of fetal development inside the uterus, noting significant markers in cell growth and organ development for every week of pregnancy from fertilization to birth.

Penn High School Health teachers will provide the presentation during the growth and development unit. **Fetal Development Week by Week Overview**

**Parent Communication**
SMS - Consent to Classroom Instruction Letter
DMS - Consent to Classroom Instruction Letter
GMS - Consent to Classroom Instruction Letter

**Instructional Materials for Middle School Students**

## 6th GRADE

**Glencoe McGraw-Hill Teen Health Textbook Chapter 8**

- Lesson1: Adolescence: A Time of Change
  - The lesson focuses on three kinds of changes students go through in their teen years and the role that the endocrine system plays in these changes.
- Lesson 2: Human Reproduction
  - The lesson focuses on the identification of the male and female reproductive system.
- Lesson 3: Heredity and Lifecycle
  - The lesson focuses on how inherited traits are passed along, the development of a baby, and the stages of the life cycle.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 3**

- Lesson 4: Healthy Relationships
  - The lesson focuses on abstinence and refusal skills.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 8**

**Presentation**

- Growth and Development
  - This presentation corresponds to the textbook chapter and focuses on the type of changes students go through in their teen years, male and female reproduction, heredity, the life cycle, communicable and non-communicable diseases, and HIV/AIDS.

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**Glencoe McGraw-Hill Teen Health Textbook Chapter 8**

- Lesson1: Adolescence: A Time of Change
  - The lesson focuses on three kinds of changes students go through in their teen years and the role that the endocrine system plays in these changes.
- Lesson 2: Human Reproduction
  - The lesson focuses on the identification of the male and female reproductive system.
- Lesson 3: Heredity and Lifecycle
  - The lesson focuses on how inherited traits are passed along, the development of a baby, and the stages of the life cycle.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 3**

- Lesson 4: Healthy Relationships
  - The lesson focuses on abstinence and refusal skills.

**Presentation**

- Growth and Development
  - This presentation corresponds to the textbook chapter and focuses on the type of changes students go through in their teen years, male and female reproduction, heredity, the life cycle, communicable and non-communicable diseases, and HIV/AIDS.

## 7th GRADE

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**Presentations**

- Endocrine System
  - This lesson focuses on the thyroid and hormones and how the system works.
- Female Reproductive System, Female Reproductive System, Video
  - This lesson focuses on structure of the reproductive system and how it works, including menstruation.
- Male Reproductive System, Male Reproductive System
  - This lesson focuses on the structure of the reproductive system and how it works.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 12**

- Lesson 3: The Male Reproductive System
  - This lesson focuses on the male reproductive system, including the function, organs and structures, and care for the system.
- Lesson 4: The Female Reproductive System
  - This lesson focuses on the female reproductive system, including the function, organs and structures, and care for the system.
- Lesson 5: Heredity and Development
  - This lesson focuses on describing how a fetus develops, caring for that fetus, and examining how humans inherit certain characteristics.
- Lesson 6: The Life Cycle
  - This lesson focuses on describing the stages of life as well as ways to become a healthy adult.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 12**

- This chapter focuses on the physical, emotional, and social changes that occur during puberty, explaining how hormones trigger secondary sexual characteristics and reproductive maturity. It also discusses health issues specific to males and females (such as menstrual cycles, conception, and common disorders). The material emphasizes personal hygiene, healthy decision-making, and recognizing when medical help may be needed.

**Multimedia Resources**

- Endocrine System
- Male/Female Reproductive System
- Male Reproductive System
- Growth and Development
- Female Reproductive System
- Menstrual Cycle
- Menstrual Products
- Conception
- 1st Trimester
- Fetus Development
- Twins
- Jeopardy Review Game

**8th GRADE**

SCHMUCKER MIDDLE SCHOOL
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**Glencoe McGraw-Hill Teen Health Textbook Chapter 16**

- Lesson 8
  - This lesson focuses on the male and female reproductive system and their functions.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 17**

- Lesson 1: The Beginning of Life
  - This lesson focuses on the development of a baby including stages of life.
- Lesson 2: Heredity and Environment
  - This lesson focuses on what traits are passed on by parents, causes of birth defects, and the importance of prenatal care.
- Lesson 3: From Childhood to Adolescence
  - This lesson focuses on Erikson's Stages of Life, development tasks facing adolescents, and stages of childhood.
- Lesson 4: Adulthood and Aging
  - This lesson focuses on the three stages of adulthood and the health triangle.

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**Glencoe McGraw-Hill Teen Health Textbook Chapter 16**

- Lesson 7
  - This lesson focuses on the endocrine system, explaining how glands release hormones that regulate body functions such as growth, metabolism, and reproduction, and discusses feedback mechanisms that maintain hormonal balance.
- Lesson 8
  - This lesson focuses on the reproductive system, detailing male and female reproductive organs, the processes of fertilization and development, and the importance of reproductive health and responsibility.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 17**

- This chapter focuses on human development from conception through the stages of embryo, fetus, infancy, childhood, adolescence, and adulthood, showing how cells form tissues, organs, and body systems. It also discusses how growth is measured, and how factors like genetics and health habits affect overall developmental outcomes.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 18**

- Lesson 4
    - This lesson explores specific examples of communicable diseases caused by pathogens such as viruses and bacteria, and describes their modes of transmission, symptoms, and treatments. It emphasizes practices for controlling their spread. The lesson also outlines how early detection and appropriate medical care are important for limiting disease impact and protecting public health.
- STI Chart

**Multimedia Resources**

- Chapter 16-17 Notes
- Vocabulary List
- Reproductive System Functions
- Menstrual Cycle
- Birth Process Videos
    - Weeks 1-9
    - Weeks 10-14
    - Weeks 15-20
    - Weeks 21-27
    - Weeks 28-37
    - Girl or Boy?
    - Baby's Senses

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**Glencoe McGraw-Hill Teen Health Textbook Chapters 16**

- Lessons in this chapter describe the endocrine system, explaining how glands release hormones that regulate body functions such as growth, metabolism, and reproduction, and discusses feedback mechanisms that maintain hormonal balance. It covers the reproductive system, detailing male and female reproductive organs, the processes of fertilization and development, and the importance of reproductive health and responsibility.

**Glencoe McGraw-Hill Teen Health Textbook Chapter 17**

- This chapter focuses on human development from conception through the stages of embryo, fetus, infancy, childhood, adolescence, and adulthood, showing how cells form tissues, organs, and body systems. It also discusses how growth is measured, and how factors like genetics and health habits affect overall developmental outcomes.

**Multimedia Resources**

- Endocrine System
- Endocrine System 2
- Hormones
- Endocrine System 3
- Puberty
- Puberty for Boys
- Growth and Development
- Puberty for Girls
- The Menstrual Cycle
- Menstrual Cycle Products
- Conception
- First Trimester
- Prenatal Development
- Twins
- In the Womb

**Elementary Schools (4th and 5th Grade Growth and Development)**

**Parent Communication**

Dear Parents/Guardians of 4th and 5th Grade Students,

We want you to know and are providing this consent form about a growth and development presentation that will occur at school as required (See Board Policy 2221 and the (Senate Enrolled Act (SEA)442).

This presentation will be about the physical and emotional changes that your child will be, or already is, experiencing during puberty and will include a video. This presentation has been developed with the assistance of noted medical and education professionals, as well as school nurses, teachers, parents, and students.The instruction will be provided to the students in **separate settings**. The female students will be provided instruction by a female instructor and the male students will be provided the said instruction by a male instructor.

Parents can play an important role in helping their children prepare for the changes and growth that occur during puberty. Our presentation at school will provide your child with basic facts and reassurance about his or her growth and development. It will also encourage your child to turn to you for further information and guidance.

Let your child know that you are willing to answer questions, discuss problems, or just talk. Conversations of this nature may not be easy to get started, but establishing a firm bond of communication with your child during the exciting and change-filled years of puberty can be well worth the effort.

You have the right to review and inspect all materials related to the presentations provided for growth and development on the PHM website.

**Instructional Materials for Elementary Students**

- Here is the video we use for the girls: VIDEO
- Here is the video we use for the boys: VIDEO
- Here is the power point we use: PRESENTATION